

APA Services Advocacy Summit: Advancing Health Equity and Access to Psychological Services

Summit Transcript

PLEASE NOTE: This is the unedited transcript from Zoom's automated captioning. It will contain many transcription errors.

00:00:00.690 --> 00:00:11.880

Karen Studwell- APA: Advancing health equity and access to psychological services i'm Karen Studwell, our deputy chief advocacy officer and I'll be your emcee throughout the day as we move through our agenda.

00:00:12.389 --> 00:00:18.359

Karen Studwell- APA: today's event really builds on APS historical leadership and advocacy on behalf of the practice of psychology.

00:00:18.750 --> 00:00:26.430

Karen Studwell- APA: and ensuring mental health parity and our goal to break down the systemic barriers many communities face to accessing your needed services.

00:00:27.030 --> 00:00:38.370

Karen Studwell- APA: As you enter the meeting, please use the chat box to introduce yourself, and let us know what state or university you're from and if you're representing a division and as PTA or a governance group.

00:00:39.150 --> 00:00:43.710

Karen Studwell- APA: And if you're an early career psychologist or maybe a graduate students or first time advocate.

00:00:44.430 --> 00:00:52.110

Karen Studwell- APA: As we begin, I did want to briefly share some housekeeping details about our platform, we are using and how we can best interact with each other today.

00:00:52.650 --> 00:00:59.340

Karen Studwell- APA: We are in zoom meeting mode this morning, so that way, we have fewer opportunities for engagement and we could see your faces eventually.

00:00:59.790 --> 00:01:08.370

Karen Studwell- APA: That also means you might not be automatically muted, on occasion, so please take a moment to check that you're muted, to avoid interfering with your speakers today.

00:01:08.940 --> 00:01:17.220

Karen Studwell- APA: Our staff will be monitoring the chat box located at the bottom of the zoom screen and posting answers to some of your frequently asked questions.

00:01:17.520 --> 00:01:27.060

Karen Studwell- APA: Providing links to additional resources, particularly those on the action Center so feel free to check their Regina and some of our other staff are going to be monitoring that for you.

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Karen Studwell- APA: Many of you do have the same question, so I just monitor that after all the good mornings, it is best to ask your questions, using that that box this morning and during the panels to.

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Karen Studwell- APA: You should have received the agenda for today and if you're here, I assume you did because that's where you found your zoom links.

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Karen Studwell- APA: With the link to our action Center that action Center is your main resource Center where you can find the briefing sheets on each of the issues as well as the important talking point sheet.

00:01:54.900 --> 00:02:00.360

Karen Studwell- APA: That will help you really clarify what you're going to say and help you build out how you're going to handle your meetings tomorrow.

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Karen Studwell- APA: will walk you through that this afternoon, and it will really help you maximize your visits tomorrow, you also should have received a separate email from our consultants at soapbox.

00:02:11.730 --> 00:02:18.000

Karen Studwell- APA: And that will have a link to your mobile schedule for tomorrow, as well as the names of the other folks from your state that you will be in meetings with.

00:02:18.810 --> 00:02:26.040

Karen Studwell- APA: The email would have come the subject line of that email is American psychological association services preliminary Capitol Hill schedule.

00:02:26.520 --> 00:02:37.410

Karen Studwell- APA: And it would have come from King at soapbox consulting COM case you're looking for it, if you did not receive a schedule really important, please let us know in the chat and one of our staff will follow up with you.

00:02:38.910 --> 00:02:46.320

Karen Studwell- APA: So I did want to provide you a brief roadmap of where we will be going today it is the agenda is also on the action Center.

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Karen Studwell- APA: But just to let you know we will be spending the day getting you ready for your meetings tomorrow and to start or continue on your path as a psychologist advocate.

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Karen Studwell- APA: This morning we're going to hear from our APA leadership and some of our very busy advocates on our everyday advocacy panel.

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Karen Studwell- APA: Leading psychologist and a graduate student I hope they will inspire you to take the skills you learn over the next two days and really apply that back in your own communities way beyond tomorrow's visits.

00:03:12.270 --> 00:03:20.670

Karen Studwell- APA: Following the everyday advocacy panel Scott barstow or aka past President 2020 and APA senior special counsel Alan essman.

00:03:20.970 --> 00:03:33.030

Karen Studwell- APA: will provide a background on to newer issues that are affecting access to psychologists services that you'll be advocating on tomorrow, and how they fit into the broader context of APA advocacy work on practice issues.

00:03:33.750 --> 00:03:47.010

Karen Studwell- APA: There will be a 45 minute lunch break at 1245 and we'll reconvene at 130 for the very important issue briefing from our advocacy staff to review each of the specific legislative requests and key information, you will need for your meetings tomorrow.

00:03:47.910 --> 00:03:54.930

Karen Studwell- APA: Our advocacy office staff will follow that with a simulation of what your virtual hill visit may actually look like tomorrow so that's a really helpful.

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Karen Studwell- APA: Part of the training and our director of grassroots engagement will also walk you through additional information on how to prepare using our talking points sheet as a guide.

00:04:03.840 --> 00:04:06.090

Karen Studwell- APA: To make the most of your Congressional meetings.

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Karen Studwell- APA: And, as our advocacy is certainly amplified via communications our manager of social media strategy here at EPA will provide you with an opportunity to learn more ways to leverage your own social media engage with policymakers and other stakeholders to share your advocacy.

00:04:22.440 --> 00:04:34.860

Karen Studwell- APA: Following the afternoon break, we will be joined by Christopher cush from soapbox consulting about how to navigate your schedules tomorrow so hopefully you've had a chance to look at your soapbox mobile tool to see when your meetings are.

00:04:35.400 --> 00:04:43.410

Karen Studwell- APA: You can also find out who, from your state delegation is going to be in meetings with you, so you will use the the orange senate practice link at the top.

00:04:44.490 --> 00:04:52.470

Karen Studwell- APA: you'll find those in that email from soapbox again if you did not receive a schedule from so box, please let our staff know in the chat box and someone will help you.

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Karen Studwell- APA: You will then have time to meet in your State delegations to discuss how to approach the various offices with your messages and our staff will be on hand to answer additional questions after that.

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Karen Studwell- APA: And at 5pm we will be joined live by Congressman Paul Tonka who will be receiving one of our four Congressional champion awards.

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Karen Studwell- APA: And we will end with recognizing some of our own State psychological associations that have accomplished amazing things in the past year.

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Karen Studwell- APA: So, for now, we encourage you to engage with us, and each other in the chat box and if you are already engaged on social media feel free to spread the word on Twitter.

00:05:26.010 --> 00:05:33.780

Karen Studwell- APA: With our event hashtag #APAAdvocacy and feel free to tag your colleagues, as well as at a PA.

00:05:34.740 --> 00:05:40.290

Karen Studwell- APA: So it is now my pleasure to welcome our 2022 APA President, Dr. Frank C. Worrell.

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Karen Studwell- APA: World as a professor in the graduate school of education at the University of California Berkeley where he served as faculty director of the school psychology program.

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Karen Studwell- APA: The academic talent development program in the California college preparatory Academy.

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Karen Studwell- APA: He is a certified school psychologist and licensed psychologist in addition to his position at UC Berkeley. Dr. Worrell is an affiliate professor in the social and personality area in the department of psychology.

00:06:06.780 --> 00:06:23.100

Karen Studwell- APA: His areas of expertise include at-risk, youth, cultural identities, scale development and validation, talent development, gifted education, teacher effectiveness, time perspective and the translation of psychological research findings into school-based practice. Dr. Warren.

00:06:24.240 --> 00:06:32.700

Frank C. Worrell: Thank you and good day everyone as the 2022 APA President, I'm excited to welcome you to our first, because the summit of this year.

00:06:33.210 --> 00:06:37.470

Frank C. Worrell: Advancing health equity and expanding access to psychological services.

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Frank C. Worrell: Thank you for spending your valuable time with us over the next two days to strengthen psychologists voice on key issues before Congress.

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Frank C. Worrell: and to ensure that we increase access to and funding for psychological services to train a culturally competent workforce.

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Frank C. Worrell: there's a growing recognition that the United States is experiencing a mental health crisis as Communities seek to recover from the COVID-19 pandemic.

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Frank C. Worrell: with rising rates of people seeking psychological services more than 100,000 individuals who died of an overdose over 160,000 children who lost a parent or caregiver to COVID-19.

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Frank C. Worrell: And burnout among psychologist other frontline care professionals and educators, we ended in a state of crisis and a psychologist We understand that the need for psychological services will remain long after the public health emergency is over.

00:07:27.960 --> 00:07:38.310

Frank C. Worrell: Congress and the Biden administration are looking for solutions your expertise, energy and commitment continues to be needed, especially as Congress is considering potential legislative action.

00:07:39.540 --> 00:07:50.490

Frank C. Worrell: As your professional whom APA through API services is able to bring together this diverse group of more than 200 fellow psychologist and trainees for this unique leadership opportunity.

00:07:51.090 --> 00:07:56.040

Frank C. Worrell: I want to welcome our grassroots advocacy leaders from 49 states psychological associations.

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Frank C. Worrell: As well as members of the boards of the board of directors, the Council of Representatives the advocacy coordinating committee.

00:08:02.940 --> 00:08:14.400

Frank C. Worrell: The Board of professional fees the board of education affairs, a paid zippy Graduate students, the Committee on early career psychologist diversity delegates and 16 divisions of APA.

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Frank C. Worrell: I especially want to welcome those of you who are new advocates and encourage those of us who have been advocates for years to welcome you into the fold as we continue building a culture of advocacy in psychology.

00:08:27.060 --> 00:08:37.830

Frank C. Worrell: I hope you will take this opportunity to learn more about how you can take your new skills and apply them not just tomorrow but back home in your state's communities and your institutions.

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Frank C. Worrell: From my personal experience at our summit last year, I saw firsthand the long term impact of our engagement.

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Frank C. Worrell: Building the relationships that the California psychological association had with Senator idea.

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Frank C. Worrell: We were able to meet with his office in July, with the goal of finding a senator to introduce a bill for comprehensive school mental health legislation.

00:08:57.870 --> 00:09:06.150

Frank C. Worrell: Working with APS stuff two months later he became our Center champion for this bill, and we continue to work with his office and children and student mental health.

00:09:06.930 --> 00:09:17.130

Frank C. Worrell: This is a reminder that your visits tomorrow, not the finish line, but an important step in advancing our long term advocacy goals, and I hope you stay engaged and our efforts.

00:09:17.580 --> 00:09:24.870

Frank C. Worrell: So one welcome again and look forward to having a productive day and I turn you back over to Karen Thank you very much.

00:09:25.560 --> 00:09:31.650

Karen Studwell- APA: Thank you, Dr world and now i'd like to welcome our API chief executive officer Arthur C Evans junior.

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Karen Studwell- APA: clinical and Community psychologist Dr Evans joined APA in March 2017 after previously spending 12 years as Commissioner of philadelphia's department of behavioral health and intellectual disability services.

00:09:45.390 --> 00:09:51.660

Karen Studwell- APA: prior to his work in Philadelphia Evans was the deputy commissioner for the Connecticut department of mental health and addiction services.

00:09:52.110 --> 00:10:05.190

Karen Studwell- APA: where he led major strategic initiatives for the state's behavioral health care system, Dr Evans regrets he could not be here live as he's traveling out of the country today, but he did record us a message so i'm going to have Andrew on our staff play that for us now.

00:10:07.740 --> 00:10:16.470

Good morning, and thank you all for joining us for this important summit, which is focused on advancing health equity and access to psychological services.

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it's great to see the breadth of people that are participating today with nearly 50 s PTA members of our board of directors divisions and major boards and committees joining us today for this event.

00:10:31.590 --> 00:10:40.500

you're coming commitment to advocacy is critical, a critical part of enhancing our professional workforce and supporting the diverse communities that you serve.

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This summit is an opportunity for us to come together and push for positive change in two very important ways.

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First, we want to make sure that we strengthen the enforcement of mental health parity laws and we make certain that insurance coverage for mental health conditions.

00:10:56.280 --> 00:11:03.480

Is approach in the same way that we approach the funding of chronic physical conditions like diabetes.

00:11:03.960 --> 00:11:12.300

Second, we want to ensure that federal investments in the training of psychologists is on par with the investments that we make in the training of our physician coloreds.

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This includes reimbursements for trainees under medicare and increased funding for programs, like the graduate psychology education program in the minority fellowship Program.

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Achieving these goals, would have a long lasting impact on our profession, it would help improve our ability to serve our communities, and it would advanced nations overall health equity.

00:11:37.890 --> 00:11:47.430

The long standing partnerships that we've had with you and will have have been and will continue to be critical to us achieving these shared goals.

00:11:47.910 --> 00:11:58.110

You know my training as an expense, a clinical and Community causes has shown me the potential for our profession to not only have an impact on individuals but on entire communities.

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This was highlighted by the recent resolution on population health, which was adopted by our Council of Representatives.

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I think it's one of the most exciting important things that our field has done because of its potential to really reshape how we achieve.

00:12:15.480 --> 00:12:21.420

equity and how we achieve health for as much of our population as we can.

00:12:22.230 --> 00:12:29.250

I want to thank today's speakers who are helping to make this event possible without them we just wouldn't be able to do this.

00:12:29.730 --> 00:12:47.640

Again, thank you for being here and participating in the summit, we appreciate all that you do, on behalf of the association and I wish you luck as you go tomorrow to take psychology the Capitol Hill and push for positive changes for our field and for the public.

00:12:52.890 --> 00:12:56.040

Karen Studwell- APA: Thank you, Dr Evans think I hear someone's microphone on.

00:12:57.240 --> 00:13:02.970

Karen Studwell- APA: I know, someone had text me they couldn't hear that So hopefully you can hear me we I don't think we'll have any more recorded videos.

00:13:03.630 --> 00:13:11.280

Karen Studwell- APA: Until the end so hopefully the audio issues get fixed so it's now my pleasure to welcome our chief advocacy officer Catherine McGuire.

00:13:11.670 --> 00:13:23.790

Karen Studwell- APA: Originally from Wyoming Catherine has led the APA advocacy office since 2019 as a PA first chief advocacy officer and she brings more than 25 years of senior level policy experience in Congress.

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Karen Studwell- APA: The get executive branch and the private sector, including 18 years in the US Senate, where she held numerous senior leadership roles, including staff director of the Senate Committee on health education Labor and pensions.

00:13:37.260 --> 00:13:43.950

Karen Studwell- APA: her expertise in constituency based advocacy and her ability to work with members of both parties has been widely recognized.

00:13:44.220 --> 00:13:57.030

Karen Studwell- APA: She also led global advocacy efforts for the software industry for five years where her duties included advocating for federal support for our indie cyber security and fighting for steam education, Catherine i'll turn it over to you.

00:13:57.750 --> 00:14:14.130

Katherine McGuire — APA: Thank you Karen welcome everyone and good morning, I would like to join, Dr Evans and Dr world and welcoming you to the spring advocacy summit that brings all of our deeply committed state grassroots advocacy leaders together to advance key legislative priorities that not only.

00:14:14.130 --> 00:14:17.430

Katherine McGuire — APA: Impact each of you, but the field of psychology.

00:14:17.460 --> 00:14:18.810

And the people you serve.

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Katherine McGuire — APA: I want to thank you for taking time out of your own professional and personal lives to bring your voices to the halls of Congress.

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Katherine McGuire — APA: As Arthur mentioned our long standing advocacy partnership with the state psychological associations are a fundamental element.

00:14:35.400 --> 00:14:42.360

Katherine McGuire — APA: To developing strategies to achieve our shared goals of promoting the profession of psychology and achieving health equity.

00:14:43.200 --> 00:14:53.550

Katherine McGuire — APA: We can only accomplish our advocacy goals by working in collaboration and partnership aligning our efforts with states our divisions are ecpm and students.

00:14:54.510 --> 00:15:04.050

Katherine McGuire — APA: You are all here at a pivotal time for psychology and you will be engaging with Congressional offices tomorrow, where you will find an elevated interest in mental health.

00:15:04.380 --> 00:15:11.640

Katherine McGuire — APA: and keen interest by both Senate and House Members and their staff to the solutions, you will be carrying forward in your asks.

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Katherine McGuire — APA: It is absolutely incredible to see that mental health has deservedly finally moved to Center stage our collective hard work is paying off.

00:15:22.650 --> 00:15:32.250

Katherine McGuire — APA: And as we have created stronger Federal and State partnerships, strengthen and diversified our grassroots network and become a more nimble and impactful organization.

00:15:33.540 --> 00:15:40.920

Katherine McGuire — APA: Our Federal and State partnerships have become more collaborative as state policymakers have been introducing truly harmful legislation.

00:15:41.220 --> 00:15:51.510

Katherine McGuire — APA: and guidance that goes against the findings of psychological science and just plain old common sense and with certain State efforts threaten vulnerable youth across the country.

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Katherine McGuire — APA: We have also led partnerships with other mental health provider associations to raise awareness of the unnecessary regulatory burdens and post on independent practitioners under the no surprises act.

00:16:04.860 --> 00:16:20.670

Katherine McGuire — APA: As each of your associations and states are unique we have worked to provide you with the latest psychological science evidence based resources and our best strategic political insights on issues of concern to your Members and in your states.

00:16:22.080 --> 00:16:25.710

Katherine McGuire — APA: As we saw earlier this month from Texas Tennessee Arizona.

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Katherine McGuire — APA: And Florida, there is much work to be done, we are working in partnership to proactively prepare states and psychologists, who want to be more engaged, and that is key states and psychologists, who want to be more engaged.

00:16:39.330 --> 00:16:51.090

Katherine McGuire — APA: on social justice advocacy including a recent webinar with the Texas association leaders and the human rights campaign on responding on responding to anti LGBT plus legislation.

00:16:51.960 --> 00:17:00.930

Katherine McGuire — APA: I want to sincerely and seriously commend the progress we have made and working together to tackle issues that are impacting our communities.

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Katherine McGuire — APA: Including the opioid crisis children's mental health, combating discrimination, just to name a few in the midst of so much changing chaos in the world, right now.

00:17:11.550 --> 00:17:23.220

Katherine McGuire — APA: I want to reassure you that our top priorities remain the same, protecting psychologists from reimbursement rate cuts and advocating for policies that expand access to psychologist services.

00:17:23.700 --> 00:17:30.960

Katherine McGuire — APA: pressing for stronger support for training and high need communities and expanding the diversity in the behavioral health workforce.

00:17:31.770 --> 00:17:39.510

Katherine McGuire — APA: permanently expanding medicare coverage of mental health and substance use disorder services, including through telehealth and audio only services.

00:17:40.050 --> 00:17:48.510

Katherine McGuire — APA: and ensuring that psychologists, are able to practice to the full scope of their licensure in all settings without unnecessary physician to provision.

00:17:50.130 --> 00:17:56.790

Katherine McGuire — APA: The good news is that the political climate and the aftershocks of the pandemic have created many opportunities to advance these priorities.

00:17:57.450 --> 00:18:07.830

Katherine McGuire — APA: As the House and Senate prepare to reauthorize a range of programs to address the mental health and opioid crisis we are working closely with key policymakers to advance these priorities.

00:18:08.700 --> 00:18:19.260

Katherine McGuire — APA: This includes legislation that would eliminate unnecessary physician oversight of psychologists under medicare ensuring that you can all independently practice to the full scope of your license.

00:18:19.830 --> 00:18:30.930

Katherine McGuire — APA: Well, that legislation has not been introduced in time for this summit, we will be calling on you to encourage its inclusion and the overall mental health legislative effort Congress is aiming to pass this year.

00:18:32.280 --> 00:18:37.200

Katherine McGuire — APA: During this summit, we look forward to you, sharing your expertise with your Congressional delegations.

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Katherine McGuire — APA: and advocating for legislation to make certain insurers are living up to the standards and ideals of the mental health parity law.

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Katherine McGuire — APA: To provide stipends and reimbursement for our trainees and to build a culturally competent psychology workforce our country needs.

00:18:53.250 --> 00:18:59.760

Katherine McGuire — APA: Thank you for all that you do to bring the all powerful constituent psychology voice to our advocacy efforts.

00:19:00.210 --> 00:19:13.320

Katherine McGuire — APA: We are more impactful together, and I am looking forward to our day together and I, as if we weren't together, I would be say and looking I would say, like we're we're looking forward to storming the hill so back to you Karen.

00:19:13.800 --> 00:19:21.810

Karen Studwell- APA: Thank you, Catherine all right, I love being right on time it's now my pleasure to introduce our first panel on.

00:19:21.840 --> 00:19:30.150

Karen Studwell- APA: Everyday advocacy so many traditional advocates may see like our summit as their one opportunity to engage in advocacy.

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Karen Studwell- APA: But we do want to encourage you to take what you learn today and really integrate that into a mindset that you can be an advocate as part of your role as a psychologist across a range of contexts.

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Karen Studwell- APA: Everyday advocacy is a habit, not a one time event so to hear more about that, I would like to welcome our first panelists.

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Karen Studwell- APA: For sharing bury people pediatric psychologist and current chair of the advocacy coordinating committee.

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Karen Studwell- APA: Dr Berry is a long standing federal education advocacy coordinator and former Chair of the board of educational affairs, as well as holding leadership roles in Division 54 and division 12.

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Karen Studwell- APA: She also serves on the psychology political action committee or advisory committee or psychology pack, which is a critical part of our advocacy.

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Karen Studwell- APA: she's joined by Dr rosie Phillips Davis or 2019 EPA president who is a professor of counseling psychology at the University of memphis and past Vice President for student affairs.

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Karen Studwell- APA: Her research and advocacy projects address poverty, the power of inclusion multicultural vocational psychology and ethics one of her APA presidential initiatives was bringing psychologists, to the fight against deep poverty.

00:20:37.920 --> 00:20:45.750

Karen Studwell- APA: we're also pleased to have joey white a second year doctoral student in counseling psychology at the University of memphis and a student of Dr davis's.

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Karen Studwell- APA: Finally, Dr megan mooney who's the current federal advocacy coordinator for the Texas psychological association and its 2020 President.

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Karen Studwell- APA: A licensed psychologist who focuses on serving youth and families and Community clinics schools psychiatric and medical hospitals residential treatment centers homeless shelters and crisis situations.

00:21:06.090 --> 00:21:20.700

Karen Studwell- APA: she's an affiliate member of the National child traumatic stress network and a member of the clinical faculty with baylor college of medicine and adjunct faculty with the University of Texas health sciences Center at Houston Dr Barry I will turn it over to you.

00:21:21.840 --> 00:21:23.190

Sharon Berry PhD ABPP: Thank you Karen.

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Sharon Berry PhD ABPP: And thank you for mentioning my role on the.

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Sharon Berry PhD ABPP: psychology pack advisory committee effective advocacy is every day advocacy cultivating relationships through consistent engagement with local state and federal policymakers and Community stakeholders.

00:21:41.880 --> 00:21:56.130

Sharon Berry PhD ABPP: I see the Pack is one more way that we can cultivate relationships with policymakers, by supporting candidates for Congress who support psychology and can champion our issues, even when we are not in the room.

00:21:57.060 --> 00:22:02.880

Sharon Berry PhD ABPP: There are many great pack events throughout the year, you will find in the chat box.

00:22:04.770 --> 00:22:15.450

Sharon Berry PhD ABPP: links to register for the event, this week, or to contribute to the pack at very cost effective and the range of prices for students and ecpm.

00:22:15.990 --> 00:22:26.640

Sharon Berry PhD ABPP: And a brand new all access pass which will get you into every pack event it's just another way that we are working to keep psychology at the table.

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Sharon Berry PhD ABPP: Please know that even if you cannot attend these events, it is critically important to start a habit of contributing every year in any amount and I seriously mean any amount is great and numbers really matter.

00:22:43.350 --> 00:22:55.140

Sharon Berry PhD ABPP: I also want to remind everyone here that the Pack is hosting an event tomorrow night after your time on Capitol Hill and with a conversation with democratic Senator Maggie Hassan.

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Sharon Berry PhD ABPP: from seven to 8pm Eastern time it's an important fundraiser for the psychology pack, as well as a really unique opportunity to hear from a leading member of key senate committees working on improving mental health.

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Sharon Berry PhD ABPP: If you have not attended a pack event before I strongly encourage you to do so.

00:23:18.210 --> 00:23:28.710

Sharon Berry PhD ABPP: Now back to everyday advocacy I want to echo what Karen said about applying the skills you learn today and tomorrow throughout your daily lives.

00:23:29.130 --> 00:23:39.840

Sharon Berry PhD ABPP: The summit is a great beginning but it's really what you do the other 364 days of the year that will make the most difference for the issues that we want to advance.

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Sharon Berry PhD ABPP: I encourage any new advocates to find opportunities in their divisions state psycho associations or Community organizations that need your expertise.

00:23:52.920 --> 00:24:03.990

Sharon Berry PhD ABPP: I remember when chief advocacy officer Catherine McGuire started talking about everyday advocacy it was like finding the term that captures all that you believe in.

00:24:04.470 --> 00:24:13.110

Sharon Berry PhD ABPP: very similar to how I felt in graduate school when I first read Albert Bandura's social learning theory that kind of pulled everything together for me.

00:24:13.860 --> 00:24:19.500

Sharon Berry PhD ABPP: Many of you here are in the practice community and advocate for your patients every single day.

00:24:20.070 --> 00:24:35.220

Sharon Berry PhD ABPP: Those of you who are educators advocate every day, for your students and trainees and those of you who are researchers advocate for psychology science and funding, so you are already very familiar with the advocacy role.

00:24:36.270 --> 00:24:49.890

Sharon Berry PhD ABPP: I have had the fortune, with many opportunities with my own advocacy on behalf of psychology one of my first was an effort to collaborate with both the practice and education directorates at APA.

00:24:50.580 --> 00:25:06.330

Sharon Berry PhD ABPP: To ensure that every state would allow trainees, to build for their psychological services, this was a way to make sure that limited funding never ended an internship and to make training programs financially viable.

00:25:06.810 --> 00:25:27.930

Sharon Berry PhD ABPP: This resulted in great work state by state and hiring a staff person to guide the process, it took many meetings, many in person visits and trial and error to build the pathway, but it worked, I also have been able to serve on a committee with the American Academy of pediatrics.

00:25:29.160 --> 00:25:41.460

Sharon Berry PhD ABPP: which you can imagine, as a real coup for a pediatric psychologist and helped to develop all the clinical guidelines and policy statements about child and family health for all pediatricians.

00:25:42.120 --> 00:25:49.740

Sharon Berry PhD ABPP: Likewise, I have benefited from serving on the board of directors for caring bridge and successfully connected.

00:25:50.400 --> 00:26:08.130

Sharon Berry PhD ABPP: Caring bridge with the VA national central office to collaborate on services for both military and veterans, especially with mental health and Suicide Prevention and luckily still building a collaboration now with division 504.

00:26:08.760 --> 00:26:14.970

Sharon Berry PhD ABPP: special interest group on caregiving so that we can support caregivers in the mutual way.

00:26:15.390 --> 00:26:28.320

Sharon Berry PhD ABPP: So pretty excited for this particular summit and for our esteemed panel, and we are going to start with Dr Rosie Phillips Davis, and, as the speaker, as the speakers are.

00:26:28.920 --> 00:26:40.230

Sharon Berry PhD ABPP: Providing their information feel free to put any questions you have for the advocacy panel in the chat so we can interact with you towards the end of this panel, thank you.

00:26:41.640 --> 00:26:42.180

Sharon Berry PhD ABPP: Rosie.

00:26:42.630 --> 00:26:51.300

Rosie Phillips Davis (she, her): Okay Good morning, thank you, thank you, Sharon I am excited to be here so good see all of you wish I was there in person.

00:26:52.230 --> 00:27:06.510

Rosie Phillips Davis (she, her): I think I'll start by reflecting on Dr JESSICA Smith leave a comment when she said that she was a baby in her 18 month old first cousin because advocacy starts early.

00:27:07.170 --> 00:27:20.340

Rosie Phillips Davis (she, her): And I am happy to say that we are starting early by working with students, so in my role here today is to talk a little bit about the advocacy.

00:27:21.210 --> 00:27:32.610

Rosie Phillips Davis (she, her): advocacy consultation ethics course that I teach and I'm delighted to have you with us today, one of the students from that class a joy white because T and his group.

00:27:32.850 --> 00:27:45.150

Rosie Phillips Davis (she, her): Is such a fantastic job and I'm going to let him describe what they what they did I do want to claim even before I start all that, though, that, when I was President of APA in 2019.

00:27:45.600 --> 00:27:57.420

Rosie Phillips Davis (she, her): Catherine was just coming on as the chief advocacy officer and I'm claiming all her successes, being the first advocacy officer, because I was President, so they are camper.

00:27:58.890 --> 00:28:05.100

Rosie Phillips Davis (she, her): So, so no really they did a fantastic job and and we were even able to get a.

00:28:06.120 --> 00:28:19.830

Rosie Phillips Davis (she, her): Resolution on poverty at least some some sponsors and whatnot and Catherine tells me they're still using it in our course on advocacy consultation and ethics, it covers.

00:28:20.700 --> 00:28:28.110

Rosie Phillips Davis (she, her): That there's a lot of territory to cover and so part of what we have to do in psychology training programs, as you all know, is.

00:28:29.550 --> 00:28:33.720

Rosie Phillips Davis (she, her): live up to get get competence on the.

00:28:37.320 --> 00:28:49.170

Rosie Phillips Davis (she, her): The Committee on accreditation competency so and there are nine professional ones we work to cover for them in the core business ethics, communication and interpersonal skills.

00:28:49.800 --> 00:29:00.030

Rosie Phillips Davis (she, her): Professional values attitudes and behaviors and consultation in a personal and a disciplinary skills that does not mean that we don't work on the others supervision intervention.

00:29:00.390 --> 00:29:10.890

Rosie Phillips Davis (she, her): Assessment individual cultural diversity and research, because the students actually have to have all of those skills in order to do a project, but what we actually have them do.

00:29:12.270 --> 00:29:24.270

Rosie Phillips Davis (she, her): And by the way, Catherine comes into my classes speak and because part of what they have to learn to a consultation models and advocacy sand a showman and zoom van to talk with us.

00:29:24.780 --> 00:29:38.850

Rosie Phillips Davis (she, her): We have the students do a mock advocacy project and a consultation project and they end up having to work on those projects together, so what I want to spend some time.

00:29:39.300 --> 00:29:49.260

Rosie Phillips Davis (she, her): we'd have a lot of readings lot of discussion, but in order to practice advocacy they actually have to do it, and so we work with.

00:29:50.100 --> 00:29:59.190

Rosie Phillips Davis (she, her): local organizations that the students go in and build a relationship and decide what is it that they want to advocate for.

00:29:59.760 --> 00:30:07.470

Rosie Phillips Davis (she, her): So one of those projects involve working with the pores zip code in memphis zip code 3126.

00:30:07.980 --> 00:30:25.860

Rosie Phillips Davis (she, her): And i'm going to let joey white tell you about that project joey is an outstanding second year doctoral student he brings so much curiosity and humility to our class and classroom discussion so he's great so Julie take it away.

00:30:27.750 --> 00:30:36.870

Joey White (he/him): yeah Thank you i'm super excited to be here, this is a very exciting moment in my young professional career, so thank you for having me.

00:30:38.880 --> 00:30:43.680

Joey White (he/him): You know the the aces courses Dr Davis described was really helpful.

00:30:44.760 --> 00:30:51.420

Joey White (he/him): For me, as a young practitioner, particularly in the sense but advocacy seems so overwhelming.

00:30:51.810 --> 00:31:04.350

Joey White (he/him): Because there's so much to do, and so framing the course in a way that made it somewhat palatable to take action was really helpful and as Dr Davis mentioned, we began working with a Community organization.

00:31:04.890 --> 00:31:07.380

Joey White (he/him): The women's foundation for greater memphis and.

00:31:08.250 --> 00:31:26.550

Joey White (he/him): By opening the door to that relationship we began having consultation sessions with them to see what what it was that they were needing and what what services, we could provide as as counseling psychologists and one of the things that they had brought to our attention was a lack of.

00:31:28.530 --> 00:31:41.910

Joey White (he/him): A guess action on the State governments part regarding temporary assistance funds and we thought that that was potentially one area where we could lobby on their behalf, and so we began.

00:31:42.690 --> 00:31:50.100

Joey White (he/him): First off by interviewing some of the members of the community that were receiving those funds and hearing Their stories.

00:31:50.430 --> 00:32:05.640

Joey White (he/him): And by hearing Their stories that really framed the the need, and we were able to take our skill sets of taking what they said, putting it into language that we believed legislators could understand and we took the.

00:32:06.360 --> 00:32:13.380

Joey White (he/him): took the interviews and put it into a one page document so we were able to really siphon down all that information all the.

00:32:14.190 --> 00:32:21.480

Joey White (he/him): All the needs that they had and and actually tangibly be able to hand it to a legislator and so.

00:32:22.140 --> 00:32:33.930

Joey White (he/him): What myself and some of my classmates did is we reached out to legislators in our Community, and some of the more powerful moments came from us when we were in our legislators district.

00:32:34.290 --> 00:32:50.100

Joey White (he/him): I think that made a little bit more of an impact, when we spoke to them, and so we got the opportunity to speak to a legislator and really shared what what experiences what the experiences were from Members in the Community, and what it was that we were trying to accomplish.

00:32:51.600 --> 00:33:01.380

Joey White (he/him): It was definitely nerve racking as it is now, but as Dr Davis has mentioned several times in class for us to embrace our power his students, and so we tried to do that.

00:33:02.730 --> 00:33:11.070

Joey White (he/him): And it went well as far as as far as I know, the bill that we were lobbying for to get past, there were.

00:33:12.420 --> 00:33:26.040

Joey White (he/him): I believe around \$700 million of unused temporary assistant funds, and we were able to lobby the legislator and and who ended up in turn voting for that bill i'm not going to say that we were by any means part of.

00:33:26.730 --> 00:33:32.070

Joey White (he/him): The main reason, but it is really fulfilling to see some of the advocacy work that we did end up.

00:33:33.480 --> 00:33:40.200

Joey White (he/him): end up being positive for the Community yeah so that's all I have and.

00:33:41.880 --> 00:33:47.820

Rosie Phillips Davis (she, her): What know your voices were the interesting thing about that is that, even though there was a \$700 million.

00:33:48.810 --> 00:33:54.690

Rosie Phillips Davis (she, her): amount of money there that that legislator was not aware that it was coming up for both right away.

00:33:55.290 --> 00:34:01.680

Rosie Phillips Davis (she, her): So actually to take that document to get her to focus our attention, a couple of important things are Joyce it is.

00:34:02.100 --> 00:34:12.990

Rosie Phillips Davis (she, her): And what psychologists have to do what we do is so vital and important, but we have to be able to translate that all that research into language that legislators get.

00:34:13.440 --> 00:34:21.390

Rosie Phillips Davis (she, her): And the other critical thing is that it was a one pager and, finally, it was people's stories so taking that data.

00:34:21.870 --> 00:34:37.890

Rosie Phillips Davis (she, her): and turning it into a story that or research that a legislator could relate to, I think, was critical, so I they did a fabulous job so thanks joey and I think that'll do it for me if you don't have questions just put them in the chat and we'll get to it.

00:34:39.510 --> 00:34:39.960

Thank you.

00:34:47.760 --> 00:34:48.690

Sharon Berry PhD ABPP: megan, you're up.

00:34:49.860 --> 00:35:03.870

Megan Mooney, PhD (she/her): All right, and you know I feel like i've come full circle and engaging in this summit today i'm thinking back on my path towards advocacy and so I just feel incredibly humbled and honored to be here with you all today.

00:35:04.380 --> 00:35:10.740

Megan Mooney, PhD (she/her): And I was not fortunate enough to have a graduate school class from Dr Davis, or about advocacy at all.

00:35:11.220 --> 00:35:18.390

Megan Mooney, PhD (she/her): And so I like to joke that really it's my wife's fault that i'm involved in advocacy especially to the level I am today.

00:35:18.960 --> 00:35:27.720

Megan Mooney, PhD (she/her): And she was a mental health policy analyst in and around the Texas legislature, for a number of years, and so I really learned a great deal from watching her.

00:35:28.080 --> 00:35:37.140

Megan Mooney, PhD (she/her): I learned about how she built relationships and how that led to collaborative efforts to improve access to high quality mental health care here in Texas.

00:35:37.680 --> 00:35:49.080

Megan Mooney, PhD (she/her): And so I was kind of watching her and around the the Texas capital here and I had been a TPA Member for quite a while, but wasn't you know wasn't an active member, by any means.

00:35:50.040 --> 00:35:58.290

Megan Mooney, PhD (she/her): But then my wife, let me know that there was a bill here in Texas, about being able to get reimbursement for psychology interns.

00:35:58.800 --> 00:36:04.710

Megan Mooney, PhD (she/her): And that was an issue that was near and dear to my heart, because, as a member of the training faculty I was watching.

00:36:05.100 --> 00:36:16.290

Megan Mooney, PhD (she/her): The number of internships at my own internship site dwindle every year, and so was deeply committed to preserving that part of our training here in Texas, and so.

00:36:16.740 --> 00:36:26.670

Megan Mooney, PhD (she/her): I had the good fortune, but at the same time, one of the representatives that she was working with here in Texas asked me to come and talk about a Suicide Prevention bill for schools.

00:36:27.030 --> 00:36:32.790

Megan Mooney, PhD (she/her): And would you know it, the exact day I went to testify on that committee hearing our psychology and turn bill came up.

00:36:33.150 --> 00:36:41.430

Megan Mooney, PhD (she/her): And so I just signed up as a member of the public to go and talk about that as well, and then, of course, the members of TPA that were there.

00:36:41.760 --> 00:36:46.260

Megan Mooney, PhD (she/her): intentionally on that bill were like who is this person here, testifying on our bill.

00:36:46.830 --> 00:36:55.470

Megan Mooney, PhD (she/her): And so that began what I like to think of as sort of like my snowballing effort into advocacy here in psychology in Texas and.

00:36:55.950 --> 00:37:01.890

Megan Mooney, PhD (she/her): It took a couple more sessions, but we got that bill passed, and so it really does feel like full circle here that now.

00:37:02.190 --> 00:37:17.010

Megan Mooney, PhD (she/her): With this APA summit we're talking about reimbursement for interns at a federal level right so we've had that here in Texas, for a number of years and i've seen how that has helped us to stabilize our internship training and to grow back positions again, which is very exciting.

00:37:18.210 --> 00:37:27.600

Megan Mooney, PhD (she/her): But you know what what I like to think about is that you know the power of our voice in advocating really is about you know what we're passionate about.

00:37:27.900 --> 00:37:35.670

Megan Mooney, PhD (she/her): Right, so I am passionate about psychology and i'm passionate about other things i'm passionate about human rights and welfare and social justice.

00:37:36.000 --> 00:37:45.990

Megan Mooney, PhD (she/her): And so that has led me down an interesting path of advocacy recently and i'm not saying that everybody has to go and talk to their state legislature.

00:37:46.260 --> 00:37:51.210

Megan Mooney, PhD (she/her): or be involved in high profile, you know legal cases that's not what i'm saying here today, but.

00:37:51.510 --> 00:37:57.090

Megan Mooney, PhD (she/her): When I I do think it's important for all of us to find what it is we're passionate about and then find our voice.

00:37:57.390 --> 00:38:06.150

Megan Mooney, PhD (she/her): So whatever that looks like our everyday advocacy is things like sending emails and messages to our legislators and their staff.

00:38:06.750 --> 00:38:13.920

Megan Mooney, PhD (she/her): It is posting things on social media where we can share, you know our psychology research and knowledge.

00:38:14.700 --> 00:38:19.140

Megan Mooney, PhD (she/her): it's talking to a neighbor next door who might not know why these things are important.

00:38:19.950 --> 00:38:25.440

Megan Mooney, PhD (she/her): So I would really say you know, whatever it is, try to find your voice and you never know where it's going to lead.

00:38:25.770 --> 00:38:33.540

Megan Mooney, PhD (she/her): And one of the other interesting parts of coming full circle is that one of the then Texas senators that my wife worked for is now a US congresswoman.

00:38:33.840 --> 00:38:44.790

Megan Mooney, PhD (she/her): And so i'm very excited to get to touch base with her staff tomorrow and kind of reconnect about what's going on here in Texas, and what they can do to help us as psychologists that are federal level so.

00:38:45.210 --> 00:38:50.160

Megan Mooney, PhD (she/her): I so appreciate all of your time and energy and effort being here today, and again very honored to be with you.

00:38:53.190 --> 00:39:02.250

Sharon Berry PhD ABPP: wow wow wow Thank you so very much it just did gives me goosebumps I have to say with all of this important work that's being done.

00:39:02.910 --> 00:39:17.820

Sharon Berry PhD ABPP: at the grassroots level and states and federal so pretty exciting, we have a lot of time now to engage with everyone here and to learn your questions that you would have for the panel.

00:39:18.900 --> 00:39:20.370

Sharon Berry PhD ABPP: So we'd love to.

00:39:22.380 --> 00:39:35.460

Sharon Berry PhD ABPP: So people, please just add it to the chat it'll be the easiest way to see what questions that you might have, but I will start by asking the three of you to think about what.

00:39:36.540 --> 00:39:42.060

Sharon Berry PhD ABPP: What were any how did you get past any hesitation, you might have had.

00:39:43.260 --> 00:39:58.980

Sharon Berry PhD ABPP: To start this kind of work and, second, how do you how do you maintain some balance, because people are over, are working around the clock as psychology students and psychologists and educators.

00:40:00.030 --> 00:40:14.580

Sharon Berry PhD ABPP: So how do you find some balance by doing with doing this work and doing your professional work and having a personal life so to kind of questions, but would love to hear from any or each of you about this.

00:40:16.560 --> 00:40:17.040

Rosie Phillips Davis (she, her): well.

00:40:19.320 --> 00:40:22.290

Rosie Phillips Davis (she, her): What what personal life Sharon, are you talking about.

00:40:26.670 --> 00:40:38.040

Rosie Phillips Davis (she, her): I you know what I think that part of what we do is our personal life because I am so impacted by so many things, every day, so.

00:40:39.870 --> 00:40:44.850

Rosie Phillips Davis (she, her): And, and I would like it if the world was just like I wanted it all the time.

00:40:45.540 --> 00:40:47.940

Rosie Phillips Davis (she, her): But, but when I look at the news.

00:40:49.110 --> 00:41:04.350

Rosie Phillips Davis (she, her): And even looking at those the Senate hearings this week on or in Ukraine, it means that I have to write to people, I have to donate I have to do something, because I can't just do nothing.

00:41:05.070 --> 00:41:13.920

Rosie Phillips Davis (she, her): For my soul, I have to so though the way that I learned to do it and to be less afraid i'm always going to have some anxiety.

00:41:14.340 --> 00:41:23.160

Rosie Phillips Davis (she, her): I think for for advocacy actually started with advocacy training in APA and I think it was just getting.

00:41:23.610 --> 00:41:33.660

Rosie Phillips Davis (she, her): An add on know this started back years I don't know decade or so ago, whenever it was that I was on the board of directors and learning to do more of it, then.

00:41:34.440 --> 00:41:40.260

Rosie Phillips Davis (she, her): And so I think, is that training that is so valuable to us, they help us to know how to go.

00:41:40.650 --> 00:41:55.170

Rosie Phillips Davis (she, her): and speak with legislators and then the other thing is is learning how to do some of the other things so i'm constantly writing now to even when I knows a no win situation bad the way it does not stop me from.

00:41:55.800 --> 00:42:13.020

Rosie Phillips Davis (she, her): Because I tend to lean left and i'm in a in a brilliantly red state, and so I still do believe that I have still got to give voice, so I think is to release on my my own stress and anxiety and the need to do something.

00:42:17.280 --> 00:42:35.340

Megan Mooney, PhD (she/her): And I would kind of echo what Dr Davis said, you know I do a lot of talks now about advocacy both for you know for interns and trainees and as well as you know, licensed psychologist and other professionals and one of my slides is, you know that the the political is personal is professional.

00:42:36.570 --> 00:42:47.700

Megan Mooney, PhD (she/her): And you know it really has become even more so that way for me in recent years, you know in our last legislative session here in Texas, we had over 70 anti LGBT Q plus bills filed.

00:42:48.210 --> 00:42:53.610

Megan Mooney, PhD (she/her): So the legislation would impact me as a person, as well as a profession, if they were to move forward.

00:42:54.510 --> 00:43:04.440

Megan Mooney, PhD (she/her): The vast majority of my private practice clients now are transgender youth and LGBT Q plus youth so so advocacy is a requirement for me at this point.

00:43:05.010 --> 00:43:14.670

Megan Mooney, PhD (she/her): Because it is truly a mental health issue you know i'm watching a mental health crisis in my clients, that is caused by legislative and policy actions.

00:43:15.090 --> 00:43:25.590

Megan Mooney, PhD (she/her): And so, if i'm not involved in advocacy at broader levels i'm not doing all I can to help my my private practice clients, but also myself and my own community.

00:43:26.010 --> 00:43:30.150

Megan Mooney, PhD (she/her): And so it's it's a deep calling to me at this point that I, you know.

00:43:30.870 --> 00:43:39.720

Megan Mooney, PhD (she/her): My worlds blend together in terms of my personal and professional at this point, but that's just kind of the the necessity, unfortunately, of the times that we're in.

00:43:40.320 --> 00:43:48.420

Megan Mooney, PhD (she/her): And you know what I would say to the kind of the other part of your question to Sharon about you know, overcoming anxiety and I would echo what Dr David said was.

00:43:49.620 --> 00:43:56.580

Megan Mooney, PhD (she/her): You know that it's about having conversations right, and so this is the other place where I was very fortunate to have my wife is a good model.

00:43:56.850 --> 00:44:02.010

Megan Mooney, PhD (she/her): is watching how she had conversations, even with people that you know she deeply disagrees with.

00:44:02.370 --> 00:44:16.200

Megan Mooney, PhD (she/her): But finding those common topics and common issues, you know that you can have a conversation about so even as I was preparing for the summit, you know our Texas senators are not people that I necessarily have a lot of agreement with on right this moment.

00:44:17.250 --> 00:44:24.720

Megan Mooney, PhD (she/her): But going through their websites about their issues and finding the things that we can have common conversations around right.

00:44:24.960 --> 00:44:31.680

Megan Mooney, PhD (she/her): And I think that the great position that we are all in a psychologist is that mental health is not truly a partisan issue.

00:44:32.040 --> 00:44:39.090

Megan Mooney, PhD (she/her): That is something that we can talk about across the aisle right and everybody knows somebody who has mental health needs.

00:44:39.450 --> 00:44:48.600

Megan Mooney, PhD (she/her): And we are talking it's not about you know our Members about their family their friends, we are talking about their constituents and who are voting for them, and so it is.

00:44:48.990 --> 00:44:59.820

Megan Mooney, PhD (she/her): It is one of those ways that we are so fortunate in our profession to have a nonpartisan topic of mental health care and improving that care for people that we are able to talk about.

00:45:00.540 --> 00:45:06.990

Megan Mooney, PhD (she/her): And I also point out to people like if we're not having a conversation somebody else's so that's The other thing that you know.

00:45:07.710 --> 00:45:16.080

Megan Mooney, PhD (she/her): you sit through enough hearings, you see who else is there at the table talking so i'd rather it be psychologists they're having that conversation and sharing our knowledge and background.

00:45:20.310 --> 00:45:31.770

Joey White (he/him): I think I can comment on on what it's like being a new practitioner and new to add because yeah I think the idea of balance is something that's somewhat more idealistic but.

00:45:32.490 --> 00:45:43.530

Joey White (he/him): Engaging and advocacy The thing that I found most helpful and and part of it was my proximity to Dr Davis is having a mentor that is able to push you and guide you in the advocacy process.

00:45:44.520 --> 00:45:53.880

Joey White (he/him): What Dr Dr Davis mentioned about the how is something that we talked about it in class and it and it makes sense and then, when it comes to actually doing it.

00:45:54.240 --> 00:46:01.260

Joey White (he/him): there's this, at least for me, I felt somewhat stuck of like where do I go now and what am I talking about I don't really know anything.

00:46:02.700 --> 00:46:10.800

Joey White (he/him): And, as I mentioned, Dr Davis said, like embrace our power as students, and I think her role in administration at the University of Memphis to help highlight.

00:46:11.190 --> 00:46:21.840

Joey White (he/him): The fact that students do have a lot of power and academic institutions, you know research is a huge portion of it, but also it's to educate students, and so our concerns our.

00:46:22.650 --> 00:46:39.510

Joey White (he/him): goals are really important in that process and just reframing that idea of me being as a student who doesn't really have much to offer to actually having something to offer helped to push me into uncomfortable situations and and begin that process of advocacy.

00:46:41.700 --> 00:46:48.210

Sharon Berry PhD ABPP: yeah Thank you, those are great great feedback and you're getting a lot of support in the chat.

00:46:49.980 --> 00:46:58.920

Sharon Berry PhD ABPP: One of the questions from a student trainee is is what do we do with students who have so much on their plate already and actually.

00:47:00.360 --> 00:47:10.830

Sharon Berry PhD ABPP: I think the same about doctoral programs have so much on their plate that trying to teach advocacy at the same time as meeting all the criteria for the Commission on accreditation it's pretty tricky but.

00:47:11.970 --> 00:47:24.210

Sharon Berry PhD ABPP: The big butt is that students and early career have been really truly role models for many of us, and really live their passions and really.

00:47:24.870 --> 00:47:29.790

Sharon Berry PhD ABPP: did not get caught up in a lot of crazy divisiveness, as has happened over the years, so.

00:47:30.600 --> 00:47:47.970

Sharon Berry PhD ABPP: All I can say is there is no obligation, other than your own personal obligation to what you can do and we understand, but it will be a chance for students to just identified their passions do voter voice which takes 20 seconds.

00:47:49.170 --> 00:48:00.450

Sharon Berry PhD ABPP: Send off letters when you can that are pretty much pre written for you make those you're still contributing all the time when you are part of that advocacy network and.

00:48:00.870 --> 00:48:14.430

Sharon Berry PhD ABPP: begin to think about these steps and things that you can do when you do have time, so I think there's a lot going on out there and any any action step really does make a difference.

00:48:15.540 --> 00:48:28.650

Sharon Berry PhD ABPP: I know I do think that Dr Megan was act at perfectly truth and when people have said that mental health is not really stuck it's not polarized.

00:48:29.280 --> 00:48:46.890

Sharon Berry PhD ABPP: As was student loan repayment because when you go to the Capitol Hill you're mostly meeting with staffers and they are you know i'm their grandmother, so you they really bought into that concept and mental health is one of those there been more things on the hill more.

00:48:48.240 --> 00:48:57.660

Sharon Berry PhD ABPP: Congressional hearings on mental health this year already than ever before, so keep that in mind as well and.

00:48:58.920 --> 00:49:09.330

Sharon Berry PhD ABPP: What do you do, though, I guess there's one of the big questions is, what do you do when you live in a state that is feels completely polarized and that it's very discouraging for people.

00:49:10.830 --> 00:49:11.430

Sharon Berry PhD ABPP: To.

00:49:13.170 --> 00:49:16.620

Sharon Berry PhD ABPP: to know what to do so any ideas you have for that.

00:49:17.730 --> 00:49:19.320

Rosie Phillips Davis (she, her): Well i'm gonna.

00:49:19.380 --> 00:49:20.580

Sharon Berry PhD ABPP: Let you live it yeah.

00:49:20.820 --> 00:49:21.120

yeah.

00:49:22.350 --> 00:49:23.130

Sharon Berry PhD ABPP: Texas.

00:49:23.460 --> 00:49:41.190

Rosie Phillips Davis (she, her): I live in a in a great rich state, I mean it's just remarkable um but a couple of things, one is, I see the one about the student, though I wanted to respond that come in and not having time as.

00:49:42.000 --> 00:49:52.380

Rosie Phillips Davis (she, her): I think at at university of memphis we struggle with we have a scientist practitioner model University of Tennessee Knoxville has a scientist practitioner advocacy model.

00:49:52.800 --> 00:50:02.250

Rosie Phillips Davis (she, her): And the students take my class in the first year and they really say why can we have an advocacy mom and then by his hand in his second year that think I have time to do more than.

00:50:02.640 --> 00:50:08.340

Rosie Phillips Davis (she, her): More than that, so, so I always encourage people, it is very time consuming but then.

00:50:09.120 --> 00:50:26.010

Rosie Phillips Davis (she, her): Do something that is small, I love that idea of doing voter voices something like that, and so I tell people part of what makes us scare is when we go to be and think that we've got to change the world, and so I really take advantage of saying hey.

00:50:27.210 --> 00:50:41.250

Rosie Phillips Davis (she, her): I am a descendant of enslaved people 400 years and we still have a long way to go, so you can't solve it overnight what you must do, though, is something and not do nothing.

00:50:41.700 --> 00:50:51.270

Rosie Phillips Davis (she, her): And so, if it really is a getting a letter out or and actually it could be your advocacy could be to do something.

00:50:51.660 --> 00:51:04.380

Rosie Phillips Davis (she, her): or somebody else so, for example, if the gas prices are too high, and you can afford to give somebody \$10 do that maybe they will be the one who would drive somebody to the booth to to register to vote.

00:51:04.770 --> 00:51:14.610

Rosie Phillips Davis (she, her): So I would say that when you start thinking about advocacy don't think about solving it all think about doing something that you can do.

00:51:15.180 --> 00:51:27.180

Rosie Phillips Davis (she, her): You can do, and maybe somebody else will do even more of the work and have an impact that you don't even realize is going to happen, and so the important thing is to do not how much you do.

00:51:31.590 --> 00:51:45.240

Megan Mooney, PhD (she/her): yeah I would agree, again I think it's about the small steps that are feasible for you and whatever that is right, so we are all on our devices all the time, so we can do things with this device really quickly so when I got.

00:51:45.570 --> 00:51:56.820

Megan Mooney, PhD (she/her): a press release about something that's important whether it's for psychology or LGBT rights or whatnot I repost that I share that I put in the relevant hashtags right that's a way that I can be advocating.

00:51:57.150 --> 00:52:05.460

Megan Mooney, PhD (she/her): Every single day in a really different way than when I go physically to the Texas state Capitol and you know, speaking of Committee hearing right, but that is important.

00:52:06.000 --> 00:52:09.810

Megan Mooney, PhD (she/her): it's also important to use your voice as a voter.

00:52:10.680 --> 00:52:16.140

Megan Mooney, PhD (she/her): So that is something you know there's a lot of kind of talk around election times right of like every vote matters.

00:52:16.410 --> 00:52:23.520

Megan Mooney, PhD (she/her): But it matters in between two so we use our constituent voice, and you know send an email make a call whatnot.

00:52:23.910 --> 00:52:27.720

Megan Mooney, PhD (she/her): And it's especially important actually for students to do that and say.

00:52:28.050 --> 00:52:33.420

Megan Mooney, PhD (she/her): hey i'm a graduate student deciding whether i'm going to stay here where i've gotten my training.

00:52:33.660 --> 00:52:42.810

Megan Mooney, PhD (she/her): and set up in a state like Texas or Tennessee or wherever it is right legislators are actually very interested in hearing from students, even more so than they are for me, a lot of times.

00:52:43.560 --> 00:52:52.380

Megan Mooney, PhD (she/her): Because they are interested in states like Texas, that we have a massive mental health workforce shortage about retaining good qualified future professionals.

00:52:52.680 --> 00:53:00.750

Megan Mooney, PhD (she/her): And so that's one of the points that I make the students all the time, like come with me like carpool with me to the capital and just come on office visits with me right.

00:53:01.320 --> 00:53:07.050

Megan Mooney, PhD (she/her): or let's go together to our district office, and let me introduce you as a student and as a constituent.

00:53:07.380 --> 00:53:20.070

Megan Mooney, PhD (she/her): And, as somebody whose voice really matters and legislators are always so interested so For those of you who are student Members here today, I cannot overemphasize how important your voice is actually in engaging and advocacy.

00:53:23.940 --> 00:53:24.480

Joey White (he/him): I think.

00:53:25.740 --> 00:53:33.390

Joey White (he/him): As, as has been mentioned several times, the idea of advocacy is so broad and it seems really hard to take that step.

00:53:34.200 --> 00:53:43.710

Joey White (he/him): I guess I don't even wish I could take credit for, but the the work that we did in the aces class, it was not just me it was many, many of my.

00:53:44.100 --> 00:53:50.460

Joey White (he/him): fellow students and and they did amazing work on top of that, and breaking it up and working with others.

00:53:50.790 --> 00:54:03.240

Joey White (he/him): I think, is also really important, it takes a lot of the pressure off of us as individuals with our own voice and makes a collective voice much stronger and also makes it a lot easier to manage.

00:54:06.180 --> 00:54:08.280

Sharon Berry PhD ABPP: One of the other oh go ahead rosie.

00:54:08.400 --> 00:54:25.860

Rosie Phillips Davis (she, her): And that many, many in in Jewish group I think was five of them so for that, and so, even though that would have in my man, been a small group it's deal, it still felt like a lot hunter That was good, but they did the bad it up, I love the way they they work together in this with those.

00:54:28.890 --> 00:54:36.600

Sharon Berry PhD ABPP: Someone has asked in the chat at the piano can share your favorite resources that provide education on how to do advocacy.

00:54:39.330 --> 00:54:40.260

Rosie Phillips Davis (she, her): Catherine McGuire.

00:54:42.780 --> 00:54:49.350

Sharon Berry PhD ABPP: So the APA advocacy staff and the thing the times that they offer training which you will see.

00:54:50.490 --> 00:55:06.480

Sharon Berry PhD ABPP: Through a PA frequently is a great thing I think spt as many of them will also be available to your classes to at their conferences, the other things are you guys thinking.

00:55:07.020 --> 00:55:17.910

Rosie Phillips Davis (she, her): You know, actually it wasn't until I looked in the chat about if if PTA offering a speaker because I hadn't even since what's great about this, I hadn't even thought to ask.

00:55:18.450 --> 00:55:35.370

Rosie Phillips Davis (she, her): And I am a member of Tennessee psychological association, you know not do, workshops and I, and I so having having these kinds of trainings really is important because now i'm gonna write that down and i'm going to somebody come in and do it for me.

00:55:36.720 --> 00:55:45.330

Megan Mooney, PhD (she/her): Actually we've done that in Texas, for years, so I you know, during my presidential year and around the other years in my leadership here.

00:55:45.690 --> 00:55:54.420

Megan Mooney, PhD (she/her): i've gone to we call our local area societies around Texas our other you know more local psych associations, like Houston and surrounding counties.

00:55:54.720 --> 00:56:03.300

Megan Mooney, PhD (she/her): And I do talks and legislative updates right so it's a great way to show psychologists around your state what your ESP ETA is doing.

00:56:03.600 --> 00:56:10.800

Megan Mooney, PhD (she/her): and get people more engaged and local advocacy which then, in turn, helps them be more interested in like a PA level advocacy also.

00:56:11.670 --> 00:56:22.440

Megan Mooney, PhD (she/her): So it's a win, win all around for us PTA is to do some some talks so like a one hour see you know PD kind of credit for your for your local societies.

00:56:22.800 --> 00:56:31.110

Megan Mooney, PhD (she/her): helps to know how to build membership and engagement around advocacy and gets out what are your state level issues that you need to be talking about as well.

00:56:31.860 --> 00:56:38.550

Megan Mooney, PhD (she/her): So we have been TPA we have kind of developed our own kind of advocacy toolkit we have our own grassroots committee.

00:56:39.180 --> 00:56:46.530

Megan Mooney, PhD (she/her): Where we do talks every year at Convention about those advocacy efforts and we do ongoing efforts throughout the year and we kind of finally.

00:56:46.800 --> 00:56:53.670

Megan Mooney, PhD (she/her): You know, did a zoom training that we recorded last year, so we can also share that on a more ongoing basis with our Members so.

00:56:54.000 --> 00:57:01.320

Megan Mooney, PhD (she/her): You know, think think creatively about how to again keep this as an ongoing conversation, and not just when it's time for a legislative session.

00:57:01.890 --> 00:57:10.350

Megan Mooney, PhD (she/her): Right, we need to be doing things and interim times and around you know even like local school boards and all kinds of things we can be really flexible about what advocacy means.

00:57:11.310 --> 00:57:16.260

Sharon Berry PhD ABPP: Thank you, I have, I see your hand up Dr Prescott, you can have the last question.

00:57:16.740 --> 00:57:19.740

Diana L Prescott, Ph.D.: Oh, I just I was just going to say that I have met with.

00:57:20.340 --> 00:57:29.580

Diana L Prescott, Ph.D.: Practical students in group supervision, just to talk to them about what i'm doing and trying to kind of model and take it one time took all of garden to the.

00:57:29.910 --> 00:57:41.460

Diana L Prescott, Ph.D.: doctoral program they love that and talked about advocacy you know pair something at high value treat with the you know talking about something that we want people to do anything like that, and it worked really well.

00:57:43.590 --> 00:57:44.400

Sharon Berry PhD ABPP: Thank you.

00:57:44.790 --> 00:57:45.750

Rosie Phillips Davis (she, her): Karen, can I say.

00:57:45.780 --> 00:57:47.040

Sharon Berry PhD ABPP: One more thing that I want to.

00:57:47.400 --> 00:57:54.930

Rosie Phillips Davis (she, her): fall back on what megan had to say, to, and that is picking up on the things that are important to legislators so.

00:57:55.680 --> 00:58:07.350

Rosie Phillips Davis (she, her): So, for example in our state we when we were working on the D amp legislation, for example, we did get the information from APA some psychologists from around State wanted to.

00:58:07.920 --> 00:58:16.800

Rosie Phillips Davis (she, her): write a letter to them to talk about why it's important for us to have D yet one of the things that I at push that we include in there.

00:58:17.370 --> 00:58:23.100

Rosie Phillips Davis (she, her): In our state in a lot of states around the country we haven't reductions in my to me and going to college.

00:58:23.730 --> 00:58:31.260

Rosie Phillips Davis (she, her): And so we so I wanted to make sure we put in there that are part of them were talking about that is that it includes everybody.

00:58:32.220 --> 00:58:50.580

Rosie Phillips Davis (she, her): Because I want them to know that I am thinking about things for the good of society, not just my personal issues, so I think when we're doing advocacy is important to make sure that we use what we know about psychology and bring it to the entire body, not just to our individual issue.

00:58:52.860 --> 00:59:06.180

Sharon Berry PhD ABPP: This has been extremely exciting and I really think each one of you for your participation and all of your great ideas and role modeling Catherine, you can close it up for us.

00:59:11.190 --> 00:59:12.240

Katherine McGuire — APA: Thank you, Sharon.

00:59:13.410 --> 00:59:14.370

Katherine McGuire — APA: It is.

00:59:15.600 --> 00:59:17.580

Katherine McGuire — APA: My distinct honor to.

00:59:19.050 --> 00:59:28.860

Katherine McGuire — APA: To I guess interrupt your regularly scheduled program to present an ad APA services advocacy award to an individual federal advocacy coordinator.

00:59:29.940 --> 00:59:32.130

Katherine McGuire — APA: And let me start by describing her background.

00:59:33.510 --> 00:59:42.810

Katherine McGuire — APA: This recipient is a licensed psychologist who specializes in working with children and families her vision and Energy have helped transform.

00:59:43.530 --> 00:59:50.880

Katherine McGuire — APA: Both judicial and legislative advocacy on behalf of lb gq children, adolescents and their families in Texas.

00:59:51.690 --> 01:00:06.330

Katherine McGuire — APA: She is a champion for psychological science in her work with clients and also in and employing are deploying psychological science against political attacks on floor bond on Texas is transgender community.

01:00:07.110 --> 01:00:19.500

Katherine McGuire — APA: She has served traumatized children and families for over 15 years and she has a special interest in working with youth, who are disproportionately impacted by a variety of traumatic experiences.

01:00:20.700 --> 01:00:38.160

Katherine McGuire — APA: She received her undergraduate degree from vanderbilt and her doctorate degree is from the University of Arkansas and she completed her insurance internship in professional psychology with the baylor college of medicine men and menninger department of psychiatry and behavioral sciences.

01:00:39.510 --> 01:00:48.720

Katherine McGuire — APA: She also served as the President of the Texas psychological association 2020 and is also a member of the Houston psychological Association and the APA.

01:00:49.170 --> 01:01:00.150

Katherine McGuire — APA: And she's also an affiliate member of the National child traumatic stress network, and if that wasn't enough she became a federal advocacy coordinator last year.

01:01:01.380 --> 01:01:08.400

Katherine McGuire — APA: But let's get to the heart of the award in February of this year, Texas Attorney General released an opinion stating.

01:01:08.730 --> 01:01:17.190

Katherine McGuire — APA: That allowing minors to receive transition care, such as puberty blockers hormone therapy and surgery is child abuse under Texas State law.

01:01:18.120 --> 01:01:33.000

Katherine McGuire — APA: days later, Governor Greg Abbott Texas of Texas, called on licensed professionals and members of the general public to report the parents of transgender minors to state authorities if it appears the minors are receiving gender affirming medical care.

01:01:34.050 --> 01:01:41.670

Katherine McGuire — APA: This followed a directive that Avid Fan sent to the Department of family and protective services, calling on it to conduct a prompt and thorough investigation.

01:01:41.970 --> 01:01:49.740

Katherine McGuire — APA: of any reported instances of minors undergoing elective procedures for gender transition as a state licensed psychologist.

01:01:50.250 --> 01:01:58.650

Katherine McGuire — APA: She is considered a mandatory reporter under Texas law and claimed she could not comply with the governor's director without harming her clients.

01:01:59.070 --> 01:02:09.360

Katherine McGuire — APA: And then she took the big courageous step of joining the lawsuit with ACLU to halt these directives and the good news is that on March 11.

01:02:10.830 --> 01:02:18.750

Katherine McGuire — APA: Just over a week ago, the Travis County District Court blocked the State of Texas from implementing this new directive that targeted the Trans youth.

01:02:19.170 --> 01:02:26.880

Katherine McGuire — APA: and investigating parents who work with medical professionals to provide their adolescent transgender children with medically necessary treatment.

01:02:27.630 --> 01:02:41.670

Katherine McGuire — APA: It is for her work with and defensive transgender children and adolescents and their families, that I am happy to recognize Dr. Megan Maroney today, please unmute your microphones and join me in congratulating.

01:02:47.190 --> 01:02:48.510

Leo Rennie : Would you like to say a few words.

01:02:52.230 --> 01:02:54.780

Megan Mooney, PhD (she/her): But an incredible and unexpected honor.

01:02:55.830 --> 01:03:02.490

Megan Mooney, PhD (she/her): Thank you very much for those very kind words and truly today pay leadership for your incredible support.

01:03:03.210 --> 01:03:12.090

Megan Mooney, PhD (she/her): You know, as I said earlier, I'm not expecting other people in their everyday advocacy to file a lawsuit against their state governors and the fcs, Commissioner.

01:03:12.840 --> 01:03:21.240

Megan Mooney, PhD (she/her): And, but as I also said i'm watching these directives have a direction negative impact on my clients and people I love and care about.

01:03:21.690 --> 01:03:37.020

Megan Mooney, PhD (she/her): And I was in the rare position of being able to stand up and do something this big right now, and I feel so incredibly well supported by APA and TPA and my colleagues across the country and just thank you so much what an incredible honor Thank you.

01:03:37.470 --> 01:03:39.570

Congratulations back to your career.

01:03:41.370 --> 01:03:41.640

Karen Studwell- APA: Just.

01:03:42.030 --> 01:03:51.870

Sharon Berry PhD ABPP: say one thing, just to thank people in the chat it's been a very active chat but also to highlight we've already had six contributions to the pack, and we have a.

01:03:52.740 --> 01:03:58.980

Sharon Berry PhD ABPP: shout down a challenge by Dr sperling ecpm and Tony pawlenty so.

01:03:59.790 --> 01:04:15.570

Sharon Berry PhD ABPP: We really appreciate that and also I just say to students, you know start with \$5 a year, and when you're an intern go to 10 and when you're a postdoc go to 45 and pretty soon you'll be at the all access pass as well, so thank you everyone and Karen.

01:04:16.950 --> 01:04:24.810

Karen Studwell- APA: Great Thank you Catherine, and congratulations megan so now we're going to move on to our second panel, I would say this morning, but now it's afternoon.

01:04:26.190 --> 01:04:38.610

Karen Studwell- APA: So it's my pleasure to introduce our next panel that will provide some additional background on two of the newer issues affecting access to psychologists services that you'll be advocating on and how they fit into the broader context of.

01:04:38.640 --> 01:04:41.130

Karen Studwell- APA: APA advocacy work on practice issues.

01:04:41.580 --> 01:04:51.960

Karen Studwell- APA: Scott barstow a senior director of Congressional and federal relations at EPA leads our efforts on practice advocacy as well as our work in addressing the drug overdose epidemic.

01:04:52.470 --> 01:05:02.520

Karen Studwell- APA: he's joined by Dr Tony Puente the 2017 APA President and former co Chair of the advocacy coordinating committee and current member of the psychology pack advisory committee.

01:05:02.820 --> 01:05:10.380

Karen Studwell- APA: he's currently professor of psychology at the University of North Carolina wilmington and maintains a private practice and clinical neuropsychology.

01:05:10.830 --> 01:05:27.990

Karen Studwell- APA: Our final panelist is Alan Nessman aka senior special counsel in legal and state advocacy he's a pays lead attorney on mental health parity and has worked on parody implementation and advocacy since the federal parity law went into effect in 2008 so i'll turn it over to you Scott.

402

01:05:29.700 --> 01:05:35.070

Scott Barstow (he, him) - APA: Thank you Karen that that last panel is a tough act to follow, but we'll see what we can do.

403

01:05:35.970 --> 01:05:42.210

Scott Barstow (he, him) - APA: So as you've heard the business you'll be making two members of Congress on Monday, are coming at a very good time because.

404

01:05:42.630 --> 01:05:50.940

Scott Barstow (he, him) - APA: The mental health and substance use disorder crisis we're in has generated strong bipartisan interest in dramatically improving our behavioral health treatment system.

405

01:05:52.050 --> 01:06:00.690

Scott Barstow (he, him) - APA: As I hope you saw on February 1 APA chief science officer Mitch printing testified before the Senate health education Labor and veterans committee.

406

01:06:01.800 --> 01:06:12.570

Scott Barstow (he, him) - APA: That was, I think the first big mental health hearing that was held in Congress, this year, since then, there have been seven other hearings, actually, let me stop for a second Andrew could you forward the slide.

407

01:06:15.990 --> 01:06:16.410

Scott Barstow (he, him) - APA: Thank you.

408

01:06:18.000 --> 01:06:24.750

Scott Barstow (he, him) - APA: So there have now been eight hearings and counting on a mental health and substance use disorder crisis.

409

01:06:25.980 --> 01:06:43.980

Scott Barstow (he, him) - APA: with another one coming up next week i've actually worked on mental health policy, since the early 1990s, not, to date, myself and I can remember that kind of concerted focus happening before now, so this is a really key time and all these hearings are setting the stage for legislation.

410

01:06:45.600 --> 01:06:50.460

Scott Barstow (he, him) - APA: Although both chambers have started work right now, it looks like the Senate will act first.

411

01:06:50.910 --> 01:06:59.760

Scott Barstow (he, him) - APA: With the Finance Committee and the health education Labor and veterans committee each point together proposals within their separate areas of jurisdiction over the coming weeks.

412

01:07:00.360 --> 01:07:07.380

Scott Barstow (he, him) - APA: Each committees legislation would ultimately be combined into a single legislative package and then brought to the Senate floor sometime this summer.

413

01:07:08.580 --> 01:07:16.470

Scott Barstow (he, him) - APA: Obviously larger political issues or disputes can derail things and the odds of that happening go up and election years, and this is an election year.

414

01:07:17.130 --> 01:07:31.260

Scott Barstow (he, him) - APA: But we're relatively confident that there will be some mental health package voted on this year and APA and the rest of the mental health and substance use advocacy community is working to shape what that legislative package looks like excuse me.

415

01:07:32.430 --> 01:07:40.410

Scott Barstow (he, him) - APA: Your visits are also very well time because Congress has begun working on the fyi 2023 appropriations bills.

416

01:07:41.040 --> 01:07:52.290

Scott Barstow (he, him) - APA: Consequently you'll be advocating on tomorrow, on behalf of appropriations for the graduate psychology education program and a minority fellowship program just as many of you did last year.

417

01:07:53.040 --> 01:08:01.500

Scott Barstow (he, him) - APA: One new wrinkle is that this year, those programs are a pre authorization so we're going to be asking Congress to take care of that too.

418

01:08:03.690 --> 01:08:17.640

Scott Barstow (he, him) - APA: And there are two new issues you'll be talking to members of Congress about establishing medicare reimbursement for Sue bryce services provided by psychology interns and residents and strengthening enforcement of mental health insurance parity requirements.

419

01:08:18.660 --> 01:08:20.280

Scott Barstow (he, him) - APA: Andrew if you could go to the next slide please.

420

01:08:22.170 --> 01:08:35.820

Scott Barstow (he, him) - APA: So and Alan will provide background on each of these issues and then we'll have some time for Q and A and you'll be hearing from me Alex and Serena this afternoon going into the issue briefing but.

421

01:08:36.690 --> 01:08:40.770

Scott Barstow (he, him) - APA: We wanted to take some time initially to give you a little bit more background.

422

01:08:41.700 --> 01:08:52.440

Scott Barstow (he, him) - APA: Before I turn it over to them, though I'm going to briefly review some of the other practice related issues we're working on in coordination with Alan Stephen Glasser, and the rest of our practice office colleagues.

423

01:08:53.850 --> 01:09:04.920

Scott Barstow (he, him) - APA: Thank you, Andrew perfect timing to psychological services access act is what we believe the new name will be what used to be the physician definition bill.

424

01:09:06.450 --> 01:09:15.780

Scott Barstow (he, him) - APA: As most of you know we push hard enough in 2020 on the physician definition bill to gain a House so Committee hearing on the legislation.

425

01:09:16.560 --> 01:09:28.470

Scott Barstow (he, him) - APA: Until that hearing we knew that the American psychiatric association was opposed to our bill, but we didn't know what kind of response we get from the rest of the physician community, and neither did our champions in Congress frankly.

426

01:09:30.450 --> 01:09:38.430

Scott Barstow (he, him) - APA: So we had the hearing, and then we found out about two and a half months after the hearing the American Medical Association.

427

01:09:39.060 --> 01:09:45.180

Scott Barstow (he, him) - APA: More than 30 other national physicians for organizations and 49 out of 50 state medical societies.

428

01:09:45.570 --> 01:09:55.200

Scott Barstow (he, him) - APA: joined together in a letter to the leaders of the House and Senate committees what's jurisdiction over our bill and basically said over our dead body.

429

01:09:56.100 --> 01:10:00.990

Scott Barstow (he, him) - APA: So, since that happened staff with our south since and a champions have told us.

430

01:10:01.440 --> 01:10:10.410

Scott Barstow (he, him) - APA: That the universal opposition of the medical community means there's really no way that legislation to add psychologists medicare's physician definition, can get an active.

431

01:10:11.130 --> 01:10:19.710

Scott Barstow (he, him) - APA: So, since the the that occurred we've developed new legislation to accomplish the same things.

432

01:10:20.400 --> 01:10:28.920

Scott Barstow (he, him) - APA: Giving psychologists independent practices already and all medicare coverage treatment settings and making psychologists eligible for medicare bonus payments for services provided.

433

01:10:29.280 --> 01:10:37.980

Scott Barstow (he, him) - APA: In mental health professional shortage areas and doing that, without touching that trip wire, that the AMA and other groups, fine so triggering.

434

01:10:39.780 --> 01:10:49.560

Scott Barstow (he, him) - APA: Our House and Senate champions have that legislative language in there, talking with house the Senate Legislative Council about it and we're hopeful that the legislation will be introduced soon.

435

01:10:50.820 --> 01:11:02.520

Scott Barstow (he, him) - APA: we're taking a leadership role in opposing unnecessary administrative burdens on infinite practitioners created through the implementation of the no surprises act second bullet on the list there.

436

01:11:03.330 --> 01:11:09.030

Scott Barstow (he, him) - APA: Our response right now is focused on cms since cms is expected issue further rules later this year.

437

01:11:09.480 --> 01:11:15.420

Scott Barstow (he, him) - APA: and Congress hasn't shown interest in inserting itself into this issue, while it's still in development by the Agency.

438

01:11:16.230 --> 01:11:27.900

Scott Barstow (he, him) - APA: However, if you're concerned about this issue, we urge you to give us your input through our voter voice web page, I think, Catherine mentioned that earlier and Doris can put the link in the chat for that.

439

01:11:29.190 --> 01:11:33.510

Scott Barstow (he, him) - APA: telehealth has been a major focus of course lots and lots of interest in that.

440

01:11:34.560 --> 01:11:42.240

Scott Barstow (he, him) - APA: we're joining forces with other mental health provider and consumer groups to try to make telehealth and audio only coverage expansions permanent.

441

01:11:42.960 --> 01:11:57.840

Scott Barstow (he, him) - APA: As well as make coverage and reimbursement for telehealth services equal to there in person counterparts, my colleague Andrew strickland to is here somewhere on with us, is leading or work on these last two issues in coordination with our practice office partners.

442

01:11:58.980 --> 01:12:09.960

Scott Barstow (he, him) - APA: And we're also part of a broad provider coalition trying to prevent medicare superstation cuts from taking place this year and defend against related more global medicare threats to providers.

443

01:12:11.460 --> 01:12:16.860

Scott Barstow (he, him) - APA: And last but certainly not certainly not least we're working to change hr.

444

01:12:18.660 --> 01:12:28.470

Scott Barstow (he, him) - APA: The bill number on the last bullet there that's legislation promoted by the American psychiatric association to promote a one size fits all approach to integrated care.

445

01:12:29.100 --> 01:12:40.380

Scott Barstow (he, him) - APA: By providing 10s of millions of dollars in federal support to primary care providers for implementing collaborative care model programs that include have to include a psychiatrist on the care team.

446

01:12:41.610 --> 01:12:52.710

Scott Barstow (he, him) - APA: We think that integrated care works with a psychiatrist and it can be done without a psychiatrist and we've been urging support for uptake of all evidence based models of integrated care.

447

01:12:53.160 --> 01:13:00.690

Scott Barstow (he, him) - APA: Including the primary care behavioral health model so on that topic before I turn things over to Tony.

448

01:13:01.170 --> 01:13:10.710

Scott Barstow (he, him) - APA: I need to take a moment take a moment to express my sincere thanks to the many, many psychologists shown on the screen here who have joined me in advocating on this issue.

449

01:13:11.490 --> 01:13:19.080

Scott Barstow (he, him) - APA: We focus most of our attention on states with Members on the House energy and commerce committee where the HR was referred.

450

01:13:20.010 --> 01:13:32.070

Scott Barstow (he, him) - APA: there's more work to do on this issue, to make sure the Congress doesn't leave out pch despite the strong evidence for its effectiveness, and particularly the dire need to improve access to behavioral services.

451

01:13:32.640 --> 01:13:40.050

Scott Barstow (he, him) - APA: But we've made a lot of headway and we couldn't have done it without the help of the psychologists on this list and i've really enjoyed working with all of them on this.

452

01:13:41.160 --> 01:13:54.330

Scott Barstow (he, him) - APA: If we were in person here, instead of virtual i'd ask you, those of you on this list to stand up and take a bow but instead i'd like to ask everyone to join me in giving them a virtual round of applause, since I know there's some of them here to this today.

453

01:13:57.750 --> 01:13:59.280

Scott Barstow (he, him) - APA: Thank you so so much.

454

01:14:00.180 --> 01:14:04.620

Scott Barstow (he, him) - APA: tremendously helpful and with that, let me turn it over to Tony.

455

01:14:06.360 --> 01:14:12.330

Antonio Puente: Thank you Scott and thank you to the advocacy and the pack staff that made all of this.

456

01:14:13.440 --> 01:14:18.420

Antonio Puente: become a reality into this most difficult circumstances, also want to take a moment to thank.

457

01:14:19.440 --> 01:14:32.580

Antonio Puente: Our 2021 President of APA Jennifer Kelly, who is with us, who was on the original workgroup and the co Chair of the advocacy coordinating committee.

458

01:14:33.030 --> 01:14:48.420

Antonio Puente: And finally, thank you and CPA for allowing me to once more tag along with you and to all of you all 200 of you that are here today and will be here tomorrow, to make sure that there's a future and a strong one for psychology.

459

01:14:50.040 --> 01:15:05.340

Antonio Puente: If you read this slide you might want to try and translate it and I think that the slide basically says, why should I as a practicing psychologist a bit concerned about supporting the training of future psychologists.

460

01:15:06.360 --> 01:15:24.600

Antonio Puente: Because I really just interested in making sure that my cpt code is going to be taken care of because that's often what we're here to chat about, but we want to share with you four reasons why this is important not only to the future of psychology but to your everyday practice.

461

01:15:26.070 --> 01:15:41.940

Antonio Puente: And I have four points I want to share with you first has to do with patience we now know that how you're trained ends up reflecting how you end up practicing, we need to make sure that we expose.

462

01:15:43.410 --> 01:16:00.210

Antonio Puente: Our students to the individuals that are really the ones that are most needed, in other words, we need to make sure that our students provide services to these individuals that historically have not been well attended to.

463

01:16:01.200 --> 01:16:12.120

Antonio Puente: In addition to that, we want to make sure that we provide services to medicare beneficiaries, these are individuals are both the elderly and disabled.

464

01:16:12.570 --> 01:16:28.020

Antonio Puente: here's a situation where by expanding services we provide the opportunity for students to learn and we simply provide the opportunity for individuals that need our services to have those services be provided.

465

01:16:29.340 --> 01:16:38.220

Antonio Puente: So those are really two main reasons, having to deal with the clinical importance of all of of this that we're going to be talking about.

466

01:16:38.940 --> 01:16:50.730

Antonio Puente: The third thing is it's about systems, you know people tell you I tell me I don't really don't care about medicare fee for service only or I only take private insurance.

467

01:16:51.480 --> 01:17:10.650

Antonio Puente: As as medicare goes so does everyone, this is the foundation for medicaid and the foundation for third party, even though most third parties are fairly silent on the issue of providing services through student trainees, one wonders will that will continue.

468

01:17:12.180 --> 01:17:13.260

Antonio Puente: And the fourth one.

469

01:17:14.670 --> 01:17:18.240

Antonio Puente: If you don't take medicare if your fee for service.

470

01:17:19.470 --> 01:17:34.800

Antonio Puente: Ask yourself this question are we setting ourselves to tear health equity system to Jennifer talked about incessantly last year and we're those that have get at those that don't.

471

01:17:36.390 --> 01:17:37.140

Antonio Puente: For go.

472

01:17:38.760 --> 01:17:44.310

Antonio Puente: So we're here to share with you that this is not just about increasing your reimbursement.

473

01:17:45.600 --> 01:17:55.890

Antonio Puente: But it's about increasing the future of psychology, so we will provide some additional information that gives you specific, so how to make this happen.

474

01:17:56.340 --> 01:18:05.880

Antonio Puente: But again it's for our patients for our students for our systems and for our society, I look forward to.

475

01:18:06.450 --> 01:18:16.770

Antonio Puente: hobnobbing with you tomorrow as we go to Capitol Hill and make sure that we listened to Congress who asks us, we are in a mental health pandemic.

476

01:18:17.400 --> 01:18:30.510

Antonio Puente: We need to increase a workforce well guess what folks instead of asking one more time about the position definition let's go ask for one of the things that we're here to really support.

477

01:18:31.530 --> 01:18:41.100

Antonio Puente: Looking forward to being with you later today and, of course, tomorrow, thank you, and let me turn this now over to our colleague Alan.

478

01:18:45.240 --> 01:18:51.480

Alan Nessman - Amer Psychological (he/him): Hello everyone thanks for coming out and thanks for all of your efforts to make a great law more effective.

479

01:18:52.980 --> 01:18:59.310

Alan Nessman - Amer Psychological (he/him): A lot of parody a lot of the rules are and how it's enforced are very complicated fortunately.

480

01:18:59.880 --> 01:19:06.930

Alan Nessman - Amer Psychological (he/him): The part that i'm going to share with you today is pretty straightforward, which is what still needs to be done in terms of parody.

481

01:19:07.440 --> 01:19:14.880

Alan Nessman - Amer Psychological (he/him): What needs to be fixed in terms of enforcement and how that affects you as a practicing psychologist so I can give you a brief background.

482

01:19:15.450 --> 01:19:21.390

Alan Nessman - Amer Psychological (he/him): it's been a long advocacy road Scott was there a long time ago i've been working on it, since it went into effect.

483

01:19:22.140 --> 01:19:36.960

Alan Nessman - Amer Psychological (he/him): Health plans for historically provided skimpier coverage for mental health care and parody the parity law covers both mental health and substance use, but I can be to make this quicker i'll just talk about mental health care, which is what applies to most psychologist.

484

01:19:39.030 --> 01:19:51.570

Alan Nessman - Amer Psychological (he/him): When I started at a paid in the year 2000 to work on insurance issues most insurance companies had annual limits on how many therapy sessions people could get sometimes it was 20 so it was 40.

485

01:19:51.930 --> 01:19:57.780

Alan Nessman - Amer Psychological (he/him): Generous plants gave 56 but the there were these kind of limits and companies did.

486

01:19:58.770 --> 01:20:05.970

Alan Nessman - Amer Psychological (he/him): discriminated against, mental health because they cook they knew that the stigma associated with mental illness kept patient from complaining.

487

01:20:06.870 --> 01:20:11.280

Alan Nessman - Amer Psychological (he/him): And this was like costs they figured they could easily cut, even though it's a small part of the pie.

488

01:20:11.790 --> 01:20:25.410

Alan Nessman - Amer Psychological (he/him): In 2008 after years of work by APA and other mental health advocates the landmark bipartisan mental health parity and addiction equity act or a PA wearable with this called the federal parity law was enacted.

489

01:20:26.580 --> 01:20:34.320

Alan Nessman - Amer Psychological (he/him): Regulations to implement the law went into effect they added the important into tl provisions that we'll talk about later next slide please.

490

01:20:38.070 --> 01:20:45.630

Alan Nessman - Amer Psychological (he/him): The parity Act has moved the needle in many areas, as I mentioned those annual limits on therapy session, those are gone.

491

01:20:46.080 --> 01:20:55.470

Alan Nessman - Amer Psychological (he/him): Many insurers are dropped routine management of mental health care that used to be just used to be looking over your shoulder bugging you all the time.

492

01:20:56.070 --> 01:21:04.590

Alan Nessman - Amer Psychological (he/him): And interest seem to be complying with the easy to measure limitations like co pays and other financial or numerical limits on coverage.

493

01:21:05.430 --> 01:21:13.920

Alan Nessman - Amer Psychological (he/him): And parody has been our main weapon for insurance advocacy and victories things like changing ensures offensive policies on the 60 minute code.

494

01:21:14.280 --> 01:21:26.040

Alan Nessman - Amer Psychological (he/him): natalie three seven New York Attorney General ruling on cygnus neuro psych policy that excluded neuro psych coverage for pill mental illness and stopping abusive audits targeting mental health next slide please.

495

01:21:28.530 --> 01:21:39.030

Alan Nessman - Amer Psychological (he/him): So the big problems that remain you're probably familiar with them, but they're all complex tough issues like reimbursement parity network adequacy the 2019 relevant study.

496

01:21:39.330 --> 01:21:45.210

Alan Nessman - Amer Psychological (he/him): found that patients are five times more likely to go out of network for mental health care of them for medical and surgical care.

497

01:21:45.780 --> 01:21:53.910

Alan Nessman - Amer Psychological (he/him): But you probably know that for your personal experience long waiting list desperate patients calling up trying to find somebody in their network, who can see them.

498

01:21:55.020 --> 01:22:05.760

Alan Nessman - Amer Psychological (he/him): Also harassing payment and audit policies companies that aren't paying on time or companies that are asking for too many reviews or auditing extensively next slide please.

499

01:22:07.200 --> 01:22:15.450

Alan Nessman - Amer Psychological (he/him): So these problems are all difficult to define measure and and force you know, with so many other laws will be worked with they're just a simple question of.

500

01:22:16.350 --> 01:22:23.160

Alan Nessman - Amer Psychological (he/him): Are you allowed to do that are you required to do do this are you prohibited from doing that, with parody it's complicated it's.

501

01:22:23.520 --> 01:22:31.410

Alan Nessman - Amer Psychological (he/him): That the plant can't do things on the mental health side if they're not doing comparable things on the medical surgical side.

502

01:22:31.980 --> 01:22:42.480

Alan Nessman - Amer Psychological (he/him): All these are non quantitative treatment limitations are and cutie else, these are qualitative ways of lemonade care that don't have a hard number attached them, for example.

503

01:22:43.620 --> 01:22:48.600

Alan Nessman - Amer Psychological (he/him): Quantitative limitation, these are the things that the companies are better at complying with our things like.

504

01:22:49.650 --> 01:22:59.100

Alan Nessman - Amer Psychological (he/him): limits on the number of sessions are limits on that number of hours of testing but non quantitative limitation all these would be, for example, to say okay.

505

01:22:59.610 --> 01:23:10.770

Alan Nessman - Amer Psychological (he/him): You can have the instead of having a five hour limit on testing it's just after five hours we're going to review it and we're going to see whether or not just a really medically necessary as sort of a soft limit.

506

01:23:11.130 --> 01:23:20.640

Alan Nessman - Amer Psychological (he/him): And this is the kind of thing that's hard to define and really get you to really enforce and determine whether it is a parody violation.

507

01:23:21.570 --> 01:23:33.300

Alan Nessman - Amer Psychological (he/him): All these en que tales are subject to an esoteric and subjective comparative analysis to determine if it's a violation I won't bore you with that, but if anybody wants to know we can cover that in the Q amp a next slide please.

508

01:23:36.330 --> 01:23:47.670

Alan Nessman - Amer Psychological (he/him): So let's talk about the enforcement framework and challenges enforcement is splitter between department of Labor do well for self insured plans most larger employers have.

509

01:23:48.210 --> 01:23:54.030

Alan Nessman - Amer Psychological (he/him): Self insured plans, that means that the employer themselves, they pay for the cost of care.

510

01:23:54.900 --> 01:24:01.800

Alan Nessman - Amer Psychological (he/him): States are the primary enforcers for regular health insurance that's where the health insurance company is on the hook, for all the costs.

511

01:24:02.460 --> 01:24:06.990

Alan Nessman - Amer Psychological (he/him): big problem is lack of enforcement teeth for department of Labor against all these plans.

512

01:24:07.650 --> 01:24:12.870

Alan Nessman - Amer Psychological (he/him): I used to work in my prior life, representing insurance companies, fortunately not health insurers but.

513

01:24:13.380 --> 01:24:21.000

Alan Nessman - Amer Psychological (he/him): The clients always wanting to know well what's the cost what's the financial cost us if we you know get caught on this and.

514

01:24:21.360 --> 01:24:31.410

Alan Nessman - Amer Psychological (he/him): If there's no penalties if they might just say yeah, particularly where it might be unclear yeah we know our networks not really as good as the medical surgical network.

515

01:24:31.710 --> 01:24:36.960

Alan Nessman - Amer Psychological (he/him): But is it close enough, and in a close case you know why not just wait and see what happens.

516

01:24:37.170 --> 01:24:50.310

Alan Nessman - Amer Psychological (he/him): If there are no finds finds also had the advantage that they make news, you know food company gets fine \$10 million that puts a headline on it, the fact that they just were found to be not in violation without a fine sounds like it wasn't such a big problem.

517

01:24:51.120 --> 01:25:00.120

Alan Nessman - Amer Psychological (he/him): So the deal department Labor needs to power to find self insured plans The other thing is, they need the power to find the third party administrators.

518

01:25:01.140 --> 01:25:08.640

Alan Nessman - Amer Psychological (he/him): In most cases it's not xyz manufacturing company that's creating the problems it's the third party administrator or TPA.

519

01:25:08.970 --> 01:25:18.300

Alan Nessman - Amer Psychological (he/him): Which is typically a large insurance company that is deciding how much to pay people in the network managing network adequacy and deciding how much to audit people.

520

01:25:18.960 --> 01:25:27.090

Alan Nessman - Amer Psychological (he/him): In addition to all needs the power to find regular health insurers, where the States don't have the expertise resources or or priority on that.

521

01:25:27.660 --> 01:25:37.200

Alan Nessman - Amer Psychological (he/him): So it's a complicated system we're in both states, the state has the primary authority over fully insured plans regular insurance.

522

01:25:37.650 --> 01:25:51.780

Alan Nessman - Amer Psychological (he/him): In three states Texas Missouri and Wyoming there's been a determination that that's that's just not enforcing anything none of my P not have a CA so though in those few States CMS is primary authority.

523

01:25:52.410 --> 01:26:01.710

Alan Nessman - Amer Psychological (he/him): On the other hand, you have states like California, in New York, that are aggressively enforcing parody but, in the middle, there are a lot of states where the States don't have the resources they don't have expertise.

524

01:26:02.310 --> 01:26:10.620

Alan Nessman - Amer Psychological (he/him): And in those States it's critical for department of Labor to be able to step in and find people if they're in violation next slide please.

525

01:26:13.110 --> 01:26:26.550

Alan Nessman - Amer Psychological (he/him): So how many Americans would benefit from better enforcement in employer provided coverage are over 136 million people in self insured plans and almost 70 million in regular health insurance.

526

01:26:28.140 --> 01:26:35.880

Alan Nessman - Amer Psychological (he/him): The en que te I analysis on these issues is beyond the expertise of many states so where the states are enforcing as to the almost 70 million.

527

01:26:36.390 --> 01:26:43.470

Alan Nessman - Amer Psychological (he/him): it's a time consuming and drawn out process going back to my experience, representing insurance companies, there are two big strategies, one is.

528

01:26:43.830 --> 01:26:51.000

Alan Nessman - Amer Psychological (he/him): Very people with paper with this stuff they could produce 100 or 300 page report somewhere and there's the bad things they're doing.

529

01:26:51.450 --> 01:27:01.500

Alan Nessman - Amer Psychological (he/him): Another strategy is to just trickle things out to the regulators okay well here's some information and make them come back and ask you for more details next slide please.

530

01:27:04.140 --> 01:27:12.900

Alan Nessman - Amer Psychological (he/him): So, as I mentioned, these are the ways that poor parody enforcement affects you and affects your colleagues low reimbursement rates relative to medical surgical.

531

01:27:13.290 --> 01:27:27.360

Alan Nessman - Amer Psychological (he/him): And no cost of living increases like we understand that medical providers get you know many psychologists report they haven't had an increased rate from their insurance for 10 or 15 years also harassment of psychologists using the higher.

532

01:27:29.010 --> 01:27:35.040

Alan Nessman - Amer Psychological (he/him): therapy code we don't think that physicians are getting harassed for using higher level e&m codes which are very similar.

533

01:27:35.790 --> 01:27:46.950

Alan Nessman - Amer Psychological (he/him): Inadequate mental health networks that we discussed and excessive and abusive reviews and audits, these are the stories of personal impact for you to share in your health, thank you.

534

01:27:51.630 --> 01:27:59.190

Scott Barstow (he, him) - APA: And with that let's open it up to questions on any of what we just ran through it here I realized that's a lot to throw at you, but.

535

01:28:00.210 --> 01:28:02.280

Antonio Puente: it's great if I could.

536

01:28:02.730 --> 01:28:08.610

Antonio Puente: yeah no it's Sunday, and I know that i'm not teaching, but I feel compelled to ask.

537

01:28:09.750 --> 01:28:18.510

Antonio Puente: Scott, Nicole from my old Alma mater isley you're all our students, why should we do this for you.

538

01:28:19.890 --> 01:28:31.380

Antonio Puente: Why are you going to take valuable time from APA a lobby to support you highly Scott Allen and terrelle I think I saw those are for students in the chat box.

539

01:28:32.730 --> 01:28:36.780

Antonio Puente: So it's time for class, why should we work for you.

540

01:28:44.190 --> 01:28:45.480

Antonio Puente: What do you want me to call on you.

541

01:28:47.340 --> 01:28:48.120

Antonio Puente: Come on that.

542

01:28:49.170 --> 01:28:53.910

Antonio Puente: I really I know you take a moment here with us, what do you think we should do this for you.

543

01:29:00.750 --> 01:29:10.800

Ayli Carrero Pinedo: Like I put in the chat box of one it's an honor that you think i'm still student actually recently graduated with my PhD in August, but I will definitely still answer your question.

544

01:29:12.510 --> 01:29:24.690

Ayli Carrero Pinedo: um so i'm as I think about the different components are going to be advocating for tomorrow and an awesome minority fellowship program fellow myself all those were absolutely critical to my to my success.

545

01:29:26.310 --> 01:29:40.890

Ayli Carrero Pinedo: and being able to graduate with a doctoral degree, but also really helped me think critically us to the many ways that we still need to work towards equity particularly related to mental health, and most importantly.

546

01:29:43.410 --> 01:29:55.980

Ayli Carrero Pinedo: It also helped me push myself and how I could continue to instill advocate into my professional identity, because that was something that was not necessarily.

547

01:29:58.020 --> 01:30:03.720

Ayli Carrero Pinedo: Like part of my experiences, the graduate students so participating in events like this.

548

01:30:04.830 --> 01:30:11.400

Ayli Carrero Pinedo: it's really critical for that change, and one thing that also also want to emphasize is that.

549

01:30:12.720 --> 01:30:23.940

Ayli Carrero Pinedo: Students are social change agents and it's so important for programs to value the advocacy that they work, even if it starts at a program level, all the way.

550

01:30:25.080 --> 01:30:26.340

Ayli Carrero Pinedo: out to the federal level.

551

01:30:27.810 --> 01:30:29.100

Ayli Carrero Pinedo: And that's what I have to say, without.

552

01:30:30.270 --> 01:30:36.330

Antonio Puente: duper I forgot that you did pass your comps and you defend this successfully.

553

01:30:38.220 --> 01:30:43.530

Antonio Puente: But Nicole Darrell Scott any comments regarding, why should we work for you.

554

01:30:44.910 --> 01:30:47.400

Antonio Puente: Or why should we work together for you.

555

01:30:52.740 --> 01:30:59.490

Terrill Taylor (he/him): Absolutely i'll jump in i'm kind of similar, as I was just mentioning, I think that when we think about having.

556

01:31:00.150 --> 01:31:07.110

Terrill Taylor (he/him): Individual certain roles in which they're being models for the up and coming generation being you know, psychologists and training.

557

01:31:07.890 --> 01:31:22.380

Terrill Taylor (he/him): Having opportunities such as this to not just help us with teaching and developing our advocacy skills, but really understanding the importance of just our positions and APA and our position in psychology and the larger impact, we can make.

558

01:31:23.700 --> 01:31:33.390

Terrill Taylor (he/him): I think those are some of the key points and why it's why it's critical but also thinking about sustaining the longevity of the work that we will be engaging in long term.

559

01:31:34.020 --> 01:31:40.770

Terrill Taylor (he/him): And the benefit it'll have on individuals that we're serving and Community so Those are some of the things that come to mind for me on why I believe it's important.

560

01:31:42.960 --> 01:31:43.590

Scott Barstow (he, him) - APA: Thank you.

561

01:31:43.680 --> 01:31:52.260

Scott Barstow (he, him) - APA: cheryl and thank you, Tony that's an excellent question that you post your students and that's not something I could have done to call them like like you said.

562

01:31:53.280 --> 01:31:56.130

Scott Barstow (he, him) - APA: Mary I see you had your hand up, you have a question.

563

01:31:56.970 --> 01:32:07.530

Mary Fernandes (she,her): Well, I was just gonna respond to the question you post Tony, I think, in addition to thinking about it as well you know serving graduate students it's really serving the Community, like you, laid out.

564

01:32:08.310 --> 01:32:14.070

Mary Fernandes (she,her): For those of you on the call who don't know graduate students often leave their graduate programs, with almost \$200,000 in debt.

565

01:32:14.610 --> 01:32:17.820

Mary Fernandes (she,her): And if you think about the long term downstream effects of that.

566

01:32:18.420 --> 01:32:29.490

Mary Fernandes (she,her): Especially you know relative I think relative to medical programs students who need to recuperate those losses are need to find ways to repay their debts are not going to go into the kinds of public service.

567

01:32:29.760 --> 01:32:39.060

Mary Fernandes (she,her): positions that you typically want them to go into because they have to think about the financial stability of their futures and of their careers so you're really losing out in a lot of services to.

568

01:32:39.780 --> 01:32:47.430

Mary Fernandes (she,her): Patients and to communities that are already underserved unfortunately so from a health equity standpoint from a professional equity standpoint.

569

01:32:47.790 --> 01:32:57.780

Mary Fernandes (she,her): And just from from the standpoint of thinking about the people who we serve our communities and our Members, this is a no brainer in securing the profession for psychology and making sure that students.

570

01:32:58.110 --> 01:33:02.790

Mary Fernandes (she,her): are poised to actually not only serve the communities, but to make.

571

01:33:03.390 --> 01:33:11.430

Mary Fernandes (she,her): make a living wage and be able to repay the debts that they've taken on, to be able to do this for our communities so just want to add that, to the conversation.

572

01:33:11.730 --> 01:33:18.090

Mary Fernandes (she,her): And not focus too much on why are we doing this specifically for students, because it's, not just for students it's for communities as well.

573

01:33:19.620 --> 01:33:21.030

Scott Barstow (he, him) - APA: very, very well said, Mary.

574

01:33:22.650 --> 01:33:32.160

Scott Barstow (he, him) - APA: anyone have any questions related to parody you've got the opportunity to talk to a very, very experienced lawyer who's.

575

01:33:32.790 --> 01:33:46.440

Scott Barstow (he, him) - APA: been in the weeds on this leading our work to have it live up to its promises, so I hope you were able to absorb the framework that he gave you we'll talk a little bit more about it during issue briefing but.

576

01:33:47.490 --> 01:33:49.680

Scott Barstow (he, him) - APA: please feel free to raise your hand if you have any questions.

577

01:33:58.320 --> 01:33:58.890

Scott Barstow (he, him) - APA: Any.

578

01:33:59.550 --> 01:34:00.450

Alan Nessman - Amer Psychological (he/him): tisha Hannah.

579

01:34:01.710 --> 01:34:12.510

Tisha Deen: hi um thanks for for this, and one of the questions I have as as someone from Arkansas a lot of times there's a lot of pushback for.

580

01:34:13.200 --> 01:34:30.150

Tisha Deen: Increased regulation, and you know people controlling the free market and so i'm wondering kind of things that we may be able to anticipate or think about as we present this idea of of increased enforcement.

581

01:34:32.760 --> 01:34:37.680

Tisha Deen: From the from the government into kind of the insurance world.

582

01:34:40.560 --> 01:34:45.540

Alan Nessman - Amer Psychological (he/him): But I can start, I mean one of the things about this is that.

583

01:34:47.070 --> 01:34:49.620

Alan Nessman - Amer Psychological (he/him): This is a partly about consumer protection.

584

01:34:49.920 --> 01:35:00.570

Alan Nessman - Amer Psychological (he/him): So you have this law, which is buys necessity, and I could talk about this later, but because i'll join the light that 130 session if you'll have for the questions.

585

01:35:00.870 --> 01:35:10.560

Alan Nessman - Amer Psychological (he/him): But you have a lot of it's it's very complicated most consumers don't understand their insurance coverage how this works is complicated, and so this is a.

586

01:35:10.950 --> 01:35:19.650

Alan Nessman - Amer Psychological (he/him): situation where it's it's essential that the state and federal government really step up and protect consumers.

587

01:35:20.100 --> 01:35:26.700

Alan Nessman - Amer Psychological (he/him): In something where the average consumer just doesn't have the budget figure out what's going on what their rights are.

588

01:35:27.090 --> 01:35:41.670

Alan Nessman - Amer Psychological (he/him): And things like that and there's you know a lot of evidence that taking care of both substance use and mental health issues is better for things overall so that's that's an additional thought Scott and Tony I don't know if you wanted to add to that.

589

01:35:42.930 --> 01:35:55.530

Scott Barstow (he, him) - APA: yeah no that's that's kind of what it all boils down to right, but since we've got this basically split private, public health care system.

590

01:35:57.690 --> 01:36:04.710

Scott Barstow (he, him) - APA: it's it's not as straightforward as it might be if we had like a single payer system or something like that which we may never have but.

591

01:36:06.750 --> 01:36:13.890

Scott Barstow (he, him) - APA: it's there are many different people managing care and actually the fact the private health insurance companies.

592

01:36:15.510 --> 01:36:26.310

Scott Barstow (he, him) - APA: we're going to manage care was one of the arguments that we use in advocating for the parity law, because we would hear from opponents, or some members of Congress who were.

593

01:36:26.970 --> 01:36:33.360

Scott Barstow (he, him) - APA: Still kind of on the fence well isn't this going to dramatically increase costs if we require them to cover all this stuff.

594

01:36:34.500 --> 01:36:35.400

Scott Barstow (he, him) - APA: and

595

01:36:36.660 --> 01:36:47.820

Scott Barstow (he, him) - APA: There were years of policy work involved in making the case and demonstrating through the experience or the fellow employees health benefits program that no it wasn't.

596

01:36:49.350 --> 01:36:56.250

Scott Barstow (he, him) - APA: And when parody was enacted, one of the things that was included to make it palatable to people and help get across the finish line was.

597

01:36:57.360 --> 01:37:12.510

Scott Barstow (he, him) - APA: Language that said Okay, if you implement parity, if your health plan and you implement parity, if your costs if you can show your costs went up more than 1% you can ask for an exemption from the last requirements, the next year.

598

01:37:13.920 --> 01:37:28.080

Scott Barstow (he, him) - APA: Virtually no plans had to do that, but that argument is out there and I think the fact that costs haven't gone up that much shows that they can do this, but as on describing the constant tension is between.

599

01:37:29.160 --> 01:37:41.520

Scott Barstow (he, him) - APA: What we know plan should be doing the kind of mental health and substance use care patients need and plans interest in continuing to make money for their shareholders so.

600

01:37:43.170 --> 01:37:54.630

Scott Barstow (he, him) - APA: what's clear, though, and i'll mentioned more about this in the initial briefing is that requiring on plants to do the right thing themselves just because they want to obviously isn't a solution.

601

01:37:56.100 --> 01:38:00.090

Scott Barstow (he, him) - APA: counting on people who have a mental health or substance use disorder.

602

01:38:00.960 --> 01:38:15.690

Scott Barstow (he, him) - APA: To somehow figure out how to navigate is a dispute resolution process and that doesn't work out file a lawsuit and figure out where they need to do that, or which agency, they need to get involved with first to try and go that route that's not a reasonable solution.

603

01:38:17.130 --> 01:38:21.750

Scott Barstow (he, him) - APA: We have state insurance commissions for Commissioners for a reason.

604

01:38:22.890 --> 01:38:41.790

Scott Barstow (he, him) - APA: And the kinds of barriers that plants are using now as described are these kind of hazy kind of hard to to decipher limits, but they're real nonetheless so having someone who knows what they're looking for in one of these agencies are at the state level.

605

01:38:43.770 --> 01:38:50.280

Scott Barstow (he, him) - APA: and give giving them the tools they need and the finding authority to back that up we think is the best option.

606

01:38:53.340 --> 01:38:54.720

Scott Barstow (he, him) - APA: danna you have your hand up.

607

01:38:57.150 --> 01:39:06.480

Danna Fowble OKPsych Assn.: I do thank you Scott so i'm speaking on behalf of the old part of the overall parody issue, I think that what we found in Oklahoma.

608

01:39:06.480 --> 01:39:07.110

Frank C. Worrell: Is.

609

01:39:07.350 --> 01:39:17.580

Danna Fowble OKPsych Assn.: We were the only state that we end cms changed the physician definition several years, many years ago that our state Medical Association wrote a lot here in Oklahoma.

610

01:39:18.270 --> 01:39:22.710

Danna Fowble OKPsych Assn.: Similar to cms and excluded psychologist so over the course of the last.

611

01:39:23.160 --> 01:39:32.790

Danna Fowble OKPsych Assn.: Five years since i've been involved in APA we've been trying to fight that at the Capitol in trying to basically do exactly what that is is put us in the physician definition and I think it was.

612

01:39:33.180 --> 01:39:41.580

Danna Fowble OKPsych Assn.: Dr gillespie a couple of years ago, and with the help of APA helped us try to identify because mental health is be getting much more.

613

01:39:42.630 --> 01:39:54.330

Danna Fowble OKPsych Assn.: I guess exposure at the Capitol as a topic here at the state level that we try to start helping others advocate on our behalf, and until that switch.

614

01:39:55.380 --> 01:40:05.760

Danna Fowble OKPsych Assn.: We started changing our parody legislation, instead of physician definition to exactly that parody and why are we not having parody but, more importantly, now that.

615

01:40:06.420 --> 01:40:14.070

Danna Fowble OKPsych Assn.: There is a heightened awareness, we are finding that more and more are advocating on our behalf at the Capitol without without us having to do that so.

616

01:40:14.430 --> 01:40:24.090

Danna Fowble OKPsych Assn.: I just simply share that message, because that small messaging change was a game changer for us the capital so we've been looking at postdocs building for.

617

01:40:24.600 --> 01:40:33.030

Danna Fowble OKPsych Assn.: commercial insurance, because they can do that at medicaid we've been talking about the fact that there is physician oversight in hospitals, what a barrier that is.

618

01:40:33.390 --> 01:40:42.960

Danna Fowble OKPsych Assn.: To access to a psychologist and one of the things that we are combating or being combative with from the state Medical Association from hospitals.

619

01:40:43.320 --> 01:40:53.370

Danna Fowble OKPsych Assn.: Will dentist don't have access to patients and hospitals, so why should psychologist so I I asked that question how since we have experts on this group.

620

01:40:53.700 --> 01:41:02.730

Danna Fowble OKPsych Assn.: How would you combat that from the hospital's perspective because we've never been attacked by hospitals before at the state level in that way.

621

01:41:03.720 --> 01:41:12.720

Scott Barstow (he, him) - APA: Would to me it sounds like what you were talking about relates more to the psychological services access act and independent practices 34 psychologists.

622

01:41:13.530 --> 01:41:29.160

Scott Barstow (he, him) - APA: that's not what we're talking about here with Perry we're talking about the enforcement of the mental health care, you induction equity act on health plan practices and insurance companies and third party administrators in making it clear.

623

01:41:30.360 --> 01:41:36.660

Scott Barstow (he, him) - APA: that they are not discriminating against individuals with mental health and substance use disorders in their coverage.

624

01:41:36.840 --> 01:41:38.880

Danna Fowble OKPsych Assn.: Policies my apologies yep and again.

625

01:41:39.240 --> 01:41:44.670

Scott Barstow (he, him) - APA: that's quite right i'm glad you asked that because it does kind of get hazy sometimes.

626

01:41:44.730 --> 01:41:50.520

Danna Fowble OKPsych Assn.: So I think I think it does it does that speak back to what Dr gillespie said is if we can try to.

627

01:41:50.880 --> 01:42:04.470

Danna Fowble OKPsych Assn.: oftentimes we get caught in the weeds on all of the issues, but if we can help others try to advocate for us by giving the overall picture, so I really appreciate that that over that I guess for lack of better word that clarity.

628

01:42:05.760 --> 01:42:15.210

Antonio Puente: And Scott, before we go on to the next question, thank you to Oklahoma psychological Association for gifting us a great asset to APA Stephen gillespie.

629

01:42:16.950 --> 01:42:17.550

Scott Barstow (he, him) - APA: Here here.

630

01:42:17.940 --> 01:42:20.010

Scott Barstow (he, him) - APA: welcome your losses are again.

631

01:42:20.460 --> 01:42:21.150
Exactly.

632
01:42:22.380 --> 01:42:23.700
Scott Barstow (he, him) - APA: Barbara you had a question.

633
01:42:24.240 --> 01:42:30.930
Barbara Giardina (she, her): Yes, i'm Alan well all of you, thank you for the information on all of these various legislative.

634
01:42:32.310 --> 01:42:37.920
Barbara Giardina (she, her): Things that we want to address but Alan I appreciate the history that you gave on mental health parity.

635
01:42:38.520 --> 01:42:45.810
Barbara Giardina (she, her): And as a clinician in private practice and remembering the celebration, we had when mental health parity.

636
01:42:46.440 --> 01:42:58.650
Barbara Giardina (she, her): Past I wondered how we can have the access to information about these en que te I because I think even in my practice I think of.

637
01:42:58.950 --> 01:43:09.570
Barbara Giardina (she, her): One of the insurance companies that look like it was limiting the number of providers I happen to be in a group that was had access to that provider panel.

638
01:43:09.930 --> 01:43:22.110
Barbara Giardina (she, her): But one of the things that you said, which was, I think we joined in 1995 I know raises we even asked for raises, and so, how can we.

639
01:43:23.520 --> 01:43:40.770
Barbara Giardina (she, her): know what the data is because we can't talk to other groups about what their fee schedules are, because that would be an antitrust violation So how do we have access to this information, which would help us negotiate like knowing that physicians who are using.

640
01:43:42.390 --> 01:43:56.910
Barbara Giardina (she, her): schedules are getting increases, so I know from other parent from other advocacy work that there's data which address some of this, but how do we as users providers of mental health benefits get that information.

641

01:43:58.050 --> 01:44:01.770

Alan Nessman - Amer Psychological (he/him): So that's a a three hour answer for.

642

01:44:02.160 --> 01:44:09.270

Alan Nessman - Amer Psychological (he/him): question, let me give you the quick things, it is because of antitrust it's complicated to get for.

643

01:44:09.720 --> 01:44:22.680

Alan Nessman - Amer Psychological (he/him): us and for you on in the trenches to get that kind of information, so the main messages that's why it's important to get enforcement all this because the agencies aren't limited by the Federal and State law enforcement.

644

01:44:22.680 --> 01:44:23.100

Barbara Giardina (she, her): Agencies.

645

01:44:23.280 --> 01:44:32.970

Alan Nessman - Amer Psychological (he/him): They aren't limited by any trust and it's not just an a trust issue we have tried to get you know beta from physicians on what their fees are and it's like breaking into Fort Knox.

646

01:44:33.270 --> 01:44:40.560

Alan Nessman - Amer Psychological (he/him): it's probably for business reasons they don't want to share that so the main the main message is this is why we need the state and federal.

647

01:44:40.980 --> 01:44:48.210

Alan Nessman - Amer Psychological (he/him): Enforcement people to be able to have the resources in the key to get that information and to look at that, in the briefing sheet there's a.

648

01:44:48.630 --> 01:44:54.990

Alan Nessman - Amer Psychological (he/him): That graph that Scott put in for the element study That just shows that typically medical people are paid a lot more than medicare rates.

649

01:44:55.350 --> 01:45:05.970

Alan Nessman - Amer Psychological (he/him): and mental health and substance use is paid a lot less or a bit less so there's a disparity it's tough to get it from our perspective but that's why we need stronger enforcement teeth.

650

01:45:07.350 --> 01:45:15.450

Barbara Giardina (she, her): Here here The other thing is, I know from doing a medicaid work and they were delayed in loading the codes.

651

01:45:16.140 --> 01:45:26.130

Barbara Giardina (she, her): That I said so there's a three month period that psychologists couldn't build for testing through medicaid I said how do we get that money back.

652

01:45:26.430 --> 01:45:39.540

Barbara Giardina (she, her): And the person at the state level set like basically psychology is it worth the money that is put into psychology is it worth their effort so that supports eating the States.

653

01:45:42.960 --> 01:45:54.480

Scott Barstow (he, him) - APA: I think I think we need to unfortunately end this part of the discussion and to stay on track, but feel free to email me or ask questions in our afternoon session.

654

01:45:55.140 --> 01:45:57.750

Scott Barstow (he, him) - APA: So Tony now back to you.

655

01:45:58.140 --> 01:46:12.780

Karen Studwell- APA: Thanks everyone, yes, we will have time during the issue briefing and then after you have your state practice to answer any other unanswered questions before we do take our lunch break I did want to turn it over to Dr whirl again for a couple of special announcements Dr.

656

01:46:15.540 --> 01:46:23.760

Frank C. Worrell: Dan everyone as President, one of the things that one gets to do one of the Nice tasks, the one gets to do is to is to presidential citations.

657

01:46:24.210 --> 01:46:31.710

Frank C. Worrell: And i'd like to issue a couple of these today i'm recognizing, in fact, the former Presidents, while also on with us today.

658

01:46:32.100 --> 01:46:44.910

Frank C. Worrell: i'm in a reverse temporal order Dr Jennifer Kelly, Dr Sanders Schumann Dr rosie Philips Davis and Dr Antonio pointing I don't think I missed anybody, and I know, Dr Brian is going to be looking forward to doing her sheer next year.

659

01:46:47.190 --> 01:46:56.100

Frank C. Worrell: The first presidential citation is to Derek Phillips site ID and Sep MP MP.

660

01:46:57.300 --> 01:47:05.010

Frank C. Worrell: plays leadership and commitment, the professional psychology by expanding the training and license chefs precise prescribing psychologists.

661

01:47:05.460 --> 01:47:12.720

Frank C. Worrell: advocating for psychologists, an independent practice and strengthen the diversity of voices of early career psychologists and the American psychological association.

662

01:47:13.500 --> 01:47:19.620

Frank C. Worrell: Dr Phillips, is a licensed clinical and prescribing psychologists in the state of Illinois a licensed psychologist in Florida.

663

01:47:20.010 --> 01:47:29.640

Frank C. Worrell: A board certified medical psychologist and a clinical neuropsychologist and prescribing psychologists in the department of neurology at Sarah Bush Lincoln health Center in mattoon Illinois.

664

01:47:30.360 --> 01:47:36.030

Frank C. Worrell: As an early career psychologist Dr Phillips began his engagement and psychology leadership and government in graduate school.

665

01:47:37.140 --> 01:47:46.470

Frank C. Worrell: He earned his doctor psychology and clinical psychology with a concentration in clinical neuropsychology from the API accredited Abdullah university Chicago campus in 2015.

666

01:47:47.100 --> 01:47:57.960

Frank C. Worrell: It completed this postdoctoral master of science and clinical psychopharmacology at folly Dickinson university is a PA designated master of science and clinical psychopath pharmacology program in 2019.

667

01:47:58.380 --> 01:48:03.720

Frank C. Worrell: And then completed an 18 month prescribing psychology residency at Sarah Bush Lincoln health Center in 2021.

668

01:48:04.620 --> 01:48:13.020

Frank C. Worrell: Dr Phillips also provided the services to underserved patients as a health service psychologist in the National Health Service corps from 2019 to 2021.

669

01:48:13.890 --> 01:48:21.630

Frank C. Worrell: is tremendous service to the association include serving on the American psychological association counselor representatives, as well as on the Council quiet, I will point out.

670

01:48:22.200 --> 01:48:31.260

Frank C. Worrell: As current chair of the API Board of current Convention affairs as past President of API division 55 the Society for private prescribing psychology.

671

01:48:31.650 --> 01:48:41.490

Frank C. Worrell: A Secretary of the API division 42 psychologists in independent practice as treasurer of API divisions for the for the Society for the psychology of sexual orientation and gender diversity.

672

01:48:41.970 --> 01:48:50.610

Frank C. Worrell: And, as a member of the ap designation committee and prescribing psychology and he's also a member of the psychology political action committee advisory committee.

673

01:48:51.630 --> 01:48:55.020

Frank C. Worrell: he's equally committed to serving the professional psychology at the state level.

674

01:48:55.410 --> 01:49:03.060

Frank C. Worrell: he's President elect of the Illinois psychological Association and the Member large of the Board of Directors of the Illinois association of prescribing psychologist.

675

01:49:03.660 --> 01:49:10.740

Frank C. Worrell: is also committed to training future prescribing psychologist and he serves as the Executive Director of the aba designated master of science and clinical cycles.

676

01:49:11.070 --> 01:49:20.460

Frank C. Worrell: pharmacology program and, finally, they can see university where he's also an adjunct professor and teacher psychopharmacology in the API credit clinical psychology PhD Program.

677

01:49:21.300 --> 01:49:35.550

Frank C. Worrell: Dr Phillips makes me look tired because he's done more work in his few years as a psychologist and i've done in an entire career Dr Phillips for all of your service, it is my pleasure to recognize you with this presidential citation do you want to say a few words.

678

01:49:37.170 --> 01:49:38.100

Dr. Derek Phillips: Sure wow.

679

01:49:40.230 --> 01:49:44.100

Dr. Derek Phillips: Talk about an introduction and a surprise, Dr world.

680

01:49:45.240 --> 01:49:57.690

Dr. Derek Phillips: You know this is psychology is my passion and it's what I have you know, decided to dedicate my life to, and so you know you reading off those things.

681

01:49:58.110 --> 01:50:05.490

Dr. Derek Phillips: really just kind of solidifies the fact that this is what I want to spend my life working toward and.

682

01:50:05.970 --> 01:50:11.910

Dr. Derek Phillips: Especially all the topics that we've already talked about today with expanding access and.

683

01:50:12.240 --> 01:50:25.620

Dr. Derek Phillips: Finding the time for advocacy I think for myself i've just found it as an imperative, you know, no matter the time constraints, this is something that's personal it's professional it's political.

684

01:50:26.370 --> 01:50:42.030

Dr. Derek Phillips: It really intertwines all of the spheres of my life, and I think of all of our lives and I can't imagine doing anything else, and it brings me a lot of joy to do this work.

685

01:50:43.080 --> 01:50:54.510

Dr. Derek Phillips: And you know i'm especially grateful to be here this year, you know, although it's virtual it's still extremely impactful and doing this work is.

686

01:50:55.200 --> 01:51:08.280

Dr. Derek Phillips: really what rejuvenates me as well to do this direct advocacy work with Congress and being able to me and speak with so many of my colleagues across the country Thank you so much for this honor.

687

01:51:09.360 --> 01:51:15.390

Dr. Derek Phillips: very, very surprised and humbled and just thank you all for the support over the years.

688

01:51:16.140 --> 01:51:22.770

Frank C. Worrell: Thank you, Dr Phillips, for all of you all that you do know that you will continue to do all that you have done let's give him a round of applause.

689

01:51:26.550 --> 01:51:36.480

Frank C. Worrell: And i'll do one more the second presidential citation today is presented to Dr Martin peer for his leadership scholarship and commitment to advancing health equity.

690

01:51:36.810 --> 01:51:44.910

Frank C. Worrell: increasing access to culturally competent psychological services to underserved youth families and communities, reducing mental health stigma for communities of color.

691

01:51:45.390 --> 01:51:52.320

Frank C. Worrell: and creating inclusive environments to attract psychologists of color to the profession, as a fellow immigrant from Trinidad and Tobago.

692

01:51:52.770 --> 01:51:57.660

Frank C. Worrell: Dr P i'm quite proud of you does appear came to the United States as a teenager and lived in brooklyn New York.

693

01:51:58.230 --> 01:52:04.860

Frank C. Worrell: After high school he attended Boston college was interested in psychology and the unique mental health issues faced by people of color began to take shape.

694

01:52:05.490 --> 01:52:13.380

Frank C. Worrell: After meeting Dr Martin langley or black psychologists unless the College he could see a place for himself in academia and enrolled in a master's degree program in counseling psychology.

695

01:52:13.980 --> 01:52:27.930

Frank C. Worrell: he completed his doctoral degree at Boston college and it's pre doctoral internship at the Center for multicultural counseling at Boston medical Center you also completed postdoctoral fellowships at Solomon cart full of mental health Center and the Boston consulting in clinical psychology.

696

01:52:29.130 --> 01:52:35.970

Frank C. Worrell: Dr P has also worked for a faith based organization provides services to youth and the Boston public schools and the division of youth services.

697

01:52:36.300 --> 01:52:43.590

Frank C. Worrell: In public schools, he saw how often the behaviors of at risk and higher risk young men were misinterpreted by white administrators and counselors.

698

01:52:44.310 --> 01:52:53.070

Frank C. Worrell: As research and practice or the dedicated to serving the underserved including to examine the relationship between racial identity and psychological stress particularly for men of color.

699

01:52:54.090 --> 01:53:01.770

Frank C. Worrell: To access to expand access to country competence services, he co founded the astronaut counseling Center in boston's dorchester neighborhood.

700

01:53:02.040 --> 01:53:06.480

Frank C. Worrell: which focuses on underserved adolescents adults and families or primarily people of color.

701

01:53:06.960 --> 01:53:14.010

Frank C. Worrell: Dr P also works as a staff psychologist at Brandeis university, where he coordinates the multicultural committee at Brandeis counseling Center.

702

01:53:14.490 --> 01:53:23.670

Frank C. Worrell: In addition, he provides consultation clinical services cultural competency and trauma training to the juvenile courts Boston public schools and Community agencies.

703

01:53:24.120 --> 01:53:33.690

Frank C. Worrell: As the first black president of the Massachusetts psychological association MPA aims to break down stigma for underserved communities and be an instrument of change within organizations.

704

01:53:34.020 --> 01:53:40.260

Frank C. Worrell: You six to create environments and conditions that are inclusive and attract all identities that the State psychological association.

705

01:53:40.710 --> 01:53:44.430

Frank C. Worrell: You also formed the culture MPs committee and ethnic minority fears.

706

01:53:45.030 --> 01:53:56.460

Frank C. Worrell: Dr peer also incorporates his faith into his mission to reach underserved youth serving on the board of the Boston 10 point coalition with six to help reduce violence both physical and verbal within the black community.

707

01:53:56.940 --> 01:54:06.150

Frank C. Worrell: By building meaningful relationships and providing mentoring for the risk youth and connecting and rebuilding the lives of us have been incarcerated and cce additional stigma from society.

708

01:54:06.870 --> 01:54:13.440

Frank C. Worrell: Dr peer for all of your service stop profession and your community is, it is my honor to present you with this presidential citation.

709

01:54:14.940 --> 01:54:18.750

Martin Pierre: Oh, my God I I am so humbled honored.

710

01:54:20.430 --> 01:54:22.050

Martin Pierre: For this, for this citation.

711

01:54:24.360 --> 01:54:30.900

Martin Pierre: It is experience like these that really affirm and validate what I do, and why I got into this profession.

712

01:54:32.010 --> 01:54:43.860

Martin Pierre: I recognize that I, I stand on the shoulders of giants my ancestors those who paved the way those who have come before me and the giants of my APA family.

713

01:54:45.270 --> 01:54:59.100

Martin Pierre: those individuals who are members of my board for the messages of psychological association, because I am because we are because we are, I am and I and i'm eternally grateful for each one of you.

714

01:55:00.480 --> 01:55:01.560

Martin Pierre: You know, coming from.

715

01:55:02.580 --> 01:55:05.640

Martin Pierre: Trinidad and immigrated to brooklyn New York.

716

01:55:07.050 --> 01:55:15.750

Martin Pierre: growing up in an urban environment riddled with violence, I didn't recognize my human possibility, and so it was.

717

01:55:16.980 --> 01:55:25.200

Martin Pierre: turned into psychology as a way of liberating the mind, so people of color I saw it as a way out of the.

718

01:55:25.950 --> 01:55:38.730

Martin Pierre: Urban Environment but a lot of my friends didn't didn't make it in in Bedford stuyvesant, and so I developed a conceptual framework for understanding the lives that black males have the travail.

719

01:55:40.050 --> 01:55:50.850

Martin Pierre: And the myths of chronic violence and a stigma death that's associated with helps you can behavior, and so I thank them for protecting me.

720

01:55:51.960 --> 01:55:52.890

Martin Pierre: And so many.

721

01:55:54.120 --> 01:56:03.840

Martin Pierre: cases but I didn't know that I was being protected, then when I could could have been caught up and violence and drug addiction and so forth, they.

722

01:56:04.590 --> 01:56:16.860

Martin Pierre: Protected me because they saw something in me and which I didn't necessarily see myself, and so I am paying it forward i'm committed committed to creating a pipeline, not just for.

723

01:56:18.060 --> 01:56:23.730

Martin Pierre: For feature psychology of color but but, but specifically for male psychologists of color.

724

01:56:24.300 --> 01:56:35.550

Martin Pierre: so that we could continue to do the work and liberating and freeing the minds and saving lives of people of color and making a difference and all people live, so thank.

725

01:56:36.120 --> 01:56:48.210

Martin Pierre: APA for honoring me, I thank you for firm and me, and I thank you for allowing me to gain the leadership experiences necessary to make a difference, so thank you.

726

01:56:49.710 --> 01:56:52.380

Frank C. Worrell: Thank you let's give a round of applause.

727

01:56:53.790 --> 01:56:55.350

Karen Studwell- APA: Thank you can.

728

01:56:56.850 --> 01:56:59.880

Frank C. Worrell: turn it back over to Ken and you to lunch, I also want to.

729

01:57:00.390 --> 01:57:07.080

Frank C. Worrell: acknowledge, I think, Dr pat delay on another former president is here, who I did not mention the patterns here incognito so.

730

01:57:08.130 --> 01:57:10.920

Frank C. Worrell: we're noticing that you are here to thank you, thank.

731

01:57:11.160 --> 01:57:20.940

Karen Studwell- APA: You frank, thank you, everybody so as we head into our break, I just wanted to remind you that will be coming back here at 130 so i'm feel free to.

732

01:57:21.660 --> 01:57:30.150

Karen Studwell- APA: log out or just mute and stop your videos for for 35 minutes and, hopefully, you have a little time to take a little respite get a little walk so thank you everybody.

733

01:57:30.660 --> 01:57:42.360

Frank C. Worrell: say my old, but I do have on my contact lenses today I missed off the James Brown, who is also an EPA past President and I just wanted to give a shout out to him, so thank you.

734

01:57:43.230 --> 01:57:46.320

Karen Studwell- APA: Thank you alright so.

735

01:57:47.640 --> 01:57:49.950

Karen Studwell- APA: It is now 130 Eastern time.

736

01:57:50.970 --> 01:57:54.480

Karen Studwell- APA: So it's my pleasure to introduce our issue briefing panel.

737

01:57:56.100 --> 01:58:04.830

Karen Studwell- APA: oops that's wrong panel so i'm going to welcome three of our senior directors of Congressional and federal relations to provide your issue briefing.

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01:58:05.070 --> 01:58:10.290

Karen Studwell- APA: Including Scott who's making a return appearance, along with Alex Ginsberg and serena davila.

739

01:58:10.770 --> 01:58:20.970

Karen Studwell- APA: Who both cover issues related to integrated care diversifying the psychology workforce and health equity for underserved populations, including older adults and native American populations.

740

01:58:21.480 --> 01:58:30.240

Karen Studwell- APA: They will be providing you the overview of all the legislative requests you'll be discussing tomorrow, as well as able to answer some of those other lingering questions you may have.

741

01:58:30.780 --> 01:58:37.950

Karen Studwell- APA: So feel free to post those in the chat as they're going through the materials, so I think that it turned it over to Alex at this point.

742

01:58:39.960 --> 01:58:40.110

Karen Studwell- APA: we're.

743

01:58:41.760 --> 01:58:43.440

Alix Ginsberg, APA: Turning it over to me that's just fine.

744

01:58:44.370 --> 01:58:45.660

Karen Studwell- APA: i'm okay.

745

01:58:46.260 --> 01:58:52.650

Alix Ginsberg, APA: Thank you, Andrew for starting our slides afternoon everyone again hope everybody enjoyed that very quick lunch.

746

01:58:53.310 --> 01:58:58.680

Alix Ginsberg, APA: My name is Alex Ginsburg i'm again what's a senior director of Congressional and federal relations at EPA.

747

01:58:59.070 --> 01:59:07.800

Alix Ginsberg, APA: so happy to be here with you all today i'm here today with my colleague serena and Scott and we're going to be doing a deep dive into the issues that you'll be advocating on tomorrow.

748

01:59:08.610 --> 01:59:17.940

Alix Ginsberg, APA: for getting started, I just want to share one very exciting update, which is the psychology pack big thank you to Scott sperling earlier for issuing that amazing challenge.

749

01:59:18.420 --> 01:59:26.790

Alix Ginsberg, APA: Since then we've raised \$3,184 which is incredible because it's only been a very it's only been a few hours, so that's incredible.

750

01:59:27.150 --> 01:59:38.610

Alix Ginsberg, APA: If you haven't contributed already it's not too late, so please keep it going it's a really important year because it's a midterm election year, so thank you everybody who has made a contribution, and if you haven't yet please consider to do so.

751

01:59:40.290 --> 01:59:46.770

Alix Ginsberg, APA: Just a quick note, just to please for the session put any questions that you have into the chat box, which is going to be monitored by Karen.

752

01:59:47.580 --> 01:59:54.330

Alix Ginsberg, APA: we're going to be moving through a lot of information today relatively quickly, but as a reminder, this is not the only time that you'll be able to ask us questions.

753

01:59:54.570 --> 02:00:06.510

Alix Ginsberg, APA: we'll have another Q amp a session from 442 5pm Eastern this afternoon, so if your questions are not answered during the session or throughout the day feel free to pop in then next slide please Andrew.

754

02:00:08.850 --> 02:00:15.060

Alix Ginsberg, APA: Okay, so let's dive into our legislative request for the summit, again, all of this information can be found on APS actions on our page.

755

02:00:15.450 --> 02:00:20.820

Alix Ginsberg, APA: We have three legislative requests for this summit, the first two are related to work for us and the last is related to Perry.

756

02:00:21.150 --> 02:00:26.010

Alix Ginsberg, APA: I know that Scott, provided a little bit of an overview of this information earlier but just to summarize.

757

02:00:26.370 --> 02:00:33.570

Alix Ginsberg, APA: Our first legislative request is to support increased fyi 23 appropriations for the graduate psychology education program or GP.

758

02:00:34.140 --> 02:00:43.230

Alix Ginsberg, APA: As well as the minority fellowship program or MSP so if you've participated with us last year, this is the same type of robust, these are long term long time APA priorities.

759

02:00:43.650 --> 02:00:54.240

Alix Ginsberg, APA: that we need to ask for funding for each year, we have one addition to that request this year, which is that we're also asking Congress to reauthorize GP and MSP serena's going to go into that request later.

760

02:00:54.900 --> 02:01:04.320

Alix Ginsberg, APA: Our second request is also a workforce request which is you're asking Congress to support reimbursement for psychology interns and residents for supervised services provided medicare.

761

02:01:05.100 --> 02:01:10.110

Alix Ginsberg, APA: And finally, our third request is related to parody and Scott is going to be going over that request for you.

762

02:01:11.160 --> 02:01:12.210

Alix Ginsberg, APA: Next slide please Andrew.

763

02:01:13.320 --> 02:01:21.150

Alix Ginsberg, APA: So let's get into our first legislative request, which is to support 30 million for GP and 25 million for MSP and for 23 appropriations.

764

02:01:21.450 --> 02:01:26.580

Alix Ginsberg, APA: As well as to support the reauthorization of GP and MFA, so this is really a two part request.

765

02:01:26.910 --> 02:01:36.510

Alix Ginsberg, APA: we're going to dig more into these programs, but just to give you all a very high level perspective of GP and MSP both our psychology workforce programs funded by the Federal Government.

766

02:01:37.110 --> 02:01:42.360

Alix Ginsberg, APA: In general, both seek to address a few problems which we're currently seeing in the psychology workforce, which is that.

767

02:01:42.600 --> 02:01:53.580

Alix Ginsberg, APA: The distribution of psychologists is uneven across the US there's a shortage of psychologists that's projected to grow and the psychology workforces less diverse and other doctorate holders and the US population.

768

02:01:54.870 --> 02:01:55.860

Alix Ginsberg, APA: Next slide please Andrew.

769

02:01:57.900 --> 02:02:07.740

Alix Ginsberg, APA: So we're going to be making a appropriations request for these two programs to Congress, before going into those requests we just wanted to answer the question what is an appropriations request.

770

02:02:08.160 --> 02:02:17.580

Alix Ginsberg, APA: that's just a technical way of saying a funding request for to Congress, it relates back to one of congress's most important important constitutional duties, which is our.

771

02:02:17.820 --> 02:02:26.280

Alix Ginsberg, APA: purse that's the annual allocation of money for federal programs running everything from national Defense to interstate roads and bridges to food assistance to.

772

02:02:26.280 --> 02:02:35.490

Alix Ginsberg, APA: Support for health professionals, including psychologists so we're going to be asking Congress to support appropriations or funding for GB and MSP next slide is Andrew.

773

02:02:36.930 --> 02:02:47.160

Alix Ginsberg, APA: So let's learn a little bit more about these programs we're going to start now with GP GP is the nation's primary federal program dedicated to the inner professional education and training of doctoral level psychologists.

774

02:02:47.490 --> 02:02:51.900

Alix Ginsberg, APA: it's administered by herself, the health resources and services, services administration.

775

02:02:52.380 --> 02:02:59.520

Alix Ginsberg, APA: And what it does, is it provides grants to accredited doctoral internship and postdoctoral training programs, to support the training of doctoral students.

776

02:02:59.850 --> 02:03:06.300

Alix Ginsberg, APA: and expand access to mental and behavioral health services for vulnerable and underserved populations and rural and urban communities.

777

02:03:06.870 --> 02:03:18.420

Alix Ginsberg, APA: So, consider it, we consider it really a two for one type of federal activity it's supporting the inner professional training of doctoral students, while expanding access to mental and behavioral health services for underserved populations next slide please.

778

02:03:21.780 --> 02:03:28.170

Serena Davila- APA: Great so now i'm just going to say a few words about the minority fellowship program also referred to as MSP.

779

02:03:28.710 --> 02:03:39.690

Serena Davila- APA: The program is administered by samhsa and provides grants to associations that represent mental and behavioral health providers APA is one of seven grantees to receive the funding.

780

02:03:40.470 --> 02:03:51.690

Serena Davila- APA: And the purpose of nfp is to improve behavioral health care outcomes for underserved populations APA aims to do this by increasing the number of psychologists for communities of color.

781

02:03:52.590 --> 02:04:03.330

Serena Davila- APA: The program supports the training mentoring and career development of psychologists and other mental health professionals to provide culturally competent mental health services to diverse populations.

782

02:04:04.350 --> 02:04:12.690

Serena Davila- APA: And as you can see, here we just wanted to also mention as an example of there have been a lot of very many excuse me, a lot of men.

783

02:04:13.260 --> 02:04:24.360

Serena Davila- APA: Past fellows that have been very successful and part of that is due to the program one of those as you see here on the slide is Dr Miriam delfin written who's an Assistant Secretary of hhs another is.

784

02:04:24.840 --> 02:04:35.760

Serena Davila- APA: Representative Judy Chu from California so we've had quite a few go through the program that have really gone on to do great things and I know there were a couple people on the call today that have been minority fellows as well.

785

02:04:36.900 --> 02:04:56.100

Serena Davila- APA: Since 1974 the APA nfp has helped to support the training of 2256 psychology fellows and we do work as we'll get into a little more in detail, we do work closely with other the other associations that have these minority fellowship program so that also helps us in our advocacy.

786

02:04:57.240 --> 02:05:09.960

Serena Davila- APA: And as you can see, on the right part of the slide the mission nfp is to improve the well being of people of color and, finally, there are currently 119 APA MSP fellows that will be supported for 2022.

787

02:05:11.100 --> 02:05:11.550

Serena Davila- APA: Excellent.

788

02:05:14.040 --> 02:05:21.960

Alix Ginsberg, APA: Great so let's dig into this first part of this legislative request here again we're requesting 30 million for MSP and 25 million for MSP next slide under.

789

02:05:24.150 --> 02:05:32.850

Alix Ginsberg, APA: These programs have long been a priorities for APA In fact we advocated for increased funding for these programs at our summit last year, many of you who.

790

02:05:33.300 --> 02:05:43.560

Alix Ginsberg, APA: participated might be wondering what the outcome of that advocacy was while, in the final FY22 appropriations bill so we're currently in FY22 these are, this is the card funding for these programs.

791

02:05:44.310 --> 02:05:54.540

Alix Ginsberg, APA: JP was funded at 20 million and MSP was funded at 16.2 million so JP he received a million dollar increase and MSP received flat funding or no increase.

792

02:05:54.960 --> 02:06:04.650

Alix Ginsberg, APA: Please note that there's no reason to be discouraged about flat funding for MSP it's actually a great talking point that you can build into your meetings, particularly if you met with the same offices last year.

793

02:06:04.980 --> 02:06:09.000

Alix Ginsberg, APA: Something like we met with your office last year to discuss appropriations for these programs.

794

02:06:09.480 --> 02:06:19.470

Alix Ginsberg, APA: we're very grateful to see a \$1 million increase for GP but we were disappointed to see flat funding for MSP we're back again this year to remind you of the importance of these programs something like that.

795

02:06:20.880 --> 02:06:22.920

Alix Ginsberg, APA: Next next next slide please.

796

02:06:24.480 --> 02:06:30.030

Alix Ginsberg, APA: So, in order to submit and appropriations request most most offices fill request that you fill out a form.

797

02:06:30.360 --> 02:06:35.790

Alix Ginsberg, APA: i'm going to turn out to some information that's going to be most relevant for our federal advocacy coordinators are FA CT.

798

02:06:36.300 --> 02:06:40.320

Alix Ginsberg, APA: or, in some cases edis if you do not have an fec participating in the summit.

799

02:06:40.620 --> 02:06:48.540

Alix Ginsberg, APA: Again, our federal advocacy coordinators are grassroots leaders, these are people participating from your delegation who have experienced with advocacy and are going to help.

800

02:06:48.780 --> 02:06:54.600

Alix Ginsberg, APA: choreograph these meetings, a little bit for you to make sure all the talking points are incorporated and to make sure everything runs smoothly.

801

02:06:54.900 --> 02:07:04.950

Alix Ginsberg, APA: So our bases and R eds if you don't have an fec participating you're going to be taking the lead on making sure appropriations forms get submitted for your delegation, either by yourself, or if you have a large delegation.

802

02:07:05.130 --> 02:07:08.490

Alix Ginsberg, APA: you're going to be responsible for breaking up the work among participants from your state.

803

02:07:08.970 --> 02:07:14.190

Alix Ginsberg, APA: One thing to note is that we are only submitting appropriations forms for GP to Congressional offices.

804

02:07:14.610 --> 02:07:21.180

Alix Ginsberg, APA: serena just mentioned that we work in code we work with coalition partners for MSP so it's actually like that coalition's that's going to be submitting.

805

02:07:21.840 --> 02:07:32.400

Alix Ginsberg, APA: The appropriations request forums for MSP also many of you have an APA lobbyist attending your meetings, those people are going to be a great resource, if you have any questions about these forums, you can always reach out to me to.

806

02:07:33.000 --> 02:07:37.410

Alix Ginsberg, APA: The main place that you should look on next next slide Andrew is our actions that are, though.

807

02:07:38.460 --> 02:07:44.850

Alix Ginsberg, APA: This is the main place that you're going to find most of these resources that we've created this year that's different than last year to help you fill out these forms.

808

02:07:45.180 --> 02:07:52.140

Alix Ginsberg, APA: This is going to include a hyperlink to a page that includes all the information you'll need to fill out these forms, as well as a list of the offices, who have our.

809

02:07:52.500 --> 02:07:56.010

Alix Ginsberg, APA: API has already submitted appropriations form to four GB.

810

02:07:56.460 --> 02:08:02.850

Alix Ginsberg, APA: turns out that many of these offices actually had very early very early deadline so we went ahead and submitted some forms already.

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02:08:03.120 --> 02:08:16.320

Alix Ginsberg, APA: If we've already submitted a request form for GP for you, because of an early deadline, then you are off the hook you don't need to submit another request form and now i'm going to turn it back to serena to is going to talk about the second part of this request, which is reauthorization.

812

02:08:18.000 --> 02:08:19.620

Serena Davila- APA: Great next slide please Andrew.

813

02:08:21.390 --> 02:08:27.750

Serena Davila- APA: Okay, great as Alex mentioned will turn now to the reauthorization of GP and MSP next slide.

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02:08:30.900 --> 02:08:37.920

Serena Davila- APA: All right, so what's the problem so with with the reauthorization so both of these programs were last last authorized in 2016.

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02:08:38.430 --> 02:08:51.330

Serena Davila- APA: And they're slated to end or to expire at the end of this this year, so the end of 2022 if we don't renew them so usually programs are our needs to be authorized in in.

816

02:08:51.720 --> 02:08:59.910

Serena Davila- APA: In order to receive appropriations or to receive funding so typically that's where the appropriations, the funding comes from and in the law.

817

02:09:00.360 --> 02:09:11.340

Serena Davila- APA: And if the programs expire, it might be more challenging or difficult to get further to get increases in appropriations program and sometimes offices were asking where the program is authorized.

818

02:09:12.540 --> 02:09:21.420

Serena Davila- APA: Usually programs or programs are authorized every five to seven years so So these are both pretty much right on track in terms of when when they're expiring.

819

02:09:22.740 --> 02:09:30.990

Serena Davila- APA: And we are asking Congress to reauthorize these and procon important programs as part of the final mental health package and, just as a note.

820

02:09:31.590 --> 02:09:42.510

Serena Davila- APA: MSP could also be finalized it or sorry, it could also reauthorize in an individual standalone bill with congresswoman Watson Coleman so that that is another possibility as well.

821

02:09:43.560 --> 02:09:44.370

Serena Davila- APA: Next slide please.

822

02:09:47.400 --> 02:09:58.890

Serena Davila- APA: So why should Congress reauthorized these programs well first, of course, there's a need to increase the number of culturally competent psychologists and underserved communities as we've been talking about really most of the day.

823

02:09:59.220 --> 02:10:06.720

Serena Davila- APA: And I know you all are aware of that and, of course, since coven the demand has risen for psychologists, especially in underserved areas.

824

02:10:07.080 --> 02:10:14.490

Serena Davila- APA: And we also just wanted to underscore here about the reauthorization that both of these programs have been established and have been in place for a long time.

825

02:10:15.210 --> 02:10:23.220

Serena Davila- APA: So a lot of these other a lot of other programs that are authorized, a lot of times they don't even get appropriate appropriated or appropriations funding.

826

02:10:24.060 --> 02:10:39.900

Serena Davila- APA: So it is important that there would be a real loss, a real a real void if they don't get reauthorized and then, finally, just to underscore again is Alex just mentioned refer to the action Center for some sample talking points for the reauthorization as well turn it back over to Alex.

827

02:10:42.390 --> 02:10:57.510

Alix Ginsberg, APA: Thanks arena okay so we're going to move on to our second legislative request, which is also a workforce request workforce request, and that is telling Congress to support reimbursement for psychology interns and residents for supervise services provided and medicare next slide please.

828

02:10:59.280 --> 02:11:05.280

Alix Ginsberg, APA: It may seem a little bit silly but, before moving on we just want to make sure that we're all on the same page in terms of terminology.

829

02:11:05.670 --> 02:11:15.870

Alix Ginsberg, APA: I think everyone is probably on the same page about doctoral interns which refers to doctoral psychology students in their final year of study, who must complete a one year internship before being awarded a doctoral degree.

830

02:11:16.380 --> 02:11:22.170

Alix Ginsberg, APA: residences the term we're using to refer to postdoctoral fellows postdocs or sometimes they're just referred to as fellows.

831

02:11:22.590 --> 02:11:31.170

Alix Ginsberg, APA: Different from interns these are individuals who have already received their doctoral degree in psychology and they're engaged in some kind of post degree, training, working towards becoming licensed to practice.

832

02:11:31.560 --> 02:11:39.000

Alix Ginsberg, APA: So both the interns and residents as part of this stage in their training are providing some kind of supervised services under the supervision of a licensed psychologist.

833

02:11:39.750 --> 02:11:45.330

Alix Ginsberg, APA: We understand that the use of these terms differs widely in the field, you might use these terms differently yourself.

834

02:11:45.780 --> 02:11:51.180

Alix Ginsberg, APA: we've chosen these terms, primarily because of our audience and that audience is Congress and their staff.

835

02:11:51.720 --> 02:12:03.870

Alix Ginsberg, APA: In order to garner a you know some support for a policy it's best to try to speak the language to some degree, this includes using terms and concepts are most familiar with That being said, it's most certainly the case that.

836

02:12:04.890 --> 02:12:11.790

Alix Ginsberg, APA: Many of these offices do not know what the training pipeline looks like for psychology they may not know what the difference between a psychologist and psychiatrist.

837

02:12:12.270 --> 02:12:19.980

Alix Ginsberg, APA: or psychologist and a social worker, so I would recommend spending, just a few minutes during your meeting perhaps at the beginning, just reviewing that process to provide context.

838

02:12:20.700 --> 02:12:29.760

Alix Ginsberg, APA: So this legislative request next slide Andrew please this legislative request deals with a policy issue within medicare many of you who have participated and advocacy within API.

839

02:12:30.030 --> 02:12:36.030

Alix Ginsberg, APA: already know the importance of addressing policy issues within medicare but for our new participants i'll just briefly summarize.

840

02:12:36.390 --> 02:12:43.770

Alix Ginsberg, APA: medicare is the nation's largest health insurance provider, which primarily serves older adults, so the 65 plus population and individuals disabilities.

841

02:12:44.250 --> 02:12:50.520

Alix Ginsberg, APA: We know that from a health equity standpoint, ensuring that these populations of equitable to high access, quality services is imperative.

842

02:12:51.150 --> 02:12:56.310

Alix Ginsberg, APA: In addition to the population, it serves the other reason medicare is so important is because, as a baseline.

843

02:12:56.640 --> 02:13:01.830

Alix Ginsberg, APA: federal medicare policy often has a trickle down effect to other payers, including medicaid and private insurance.

844

02:13:02.250 --> 02:13:09.840

Alix Ginsberg, APA: The biggest example of this with reimbursed is with reimbursement rates which the centers for medicare and medicaid services cms that's every year.

845

02:13:10.500 --> 02:13:16.410

Alix Ginsberg, APA: Many of you who have been involved with a PA before noticing knows this encompasses a huge portion of our advocacy this year.

846

02:13:16.980 --> 02:13:24.060

Alix Ginsberg, APA: But it's not just the rate cms sets the standard for it's the reimbursement for these services altogether next slide please Andrew.

847

02:13:24.570 --> 02:13:31.080

Alix Ginsberg, APA: So what's the problem here, supervised services provided by psychology interns and residents are not reimburse herbal and medicare.

848

02:13:31.560 --> 02:13:39.630

Alix Ginsberg, APA: So this policy makes it difficult to do three three things here first this policy makes it difficult to ensure psychology training programs can stay afloat financially.

849

02:13:40.140 --> 02:13:50.670

Alix Ginsberg, APA: These relate back to some of the issues that Dr sanjay spoke about earlier but just for a bit of context well medical trainees are funded by something called gmat or graduate medical education, again, these are medical trainees.

850

02:13:51.450 --> 02:14:01.020

Alix Ginsberg, APA: Which is a multi billion dollar program psychology doctoral psychology training programs are on their own primarily when it comes to finding financial support for interns and residents.

851

02:14:01.260 --> 02:14:09.150

Alix Ginsberg, APA: Funding for these positions usually come end up coming from their institution hospital or university but funding can be very unstable year to year.

852

02:14:10.080 --> 02:14:19.230

Alix Ginsberg, APA: Second, as a result, this policy makes it challenging to build a psychology workforce trained to deliver evidence based mental and behavioral health services to individuals and communities that need them.

853

02:14:19.920 --> 02:14:28.140

Alix Ginsberg, APA: And finally, this policy decreases the likelihood that trainees will participate and medicare when fully licensed because there's so few of these opportunities that exists currently.

854

02:14:28.590 --> 02:14:40.260

Alix Ginsberg, APA: it's well known how rapidly the 65 plus population is growing in this country, so we should be doing everything we can to incentivize the training and participation and medicare for lay the policy does the exact opposite.

855

02:14:41.580 --> 02:14:51.810

Alix Ginsberg, APA: We do want to know one step in the right direction One positive step, which is that 24 state medicaid programs have recognized the value in reimbursing psychology interns and residents for services.

856

02:14:52.230 --> 02:14:59.670

Alix Ginsberg, APA: Please keep in mind that this is a very patchwork solution as different state medicaid programs and pose different limitations on coverage for these services.

857

02:15:00.090 --> 02:15:13.320

Alix Ginsberg, APA: You can find out more about this in the Q amp a section under this issue on the action Center but the argument here is that cms already permits programs to cover these services by psychology interns and residents in half the states in medicaid.

858

02:15:14.190 --> 02:15:18.810

Alix Ginsberg, APA: So why should Congress support this proposal, most important that's, the most important question isn't it.

859

02:15:19.590 --> 02:15:26.220

Alix Ginsberg, APA: Well, as we all know, the code 19 pandemic has spotlighted the long overdue need for better access to mental and behavioral health services.

860

02:15:26.970 --> 02:15:32.730

Alix Ginsberg, APA: dressing the long term, mental and behavioral health impact of the pandemic requires a sustainable pipeline of providers.

861

02:15:33.210 --> 02:15:36.480

Alix Ginsberg, APA: psychology training programs need this help in order to expand their programs.

862

02:15:36.930 --> 02:15:47.040

Alix Ginsberg, APA: And finally medicare coverage policies influence coverage policies and other forms of health insurance so addressing this issue within medicare will be a foundational step needed to expand coverage for the services elsewhere.

863

02:15:47.970 --> 02:15:53.100

Alix Ginsberg, APA: I think i'm turning it over to Scott now who's going to discuss our third legislative request regarding parody.

864

02:15:54.240 --> 02:16:00.870

Scott Barstow (he, him) - APA: Thank you Alex so as we started talking about this morning, or this afternoon, I should say.

865

02:16:02.010 --> 02:16:08.370

Scott Barstow (he, him) - APA: We have two requests on parity The first one is the Co sponsor the party implementation assistance to act.

866

02:16:08.820 --> 02:16:23.310

Scott Barstow (he, him) - APA: which would be fought state insurance enforcement of very requirements and the second one is authorized the federal department of Labor to have much stronger enforcement authority at the federal level next slide please.

867

02:16:25.350 --> 02:16:32.550

Scott Barstow (he, him) - APA: So both of these build on reporting requirements that Congress put in place at the end of 2020.

868

02:16:33.390 --> 02:16:43.050

Scott Barstow (he, him) - APA: Ellen did an excellent job of describing what enforcement looks like and how difficult that can be when the issue at hand is non quantitative treatment limits.

869

02:16:43.770 --> 02:16:57.360

Scott Barstow (he, him) - APA: Congress recognize that and that we were still very far away from Congressional attention passing the parity act back in 2008 so at the end of the year, and one of the appropriations Act, the consolidated appropriations act or CAA.

870

02:16:58.380 --> 02:16:58.950

Scott Barstow (he, him) - APA: As its.

871

02:16:59.970 --> 02:17:01.410

Scott Barstow (he, him) - APA: described as an acronym.

872

02:17:02.610 --> 02:17:09.420

Scott Barstow (he, him) - APA: That language and acted in that that act requires health plans and ensures to document.

873

02:17:10.320 --> 02:17:17.370

Scott Barstow (he, him) - APA: How they're using non quantitative treatment limits for mental health and substance use disorders and for general medical surgical services.

874

02:17:17.850 --> 02:17:37.230

Scott Barstow (he, him) - APA: And do a comparative analysis of those and through that process show both for themselves and anyone else, that they are meeting parity requirements, and they have to provide those analyses on request to state and federal agencies next slide please.

875

02:17:40.590 --> 02:17:42.930

Scott Barstow (he, him) - APA: And so it actually go back one.

876

02:17:44.910 --> 02:17:45.690

Scott Barstow (he, him) - APA: So.

877

02:17:46.860 --> 02:18:00.240

Scott Barstow (he, him) - APA: Just this last January, the Department of Labor and health and human services and treasury issued a joint report to Congress on appeal enforcement and a health care unit should actually act and enforcement.

878

02:18:01.110 --> 02:18:10.020

Scott Barstow (he, him) - APA: Looking at what compliance with those CA comparative analysis requirements looked like and it looked really bad.

879

02:18:11.520 --> 02:18:24.750

Scott Barstow (he, him) - APA: deal well focus in their work on pre authorization requirements for Inpatient services concurrent review for coverage of services, out of network provider reimbursement rates which we talked about earlier.

880

02:18:25.410 --> 02:18:29.880

Scott Barstow (he, him) - APA: And provider network admission criteria and reimbursement rates, which we also talked about earlier.

881

02:18:31.710 --> 02:18:42.000

Scott Barstow (he, him) - APA: deal well issue 156 letters to plans asking for their competitive analyses, none of them contain sufficient information they were all insufficient.

882

02:18:42.990 --> 02:18:53.430

Scott Barstow (he, him) - APA: do well followed up and obtained more information from the plan to try and you know, come up with enough data to actually do a comparative analysis.

883

02:18:53.940 --> 02:19:05.580

Scott Barstow (he, him) - APA: All the initial determinations do well made were that the plans were out of compliance so to reporting requirements are there they've been there for more than year plans aren't complying next slide please.

884

02:19:08.490 --> 02:19:15.420

Scott Barstow (he, him) - APA: And at the end of report because of their experience do well said Look, we need enforcement authority.

885

02:19:16.650 --> 02:19:25.350

Scott Barstow (he, him) - APA: authority for do well to assess this is a quote from report authority for deal well to assess civil monetary penalties for parity violations has the potential to greatly strengthen.

886

02:19:25.830 --> 02:19:29.130

Scott Barstow (he, him) - APA: The protections of the mental health parity in addiction equity act.

887

02:19:29.820 --> 02:19:38.700

Scott Barstow (he, him) - APA: In the absence of the authority to impose to a monetary kind of least do wells limited instability, to ensure appropriate corrective action in response to findings of non compliance.

888

02:19:39.660 --> 02:19:54.600

Scott Barstow (he, him) - APA: This is not the first time that department of Labor has asked for this both the Obama and trump administration's express support for giving the Department of Labor to the authority to assess penalties form appear violations next slide please.

889

02:19:57.330 --> 02:19:58.590

Scott Barstow (he, him) - APA: And I.

890

02:19:59.730 --> 02:20:00.300

Scott Barstow (he, him) - APA: wouldn't have.

891

02:20:01.770 --> 02:20:07.770

Scott Barstow (he, him) - APA: predicted that I would be quoting Chris Christie you know one or two years ago to you today but.

892

02:20:09.240 --> 02:20:22.080

Scott Barstow (he, him) - APA: This is a quote from the cover letter that he included in the trump administration's President Commission on combating drug addiction, the opioid crisis, the final report today issue.

893

02:20:22.980 --> 02:20:33.360

Scott Barstow (he, him) - APA: And as former governor Christie wrote the health insurers are not following the federal law requiring purity and the reimbursement and mental health and addiction, they must be held responsible.

894

02:20:34.080 --> 02:20:47.520

Scott Barstow (he, him) - APA: If we do not get Congress to give department of Labor ability to find violators we will be failing our mission as badly as health insurance companies are failing their subscribers on this issue today, leading to deaths.

895

02:20:48.570 --> 02:20:52.590

Scott Barstow (he, him) - APA: it's hard to think of any more stark way you could put it in that.

896

02:20:53.700 --> 02:21:00.960

Scott Barstow (he, him) - APA: Next slide please Thank you so the to ask the parody implementation assistance act.

897

02:21:02.310 --> 02:21:10.170

Scott Barstow (he, him) - APA: I looked at the word assistance, unfortunately, sorry about that the Senate bill numbers there the hospital numbers there it's bipartisan by Cameron.

898

02:21:11.850 --> 02:21:20.490

Scott Barstow (he, him) - APA: That act would authorize \$25 million a year in grants to state regulators for reviewing health plans analyses of.

899

02:21:21.060 --> 02:21:32.190

Scott Barstow (he, him) - APA: The Non quantitative treatment limits they're using so the appropriations act that I mentioned from 2020 gives states and federal regulators, this new tool.

900

02:21:32.730 --> 02:21:41.580

Scott Barstow (he, him) - APA: The Perry implementation assistance act would support states and using that and States would have to use that review authority as a condition for getting the brand.

901

02:21:42.810 --> 02:21:57.690

Scott Barstow (he, him) - APA: The second request is simply establishing dll authority to assist to assess some penalties so monetary penalties that house is already approved legislation to do this, there was one of the things that was included in to build back better act.

902

02:21:59.490 --> 02:22:07.800

Scott Barstow (he, him) - APA: So they're already on record and that language was based on legislation bipartisan legislation that Congressman norcross and Fitzpatrick introduced.

903

02:22:08.730 --> 02:22:21.030

Scott Barstow (he, him) - APA: There hasn't been a senate counterpart introduced and at this point, I think that's probably unlikely, but since there is all this work to try and put together a mental health package, this is something that we think should be in there.

904

02:22:22.050 --> 02:22:22.950

Scott Barstow (he, him) - APA: Next slide please.

905

02:22:25.200 --> 02:22:27.510

Scott Barstow (he, him) - APA: So why should Congress support these proposals.

906

02:22:28.890 --> 02:22:39.900

Scott Barstow (he, him) - APA: Obviously we're in the midst of a crisis Congress intended to end discrimination by diagnosis, more than a decade ago we're slowly reaching that objective, but.

907

02:22:41.010 --> 02:22:54.780

Scott Barstow (he, him) - APA: By now it's abundantly clear that it's going to be really tough to get there, and if we don't give regulators some teeth and give them the authority to assess families, and this has had bipartisan support in the past.

908

02:22:56.550 --> 02:23:02.310

Scott Barstow (he, him) - APA: So with that why don't we go I think that's the last slide when we go to questions.

909

02:23:05.250 --> 02:23:12.960

Alix Ginsberg, APA: Now I think Karen has going to help us with questions, but actually Andrew if you could leave up that slide just for a few more minutes or just one more minute.

910

02:23:13.230 --> 02:23:23.250

Alix Ginsberg, APA: It includes the contact information for Scott serena serena and I again many of you do have APA lobbyists are going to be attending meetings for you, they can be your go to kind of.

911

02:23:23.580 --> 02:23:29.280

Alix Ginsberg, APA: person for any questions that involve logistics of the meetings but also these issues, issues as well.

912

02:23:29.610 --> 02:23:37.350

Alix Ginsberg, APA: If you don't have an APA lobbyist attending a meeting with you, many of you have very experienced grassroots advocacy leaders will be meeting will be leading your meetings.

913

02:23:37.800 --> 02:23:42.540

Alix Ginsberg, APA: please feel free to write down our email addresses, you can reach out to us at any point in time today or tomorrow.

914

02:23:42.720 --> 02:23:50.760

Alix Ginsberg, APA: And we'll get back to you with any any kind of information that we have or any kind of questions that we can answer for you anything we're able to do to support you all we're very happy to do.

915

02:23:51.240 --> 02:24:00.840

Alix Ginsberg, APA: And with that I am going to turn it over to Karen now to see if there are any questions that we can answer again, please put your questions in the chat box, if possible, and we can go through them.

916

02:24:03.570 --> 02:24:03.810

Karen Studwell- APA: deal.

917

02:24:04.710 --> 02:24:05.310

Karen Studwell- APA: yeah so here's.

918

02:24:05.520 --> 02:24:09.930

Alix Ginsberg, APA: The question, are there any leave behinds or have the office has been sent anything about our asks and advanced.

919

02:24:10.560 --> 02:24:20.730

Alix Ginsberg, APA: Great question so in order to schedule the meeting that our consulting company soapbox has left the offices know what issues are going to be discussed broadly I believe they have sent.

920

02:24:21.060 --> 02:24:30.870

Alix Ginsberg, APA: copies of our fact sheets in advance to the in advance of your meeting that doesn't mean that the offices have read them or that they're aware, the staff are aware that they that they even.

921

02:24:31.410 --> 02:24:34.320

Alix Ginsberg, APA: That they even have been sent sometimes they do tend to miss attachments.

922

02:24:34.620 --> 02:24:43.560

Alix Ginsberg, APA: So feel free to mention in your meetings I think you know some of the materials were setting it, you know such an advanced did you receive them if not we're happy to resend them the fact sheets are all the same.

923

02:24:44.430 --> 02:24:53.790

Alix Ginsberg, APA: As the ones that are listed on the actions that are so you're welcome to send them yourself if the staff can't locate them I tend to just you know just in advance of a meeting.

924

02:24:54.270 --> 02:25:01.830

Alix Ginsberg, APA: or at the beginning of the meeting, if the staff asks for them up front, you can say that we can send after the meeting, or we can send them during the meeting, whatever whatever they prefer.

925

02:25:02.970 --> 02:25:07.470

Alix Ginsberg, APA: What are the committee's of jurisdiction for these bills that's a great question.

926

02:25:08.850 --> 02:25:14.910

Alix Ginsberg, APA: So four GB and MSP the react, the author is it beat i'm sorry the appropriations asks.

927

02:25:15.540 --> 02:25:22.800

Alix Ginsberg, APA: These are the funding asks to Congress these go through the appropriations committees and only through the appropriations committees, these are who were crafting these bills.

928

02:25:23.520 --> 02:25:33.150

Alix Ginsberg, APA: For the reauthorization request for GP and MSP that's going to be a that's going to be, I would say it actually kind of what I want to frame this.

929

02:25:34.470 --> 02:25:39.630

Alix Ginsberg, APA: I think in terms of the meetings of a relevant question you're looking for is kind of a framework to present this information.

930

02:25:39.960 --> 02:25:49.710

Alix Ginsberg, APA: I think the best framework and my recommendation would be in terms of how to present this would be, we have an appropriations request and that needs to go through the appropriations committees, those are in appropriations bills.

931

02:25:50.400 --> 02:25:58.050

Alix Ginsberg, APA: But in terms of where the lead rest of the legislative request could go that includes the reauthorization for GP and MSP that includes the.

932

02:25:58.620 --> 02:26:06.150

Alix Ginsberg, APA: The medicare coverage for interns and residents for supervise services, and that includes the parody requests that Scott spoke about.

933

02:26:06.690 --> 02:26:13.170

Alix Ginsberg, APA: As Scott mentioned in this panel earlier Congress is demonstrating very strong interest in working on a bipartisan mental health package.

934

02:26:13.410 --> 02:26:21.690

Alix Ginsberg, APA: So all of the issues that I just mentioned, that are not appropriations related those could theoretically be put into this mental health package, I think that would be a great thing to mention in your meetings that.

935

02:26:21.930 --> 02:26:29.820

Alix Ginsberg, APA: We understand Congress is working on this package, ideally we'd like to see the majority of these requests incorporated into any kind of final mental health package.

936

02:26:32.010 --> 02:26:39.810

Karen Studwell- APA: Can I add something Alex i'm on your soapbox schedule, because they're there are committees that are looking at that, so the Senate Finance Committee so.

937

02:26:40.050 --> 02:26:47.790

Karen Studwell- APA: abby if you're going to send her warren's office it'll actually say on your soapbox schedule that she's on the Senate full Finance Committee.

938

02:26:48.060 --> 02:26:52.020

Karen Studwell- APA: Because that is one of those key committees that looks at medicare and it's taking a look at.

939

02:26:52.500 --> 02:26:57.060

Karen Studwell- APA: The mental health legislation so you'll see little notes about what committees, they are.

940

02:26:57.480 --> 02:27:04.380

Karen Studwell- APA: Appropriate Labor hhs I hhs is another one of the appropriations committees Alex was referring to so you'll know if you're a Member is.

941

02:27:04.770 --> 02:27:18.810

Karen Studwell- APA: On one of those committees, if you don't see one then they're they're still actively involved and can have input, but they may not be like deep diving into the issues I do see Mary Fernandez has her hand up but Scott you're so I interrupted you go ahead.

942

02:27:18.930 --> 02:27:30.300

Scott Barstow (he, him) - APA: yeah so the party implementation assistance act on the Senate side it's been referred to the Senate health education Labor and Pensions Committee on the House side has been referred to the House, energy and commerce committee.

943

02:27:34.860 --> 02:27:36.120

Karen Studwell- APA: Mary did you want to ask your question.

944

02:27:36.690 --> 02:27:45.600

Mary Fernandes (she,her): Yes, I have a couple of questions about GP and MSP I know Biden is due to release his proposed budget tomorrow i'm just wondering if you have any.

945

02:27:46.530 --> 02:27:55.890

Mary Fernandes (she,her): insights into whether or not he's going to include increases for these programs in that budget and then my second question is, if we have any metrics.

946

02:27:56.310 --> 02:28:08.910

Mary Fernandes (she,her): of success regarding access since we're requesting the authorization, so do we have any numbers, we can present about how many students have been funded over the past several years or how many rural communities have been exposed to these training or these.

947

02:28:09.690 --> 02:28:15.240

Mary Fernandes (she,her): services as a result of these programs so just anything we can offer in terms of success metrics.

948

02:28:16.530 --> 02:28:22.740

Alix Ginsberg, APA: Thanks Mary for that question your your first question is very astute so the president's budget request is being released.

949

02:28:23.220 --> 02:28:30.960

Alix Ginsberg, APA: released on tomorrow, so and even preferred probably that hadn't been released in advance of the summit, because a question that.

950

02:28:31.530 --> 02:28:37.950

Alix Ginsberg, APA: You might receive in some of your meetings would be what was what was GP and MSP funded at and the president's budget request.

951

02:28:38.520 --> 02:28:42.450

Alix Ginsberg, APA: So we're not going to know that information until tomorrow afternoon, unfortunately.

952

02:28:42.810 --> 02:28:54.330

Alix Ginsberg, APA: As soon as we know that information will go ahead and load it into the action Center this information is likely, going to be requested for any kind of appropriations request form that you're going to be asked to fill out again Congressional staff know that be.

953

02:28:54.990 --> 02:29:00.750

Alix Ginsberg, APA: The budget is being released tomorrow, so if you have a morning meeting I think it's very unlikely that they'll ask you what the funding level is.

954

02:29:01.080 --> 02:29:09.720

Alix Ginsberg, APA: You can check back periodically throughout the day saying that we know it's you know the you know the appropriate, the budget is being released today we're not sure what the number is yet, but we can follow up with that information.

955

02:29:10.320 --> 02:29:23.520

Alix Ginsberg, APA: We do anticipate that there are going to be increases for both GB nfb included in the president's budget request, there were major increases for these programs included last year and we continue further we can we would expect that continue to continue this year.

956

02:29:24.480 --> 02:29:36.930

Serena Davila- APA: And sorry I was just going to add Alex did a I have been hearing that MSP is going to be in the President president's budget at 25 million, which is right in line with what we're asking for you don't necessarily have to say that, but you could say that that's.

957

02:29:39.390 --> 02:29:40.230

Karen Studwell- APA: I think suited for.

958

02:29:40.290 --> 02:29:40.860

Alix Ginsberg, APA: This reason.

959

02:29:41.070 --> 02:29:43.140

Alix Ginsberg, APA: I think the talking point yeah to fall off the talking.

960

02:29:43.140 --> 02:29:55.920

Alix Ginsberg, APA: Point would be you can say that we're not sure what the president's budget request has in store for GB and MSP yet because it's being released today, but for the past several years there have been increases included in President budget request for these programs.

961

02:29:56.730 --> 02:30:09.870

Karen Studwell- APA: yep there is a question which I think goes back to the medicare reimbursement question about ap programs graduates only or other students from accredited programs so Nora I may.

962

02:30:10.440 --> 02:30:19.800

Karen Studwell- APA: If I interpreted that incorrectly i'm not quite sure exactly which asked that was about typically GP funding only APA accredited programs are eligible.

963

02:30:20.970 --> 02:30:27.720

Karen Studwell- APA: So the students will be attending accredited programs for medicare reimbursement I don't think that that matters but.

964

02:30:28.530 --> 02:30:33.000

Alix Ginsberg, APA: yeah we haven't gotten to that level of detail the policy yet again we're at that's kind of a policy.

965

02:30:33.900 --> 02:30:42.600

Alix Ginsberg, APA: Policy detail that would need to be addressed by cms down the line, but we're just not at that level yet for this for this Congressional request, but Karen is correct, about true about GP.

966

02:30:43.950 --> 02:30:44.970

Alix Ginsberg, APA: Alan do you have a question.

967

02:30:46.560 --> 02:30:56.760

Alan Nessman - Amer Psychological (he/him): yeah I just want to add, there was an excellent question earlier on charity, you know what do you do if you are talking to a representative or Senator who's had a regulatory free market.

968

02:30:57.150 --> 02:31:11.730

Alan Nessman - Amer Psychological (he/him): view of things and to thanks Dave remember are the two parody ass are not asking to increase regulations part of it is giving state agencies more resources to be able to you know work on enforcing existing regulations.

969

02:31:12.240 --> 02:31:23.760

Alan Nessman - Amer Psychological (he/him): And, as we know from working on some of our parody complaint, the first step of state regulators is always to try to work collaboratively these things are complicated some plan to really just need some help understanding them.

970

02:31:24.420 --> 02:31:31.920

Alan Nessman - Amer Psychological (he/him): But the other thing is giving fines to enforce so those bad actors, a lot of plans and companies are trying to do the right thing.

971

02:31:32.130 --> 02:31:42.330

Alan Nessman - Amer Psychological (he/him): But you do need five so again it's not adding regulation is just giving more resources and a little bit of a enforcement teeth to make existing regulations work.

972

02:31:47.730 --> 02:31:58.710

Alix Ginsberg, APA: I did want to answer the second part of mary's question earlier because i'm not sure if we got if we got to it, she was asking about what resources are available to demonstrate the importance of GP and MSP.

973

02:31:59.040 --> 02:32:10.080

Alix Ginsberg, APA: And I would say, so we definitely have numbers on MSP in terms of the total number of fellows that we've served over time we're supported over time for GP and MSP I will keep it very specific focused on.

974

02:32:10.410 --> 02:32:16.110

Alix Ginsberg, APA: How many years you know the state has been receiving funding if the state has a history of funding, even if it's not currently being funded.

975

02:32:16.560 --> 02:32:22.050

Alix Ginsberg, APA: If you refer to, if you go to the action Center you're going to see sample talking points for GP that are broken out by.

976

02:32:22.470 --> 02:32:33.060

Alix Ginsberg, APA: States with GP funding and states without gpu funding, and if you click on your state for states with GP funding you'll actually get a set of all the grand abstracts from your state of GP grants that are currently being funded.

977

02:32:33.390 --> 02:32:42.840

Alix Ginsberg, APA: So I would start there in terms of talking points that this is gpus a three year grant programs and we're currently in our last year for currently or new GB rents, are going to be announced.

978

02:32:43.110 --> 02:32:52.230

Alix Ginsberg, APA: Later this year, but these are actual services that are being provided to communities and districts and state states, so I would focus on that and focus on the populations being served currently.

979

02:32:53.280 --> 02:33:00.630

Karen Studwell- APA: OK, I see Paul for steel has his hand up and and Lynn has a question in the chat those might be our last two questions.

980

02:33:01.230 --> 02:33:06.660

Dr. Paul Marcille: yeah just a quick question where can we find the appropriation form to fill out for GP.

981

02:33:07.260 --> 02:33:12.450

Alix Ginsberg, APA: Okay, thank you well that's a great question and definitely I reached out to me if you have any we.

982

02:33:12.810 --> 02:33:19.500

Alix Ginsberg, APA: Have any questions about this, we provided for our FA sees a bit more information on the process for forums that are grassroots advocacy leaders meeting.

983

02:33:19.950 --> 02:33:27.900

Alix Ginsberg, APA: This past week, so if we have any faces that weren't able to attend that please reach out to me or reach out to Doris the process for the forums, and I say forums.

984

02:33:28.500 --> 02:33:33.810

Alix Ginsberg, APA: Is that the Congressional office that you're meeting with is going to give you the copy of their form.

985

02:33:34.080 --> 02:33:40.740

Alix Ginsberg, APA: So there's a different form pretty much I mean they're all going to be relatively similar because they require the same information, but this form, could be a Google form.

986

02:33:41.010 --> 02:33:48.480

Alix Ginsberg, APA: It could be a Microsoft form, it could be a form on a you know, on their page that you need to fill out that just has very basic information.

987

02:33:49.140 --> 02:33:54.660

Alix Ginsberg, APA: If you have some offices and more conservative offices, they actually don't submit appropriations requests at all.

988

02:33:54.840 --> 02:33:59.580

Alix Ginsberg, APA: Just because they're opposed to kind of increasing federal spending on on you know, regardless of the area.

989

02:33:59.790 --> 02:34:09.360

Alix Ginsberg, APA: So the appropriations repressed request process is going to be specific to each of the offices that you're wanting to meet with so when you're talking about appropriations for GP you can just say.

990

02:34:09.750 --> 02:34:17.040

Alix Ginsberg, APA: Please let me know if there's a specific term or if there's a process that I need to go through for filling this out for your office and they'll go ahead and send that form back to you.

991

02:34:17.640 --> 02:34:22.470

Alix Ginsberg, APA: And again, most of the information that you that you should need to fill out the form can be found on the action Center.

992

02:34:22.830 --> 02:34:32.640

Alix Ginsberg, APA: split into a table that includes kind of all the basic questions that are normally asked to fill out these forms and if you have any questions outside of that or just need help filling out your forums we're all available to help you with that.

993

02:34:34.890 --> 02:34:47.430

Karen Studwell- APA: So the last question, I see from land in the chat is about whether for those states where they've already gained the ability for private insurance companies and medicaid to reimburse for doctoral students who have their master's degrees.

994

02:34:48.090 --> 02:34:54.480

Karen Studwell- APA: So, not just the residents and pre Doc interns does that asked jeopardize the reimbursement that they already have.

995

02:34:56.970 --> 02:34:58.260

Karen Studwell- APA: Or would it be complimentary.

996

02:35:00.960 --> 02:35:05.220

Alix Ginsberg, APA: No, I think that i've ever mentioned that gets complimentary so and I actually think that.

997

02:35:05.550 --> 02:35:10.950

Alix Ginsberg, APA: If you are in one of these states where you do have some kind of coverage for the services, you know medicaid or private insurance.

998

02:35:11.280 --> 02:35:20.970

Alix Ginsberg, APA: The best example, or the best talking point that you have is that our state is already in some way reimbursing for the services and populations are already receiving mental behavioral health services.

999

02:35:21.570 --> 02:35:28.080

Alix Ginsberg, APA: By residents and insurance already so the states that do have some type of coverage, even if it's small coverage for these services.

1000

02:35:28.440 --> 02:35:31.950

Alix Ginsberg, APA: Are the states with the strongest talking point around this actually so you can just say.

1001

02:35:32.400 --> 02:35:39.900

Alix Ginsberg, APA: Our state is already started to recognize the value in the services, this would be taking it to another step to ensure more access to the services or something like that so.

1002

02:35:40.020 --> 02:35:48.480

Alix Ginsberg, APA: You have a very good foundation if you are from a state that has some kind of level of coverage for the services are ready, I believe there's I believe I mentioned in my presentation there's about 24 states.

1003

02:35:49.140 --> 02:35:56.400

Alix Ginsberg, APA: That have medicaid that have that are already provide some kind of personal coverage for the services private insurance is another great example, but again, the talking point is that.

1004

02:35:56.790 --> 02:36:06.840

Alix Ginsberg, APA: Are you know it's already well recognized the value in reimbursing interns and residents for the services, and this is just expanding that that role that policy that's already in place right now to some degree.

1005

02:36:07.230 --> 02:36:08.220

Karen Studwell- APA: Great Thank you.

1006

02:36:09.330 --> 02:36:20.370

Karen Studwell- APA: Okay, so thank you for the issue briefing and questions if you guys want to answer joe's question in the chat also feel free, but I think now we're going to turn to our.

1007

02:36:20.790 --> 02:36:28.650

Karen Studwell- APA: loops are other lobbyists who are going to actually demonstrate what this might look like tomorrow when you're doing your virtual health visit so.

1008

02:36:28.950 --> 02:36:35.820

Karen Studwell- APA: i'm now going to welcome to our zoom stage a few of our other senior lobbyists kind of Polish up Angela sharp and corbin Evans.

1009

02:36:36.210 --> 02:36:40.020

Karen Studwell- APA: are also each senior directors of Congressional and federal relations here at EPA.

1010

02:36:40.410 --> 02:36:47.490

Karen Studwell- APA: covering issues ranging from education and training student loans veterans and women's health and funding for psychological science.

1011

02:36:47.820 --> 02:37:03.990

Karen Studwell- APA: And they're joined by our spring advocacy intern ISA glass and undergraduate psychology student at Arizona State University so Kenneth corbin Angela and ISA will be walking us through a simulation of a group meeting, and we know some of you who will not have a group of four.

1012

02:37:05.130 --> 02:37:15.630

Karen Studwell- APA: You may be the only person from your state, but you won't be alone, because a member of our APA advocacy team will be with you so don't worry about having to give all of these detailed anecdotes like they do here for this issue.

1013

02:37:15.960 --> 02:37:22.650

Karen Studwell- APA: Just speak on the issues that you're most comfortable with, and one of our staff will fill in the details so i'll turn it over to you all.

1014

02:37:24.600 --> 02:37:25.830

Corbin Evans: Right we'll go ahead and get started.

1015

02:37:27.090 --> 02:37:29.460

Corbin Evans: Good morning Thank you so much for meeting with us.

1016

02:37:30.360 --> 02:37:32.280

Kenneth Polishchuk (he/him) - APA: Sure thing how's everyone doing today.

1017

02:37:32.850 --> 02:37:34.470

Corbin Evans: doing well doing well how about you.

1018

02:37:35.550 --> 02:37:37.080

Kenneth Polishchuk (he/him) - APA: i'm well thanks for asking.

1019

02:37:37.830 --> 02:37:40.530

Corbin Evans: It looks like you're back in the office, are you all back full time.

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02:37:41.610 --> 02:37:45.750

Kenneth Polishchuk (he/him) - APA: We are back not full time typically about three or four days a week.

1021

02:37:46.860 --> 02:37:49.260

Corbin Evans: How was the transition back to the office going.

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02:37:50.610 --> 02:37:58.920

Kenneth Polishchuk (he/him) - APA: Honestly it's been really great I actually live with a roommate so it's you know, believe it or not, easier to focus when i'm in the office, rather than at home.

1023

02:38:00.420 --> 02:38:08.850

Kenneth Polishchuk (he/him) - APA: But you know i'm glad that we're here only several days a week, and not five because I do enjoy the flexibility that that this provides.

1024

02:38:09.840 --> 02:38:13.830

Corbin Evans: yeah that makes a lot of sense that that really seems to be the case in general, these days.

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02:38:14.850 --> 02:38:17.700

Kenneth Polishchuk (he/him) - APA: yeah So what can I do for you all today.

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02:38:18.600 --> 02:38:26.610

Corbin Evans: Well, first let's go ahead and start by introducing ourselves i'm Dr corporate Evans and i'm a clinical psychologist I run a private practice in main port city.

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02:38:27.060 --> 02:38:37.950

Corbin Evans: joining me are Dr Angela sharp and he said glass were members of the American psychological association and we're here today with some legislative request related to increasing access to mental health services.

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02:38:38.670 --> 02:38:42.330

Corbin Evans: Before I ask ask Dr sharp and ISA to introduce themselves.

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02:38:42.570 --> 02:38:56.370

Corbin Evans: I want to thank your office for your support in last year's budget package of funding for mentally underserved populations, some of the issues we touch upon today are also relevant to underserved populations and now Angela if you don't mind introducing yourself.

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02:38:57.120 --> 02:39:04.500

Angela Sharpe (APA): I can't thanks for meeting with us today i'm Dr Angela sharp and i'm a psychologist on faculty at the University of bridge town.

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02:39:06.630 --> 02:39:10.440

Kenneth Polishchuk (he/him) - APA: Oh really that's actually kind of interesting i'll my dad used to teach there as well.

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02:39:10.950 --> 02:39:11.940

Angela Sharpe (APA): Really when.

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02:39:12.810 --> 02:39:17.550

Kenneth Polishchuk (he/him) - APA: I was many years ago he's been retired for for a while now, but you really, really loved it there.

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02:39:18.120 --> 02:39:20.310

Angela Sharpe (APA): that's great to hear it's a great place to work.

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02:39:23.970 --> 02:39:29.070

Isa Glass: I can it's good to meet you i'm ISA and i'm a doctoral student at Thomas State University.

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02:39:29.850 --> 02:39:30.930

Kenneth Polishchuk (he/him) - APA: Nice to meet you Lisa.

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02:39:31.320 --> 02:39:41.820

Corbin Evans: Likewise, with that we'll go ahead and dive right in if that's okay with you we'd love to talk to you today about improving access to services, including addressing workforce shortages.

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02:39:42.270 --> 02:39:51.690

Corbin Evans: Our first request is related to apply 23 appropriations, the rest of our requests are related to mental health legislation which we understand Congress is currently working on.

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02:39:52.170 --> 02:40:02.040

Corbin Evans: we'd like the provisions will discuss here to be an activist part of the larger mental health package congress's discussing this year so first i'll turn it over to Angela ISA for our first two asks.

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02:40:02.970 --> 02:40:10.440

Angela Sharpe (APA): Thanks coach corbin a big barrier to increasing access to mental health care is the lack of providers, which was the case even before the pandemic.

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02:40:10.740 --> 02:40:16.170

Angela Sharpe (APA): But has only worth incense and, as you know, in our State there has always been a shortage of mental health.

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02:40:16.740 --> 02:40:28.590

Angela Sharpe (APA): mental and behavioral health providers, including psychologists typically it takes between five to seven years to complete a doctoral psychology degree, which includes an internship or supervised residency.

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02:40:29.250 --> 02:40:41.610

Angela Sharpe (APA): To bring more people into the field we are requesting increased funding for two very important psychology workforce programs the graduate psychology education program and the minority fellowship program Are you familiar with these.

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02:40:42.840 --> 02:40:45.540

Kenneth Polishchuk (he/him) - APA: I am somewhat, but would love to hear some more.

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02:40:46.020 --> 02:40:55.320

Angela Sharpe (APA): Absolutely, the graduate psychology education program, also known as GP is the primary federal program dedicated to education and training.

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02:40:55.710 --> 02:41:04.680

Angela Sharpe (APA): Of doctoral level health service psychologists, it provides grants to a grid accredited doctoral psychology training programs for the graduate students.

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02:41:05.010 --> 02:41:11.640

Angela Sharpe (APA): Who then provide supervised services to medically underserved populations this program has a two for one benefit.

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02:41:12.120 --> 02:41:19.830

Angela Sharpe (APA): Students get trained to work such populations, which means they'll they will be more comfortable with future patients when they began their careers.

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02:41:20.280 --> 02:41:26.400

Angela Sharpe (APA): At the same time, the patients they see during training, you see quality care that they might not otherwise get.

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02:41:27.150 --> 02:41:33.360

Angela Sharpe (APA): And, as you know, bridgeport is a major port city and many people who work in the ports have unequal access to health care.

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02:41:34.260 --> 02:41:46.110

Angela Sharpe (APA): there's also a large immigrant population both of these underserved populations would really benefit from this program but, unfortunately, our state does not currently have a graduate psychology education.

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02:41:47.010 --> 02:41:56.520

Angela Sharpe (APA): does not have graduate psychology education funding i'm running the training site at bridge town, and I can only fund a handful of trainings each year.

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02:41:57.030 --> 02:42:05.940

Angela Sharpe (APA): This year, my training program had to turn down three high quality, Dr interns because we cannot find funding to support their positions.

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02:42:06.480 --> 02:42:15.600

Angela Sharpe (APA): between them, these Dr interns could have treated an extra 60 people when people do not get mental health support it doesn't just affect them.

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02:42:15.930 --> 02:42:31.170

Angela Sharpe (APA): It also affects their families, especially if their difficulties preventing them from working so we're requesting 30 million in funding for the graduate psychology education program enough why 23 to create more opportunities for programs like ours at bridge town to compete.

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02:42:33.150 --> 02:42:41.610

Kenneth Polishchuk (he/him) - APA: Thank you for that description, this does sound like an important program Do you know what the funding amount was for fyi 2022.

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02:42:42.240 --> 02:42:55.500

Angela Sharpe (APA): Yes, it was funded at 20 million, and if why 2022 and again we're asking for 30 million in fyi 23 because we believe Congress should invest funding commensurate with them to health crisis, the nation is currently expense.

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02:42:56.520 --> 02:42:57.450

Kenneth Polishchuk (he/him) - APA: Great Thank you.

1059

02:42:58.890 --> 02:43:05.370

Isa Glass: And I wanted to briefly talk about the other program that Angela had mentioned the minority fellowship program or the MSP.

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02:43:05.940 --> 02:43:16.290

Isa Glass: The main purpose of the MSP is to improve behavioral health care outcomes for communities of color so mph fellows will receive training mentoring and career development so that they're better able to culturally.

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02:43:16.830 --> 02:43:27.690

Isa Glass: To provide culturally competent mental health services to diverse populations, in fact, the current Assistant Secretary for mental health and substance use Miriam delfin ruben was an MSP fellow.

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02:43:28.380 --> 02:43:35.160

Isa Glass: My friend, is also an MSP fellow and for her the program made such a difference she's now a practicing psychologist in Springfield which.

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02:43:35.640 --> 02:43:45.840

Isa Glass: I knows where the senators from and well life threw a lot at her while she was setting to get her PhD but she had a tremendous amount of support and mentoring from MSP so.

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02:43:46.980 --> 02:43:54.540

Isa Glass: Well, no one in her family was comfortable talking about mental health in general, so having a sounding board through the program helped her stay motivated to finish her degree.

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02:43:55.410 --> 02:44:03.390

Isa Glass: And as a person of color herself, my friend also understands the population that she serves and she's able to better provide her clients, with the best possible care.

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02:44:04.110 --> 02:44:12.870

Isa Glass: They feel more comfortable around someone who has similar lived experiences and so that's why it's important for programs like this to exist, so that others like her, can bring their talents to communities to meet them.

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02:44:14.370 --> 02:44:23.250

Kenneth Polishchuk (he/him) - APA: yeah yeah, as you mentioned the Senator has really strong roots in Springfield still so i'm glad to hear that you know there's services like this being provided over there.

1068

02:44:23.610 --> 02:44:38.220

Isa Glass: yeah absolutely and it's more important than ever now because, as you know, minority populations have been disproportionately impacted by coven 19 so culturally competent care can be tremendously important for achieving these good patients these good patient outcomes.

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02:44:40.140 --> 02:44:46.290

Isa Glass: And so to help me demand for services we're asking for \$25 million for an SPF by 23.

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02:44:47.820 --> 02:44:53.550

Kenneth Polishchuk (he/him) - APA: right on just one question have you filled out appropriations request forms for either one of these requests yet.

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02:44:54.510 --> 02:45:03.300

Isa Glass: we're only submitting appropriations request forms for the graduate psychology education program, but if you want to send me the link to your form i'd be more than happy to work with the APA to fill it out.

1072

02:45:04.290 --> 02:45:11.340

Kenneth Polishchuk (he/him) - APA: Sure yeah I can I can definitely share that with you, after the meeting and just so you're aware our deadline is April 14 so good is coming up.

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02:45:13.200 --> 02:45:20.520

Angela Sharpe (APA): One other thing that I would like to add about these two programs, is that they are actually expiring, this year, so they need to be reauthorize.

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02:45:20.820 --> 02:45:31.320

Angela Sharpe (APA): We have some proposed we authorization language and the fact sheet that we provide it for you, we were really appreciate the inclusion of the reauthorization of these important programs in any final mental health package.

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02:45:32.940 --> 02:45:40.290

Kenneth Polishchuk (he/him) - APA: That yeah that makes sense army i'd be happy to take a look, do you know, by any chance, when these programs were last reauthorized.

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02:45:41.130 --> 02:45:50.310

Angela Sharpe (APA): I can't recall off the top of my head, but the information was included in the fact sheets that was sent over did you get them if not we'd be happy to see me send them.

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02:45:50.790 --> 02:45:53.790

Kenneth Polishchuk (he/him) - APA: yeah if you can resend them, that would be really helpful, thank you.

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02:45:54.390 --> 02:45:58.740

Angela Sharpe (APA): will do there's another workforce related item that we'd like your support on.

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02:45:59.160 --> 02:46:09.510

Angela Sharpe (APA): we're asking for Congress to tell cms to support reimbursement for mental health services provided by psychology interns and residents, under the supervision of a licensed psychologist.

1080

02:46:10.170 --> 02:46:18.660

Angela Sharpe (APA): I spoke about the graduate psychology education program earlier, which would be one way for me to expand the capacity of my training program at the university.

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02:46:19.260 --> 02:46:25.530

Angela Sharpe (APA): And given our universities hospital has a large medicare population this policy solution would be another.

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02:46:26.070 --> 02:46:34.710

Angela Sharpe (APA): This would help improve access to behavioral health services in two key ways the first is by immediately increase in support for psychology.

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02:46:35.190 --> 02:46:45.930

Angela Sharpe (APA): psychologist trainees and providing services to medicare patients, the second is providing long term incentives for psychologists to participate in medicare.

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02:46:46.680 --> 02:46:53.640

Angela Sharpe (APA): Because supervised services provided provided by psychology trainees are not reimbursed by medicare.

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02:46:54.420 --> 02:47:03.480

Angela Sharpe (APA): there's very little opportunity for trainees to actually gain experience working with these populations decreasing the likelihood, they will participate and medicare once fully license.

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02:47:04.050 --> 02:47:13.740

Angela Sharpe (APA): Since medicare's the single largest health insurance problem in the country, addressing this issue can have ripple effects for not just medicare beneficiaries, but for everyone else to.

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02:47:14.550 --> 02:47:21.150

Angela Sharpe (APA): This is because, insurance companies and medicaid plans often based their coverage policies on what medicare does.

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02:47:21.780 --> 02:47:31.920

Angela Sharpe (APA): I can connect you to APA staff who can talk about that in greater depth if you're interested, as you can see, this is an important issue we're hoping that your boss will support establishing this coverage.

1089

02:47:33.120 --> 02:47:44.850

Kenneth Polishchuk (he/him) - APA: Now if you're right it isn't an important issue and that's actually really interesting I didn't realize this was even the case so thanks for bringing that up, is there a bill that's already been introduced that would address this issue.

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02:47:45.570 --> 02:47:59.580

Angela Sharpe (APA): Currently there is not a bill, however we're actively looking for Members who would be interested in introducing this legislation, our ultimate hope is that, if there is a broader mental health package in the coming months, this would be included.

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02:48:00.870 --> 02:48:09.930

Kenneth Polishchuk (he/him) - APA: got it that's helpful um Do you know what you know the health Committee or the Finance Committee is thinking of on this issue as their you know, working on legislation.

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02:48:10.800 --> 02:48:16.920

Angela Sharpe (APA): You know I don't know but i'd be happy to have a pH staff follow up with you, thank you.

1093

02:48:18.630 --> 02:48:27.690

Corbin Evans: Thanks Angela and ISA I have the final issue, we want to discuss with you, which is about enforcing federal parity laws regarding private insurance for behavioral health services.

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02:48:28.410 --> 02:48:42.420

Corbin Evans: were asking Congress to protect patients with mental health and substance use disorders from insurance discrimination by giving the Department of Labor and important tool to enforce compliance the mental health parity in addiction equity act has been an effects.

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02:48:43.440 --> 02:48:54.870

Corbin Evans: To ensure parity between mental health and physical health insurance coverage, while the law has worked to some extent, many insurers are continuing to violate it because they don't face penalties for doing so.

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02:48:55.710 --> 02:49:02.070

Corbin Evans: The Department of Labor health and human services and treasury issued their annual parity enforcement report in January.

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02:49:02.640 --> 02:49:07.680

Corbin Evans: which you may have seen this report makes it clear that plans are routinely out of compliance.

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02:49:08.340 --> 02:49:14.640

Corbin Evans: I can tell you from personal experience that many health plans are making it harder than it should be for patients to get the care that they need.

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02:49:15.600 --> 02:49:22.710

Corbin Evans: I had to stop practicing in one insurance plan because it's set in ordinarily low reimbursement rates for behavioral health services.

1100

02:49:23.490 --> 02:49:31.440

Corbin Evans: I want to help people, but I can't if I can't pay my bills colleagues have told me about plans which set up restrictive approval processes.

1101

02:49:31.770 --> 02:49:40.890

Corbin Evans: For coverage authorizations or limit the size of their provider panels, these are all violations of the parity law but with inadequate enforcement they're still happening.

1102

02:49:41.820 --> 02:49:49.800

Corbin Evans: All that happens if insurance plans are caught out of compliance is that they have to pay for the services they should have provided to enrollees in the first place.

1103

02:49:50.430 --> 02:49:57.750

Corbin Evans: The January parity enforcement report asked Congress to get the Department of Labor the authority to assess penalties for violations of the law.

1104

02:49:58.290 --> 02:50:03.810

Corbin Evans: And my understanding is that both trump and Obama administration's requested this authority.

1105

02:50:04.620 --> 02:50:10.170

Corbin Evans: we'd like to Senator to support this the pandemic has exacerbated the need for mental health services.

1106

02:50:10.620 --> 02:50:16.200

Corbin Evans: We simply can't afford to continue letting health plans get away with providing flimsy coverage for mental health services.

1107

02:50:16.620 --> 02:50:31.080

Corbin Evans: and related Lee we're asking your boss to co sponsor the bipartisan parity implementation assistance act that would provide additional resources to states to support the air force of the law for health insurance plans under their authority.

1108

02:50:32.970 --> 02:50:44.130

Kenneth Polishchuk (he/him) - APA: So just so that i'm understanding correctly that last bill that you mentioned, it will just provide States more resources, but not the authority to enforce parenting.

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02:50:44.970 --> 02:50:54.540

Corbin Evans: Correct States already have the authority to enforce parity but often like the resources they need States now have the ability to request analyses from health plans.

1110

02:50:55.020 --> 02:51:06.480

Corbin Evans: about how they're abiding by the parity law and new resources for using this enforcement tool could be held incredibly helpful and making sure patients get their health, their insurance is supposed to provide.

1111

02:51:07.470 --> 02:51:11.940

Kenneth Polishchuk (he/him) - APA: Okay, I understand um do you happen to know the bill number for that bill.

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02:51:12.510 --> 02:51:16.890

Corbin Evans: Yes, it's bill senate s 1962.

1113

02:51:18.240 --> 02:51:32.880

Kenneth Polishchuk (he/him) - APA: You well you know thanks so much for taking the time to meet with me today and flagging all of these important items, this was very informative very helpful and as giving is going to give us a lot to think about in the coming weeks and months so really appreciate it.

1114

02:51:33.750 --> 02:51:39.120

Corbin Evans: The pleasure was all ours, before we hop off do you mind if we took a quick screenshot photo the group.

1115

02:51:39.600 --> 02:51:40.200

sure.

1116

02:51:44.130 --> 02:51:54.450

Corbin Evans: Well, thank you again we'll be following up with you and your office on this issues, please do not hesitate to let us know if there's any way that we can be a resource to you or your office in the future.

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02:51:55.170 --> 02:51:55.560

Kenneth Polishchuk (he/him) - APA: Thank you.

1118

02:51:56.280 --> 02:51:59.610

Angela Sharpe (APA): and be sure to say hello to your dad for me, as a fellow bridge etonian.

1119

02:52:00.600 --> 02:52:01.590

Kenneth Polishchuk (he/him) - APA: wow will do.

1120

02:52:01.650 --> 02:52:01.830

All right.

1121

02:52:03.420 --> 02:52:04.050

Corbin Evans: bye.

1122

02:52:04.260 --> 02:52:04.710

bye.

1123

02:52:11.400 --> 02:52:13.440

Karen Studwell- APA: That was great I think i'm a Bridget Tony and.

1124

02:52:14.820 --> 02:52:17.070

Karen Studwell- APA: The new the new season of winter tennis now.

1125

02:52:18.810 --> 02:52:25.800

Karen Studwell- APA: So thank you guys for walking through that does anyone have any questions or feedback like it looked very simple when they did it.

1126

02:52:26.940 --> 02:52:32.130

Karen Studwell- APA: it'll be just a simple for y'all to but it's a little bit of planning think planning is good.

1127

02:52:33.630 --> 02:52:37.770

Karen Studwell- APA: And you'll have time to do that this afternoon, so let me just check the.

1128

02:52:39.030 --> 02:52:41.940

Karen Studwell- APA: The chat box and see if anybody has questions.

1129

02:52:43.890 --> 02:52:44.820

Karen Studwell- APA: I think it's Alex.

1130

02:52:47.700 --> 02:52:48.090

Karen Studwell- APA: Okay.

1131

02:52:53.010 --> 02:52:56.970

Karen Studwell- APA: Hopefully you got some potential ideas I think amy Beck has her hand raised amy.

1132

02:52:57.870 --> 02:53:04.560

Amy Beck: hi Thank you, I have a question about just so i'm in Missouri josh holly you know.

1133

02:53:04.950 --> 02:53:22.530

Amy Beck: So thoughts on spinning the MSP because usually, when I go to his office I take anything that has sort of underserved and make a rural but I can't seem to find that carve out for this, so any thoughts on how because miseries abjectly races, so any thoughts on how I can make that argument.

1134

02:53:27.930 --> 02:53:29.700

Serena Davila- APA: I don't fully understand your question sorry.

1135

02:53:31.140 --> 02:53:40.590

Amy Beck: yeah So how do you think I can spin the request for the MSP when going to an abjectly racist legislative office.

1136

02:53:40.830 --> 02:53:47.640

Amy Beck: Like holly, for example, because that's me i'm in Missouri, and so what I usually do, which is focused on rural populations when sort of.

1137

02:53:48.090 --> 02:53:59.070

Amy Beck: The the ask is for funding for anything underserved that's what I focus on, but I don't see sort of that potential when asking specifically for reauthorization for them SP.

1138

02:54:00.510 --> 02:54:03.870

Serena Davila- APA: yeah that's a that's a great question that's it that's a tough one um I mean.

1139

02:54:05.010 --> 02:54:15.060

Serena Davila- APA: You could you could emphasize, not so much you know the race or the communities of color but perhaps more you know just that we need more psychologists period.

1140

02:54:15.390 --> 02:54:26.760

Serena Davila- APA: And these two programs or MSP as you're asking about specifically it's a pipeline to just get more psychologist interested to get more psycho to create more psychologists right.

1141

02:54:28.080 --> 02:54:35.970

Serena Davila- APA: yeah that that's a tough one, though, and just try to skirt around the issue I guess it can I don't know if that helps but.

1142

02:54:38.160 --> 02:54:45.600

Serena Davila- APA: Right and somebody put in the chat that's a good point underserved could also be rural and agricultural populations that's true so that's what I was saying, try to try to.

1143

02:54:45.750 --> 02:54:46.650

Karen Studwell- APA: sort of I think he said.

1144

02:54:46.680 --> 02:54:50.550

Karen Studwell- APA: that's what she uses for underserved but nfp poses a specific challenge.

1145

02:54:51.360 --> 02:55:05.070

Karen Studwell- APA: I wonder if there's any way to tie it into like reducing healthcare costs, overall, people are getting better better treatment from a culturally competent workforce because misery does have a diverse population and many of those are underserved.

1146

02:55:06.510 --> 02:55:08.940

Karen Studwell- APA: If they have better health outcomes, then it makes her.

1147

02:55:10.440 --> 02:55:15.780

Karen Studwell- APA: Less expenditures in health care which maybe a maybe appealing to a more conservative Member.

1148

02:55:16.470 --> 02:55:18.150

Serena Davila- APA: Thank you, like economic argument.

1149

02:55:19.320 --> 02:55:19.830

Karen Studwell- APA: Diana.

1150

02:55:24.150 --> 02:55:36.990

Diana L Prescott, Ph.D.: yeah I was just going to say you know you always can use agricultural workers refugees you'd be surprised I think maine is the widest state, and there are a lot of people that are very diverse and they you can't find.

1151

02:55:37.590 --> 02:55:48.750

Diana L Prescott, Ph.D.: The right of the right psychologists, who could speak the language and can be present for them, and so it's it's an argument you can use, regardless of where you are how rural.

1152

02:55:50.670 --> 02:55:55.440

Kenneth Polishchuk (he/him) - APA: And I think that Karen mentioned and others that in the chat as well, I mean Missouri does have.

1153

02:55:56.040 --> 02:56:04.440

Kenneth Polishchuk (he/him) - APA: It is predominantly white, but there are also popular communities of color specifically in the cities and in St Louis Kansas city.

1154

02:56:05.280 --> 02:56:23.280

Kenneth Polishchuk (he/him) - APA: That are pretty significantly diverse, and so you still represents those folks to and so bringing that up is at least, even if they don't, even if they don't want to hear it, these are there, these are their constituents and so bringing that up is also important.

1155

02:56:27.900 --> 02:56:35.340

Karen Studwell- APA: Thank you, I like that all of our advocates are giving you other ideas too so that's very, very helpful to learn from each other.

1156

02:56:36.540 --> 02:56:37.320

Karen Studwell- APA: let's see.

1157

02:56:38.910 --> 02:56:41.580

Karen Studwell- APA: i'm not sure if I missed any other questions.

1158

02:56:45.300 --> 02:56:49.740

Karen Studwell- APA: Mostly ideas well, thank you all um, how do you anticipate.

1159

02:56:50.880 --> 02:56:55.620

Karen Studwell- APA: Oh that's a direct question to me, oh no that's from Dr Kim.

1160

02:56:57.420 --> 02:56:58.140

Karen Studwell- APA: From Regina.

1161

02:57:00.390 --> 02:57:10.050

Karen Studwell- APA: How do you anticipate what their follow up questions will be after you lay out your explanation, all there are are there, alternative talking points that we will have or how do you prepare for that.

1162

02:57:10.650 --> 02:57:25.290

Karen Studwell- APA: I think this might be helpful to to practice in your smaller groups, because many of those folks have been to these offices before and so perhaps maybe you've met with the same staff folks who may often have the same kind of sometimes we call them push back or kind of questions.

1163

02:57:26.400 --> 02:57:34.260

Karen Studwell- APA: And so that's a good thing to talk about in your smaller group later this afternoon in your State delegations Alan I see you have your hand raised.

1164

02:57:36.750 --> 02:57:46.890

Alan Hack NY FAC: I just want to observe that in watching that i've done a lot of the advocacy work and I really appreciate what you guys did this is, we have a lot of asks within this.

1165

02:57:47.490 --> 02:57:59.190

Alan Hack NY FAC: time I think a little more than we usually have had it, so I think we have to be really careful as we do it to chunk it in the way that we did I it just occurred to me, as I was watching that.

1166

02:57:59.550 --> 02:58:17.070

Alan Hack NY FAC: there's there's more so than we usually have in there there's suddenly different from each other, and you know the the the question about the difference between the the funding and the on the last part there corpsman that the funding and the the enforcement.

1167

02:58:17.460 --> 02:58:18.060

Alan Hack NY FAC: Before towards.

1168

02:58:18.420 --> 02:58:33.540

Alan Hack NY FAC: yeah you know, like that so it's very subtle I just I want to observe that and have people thinking about that, I guess, as we go into our delegation, that this is really a it's a lot to ask and we're doing it, you know so preparation is important, I guess.

1169

02:58:34.920 --> 02:58:45.870

Alix Ginsberg, APA: just add to that I quite agree with Alan that they're there that these asks are it's going to your meetings going to go by quickly, but these asks just because there's a lot of there's a lot of talking.

1170

02:58:46.590 --> 02:58:55.260

Alix Ginsberg, APA: Just remember that it's all about personal anecdotes and it's all about you telling your story about how this relates to what you're seeing on the ground, the populations on the ground that's the difference between.

1171

02:58:55.560 --> 02:59:03.570

Alix Ginsberg, APA: The perspective that we bring as a PA lobbyists and the perspective that you all bring his constituents and that's what they're really wanting to hear from you so just framing this.

1172

02:59:04.080 --> 02:59:10.380

Alix Ginsberg, APA: As you know, we're trying to talk about how do we increase access to mental behavioral health services here that's the framework for all of these requests.

1173

02:59:10.770 --> 02:59:21.840

Alix Ginsberg, APA: I think that there's been so much amazing bipartisan support of addressing mental health issues in Congress, and I think that most of you will be able to feel that in your meetings I don't think any of you are going to walk into a meeting.

1174

02:59:22.530 --> 02:59:30.000

Alix Ginsberg, APA: With a member of Congress or a staff who's just totally going to discount the importance of these programs are the importance of mental health broadly.

1175

02:59:30.240 --> 02:59:32.760

Alix Ginsberg, APA: So your goal during these meetings will really just to be that.

1176

02:59:33.090 --> 02:59:44.610

Alix Ginsberg, APA: Just just to convince them that you know among all the requests and all the priorities and every you know all the issues that we have going on in our country, we need you to prioritize these programs, and these requests, so I think one thing.

1177

02:59:45.720 --> 02:59:52.200

Alix Ginsberg, APA: That we do have in terms of something that's positive that's on our side is that Congress really has demonstrated a commitment to addressing these issues.

1178

02:59:52.440 --> 02:59:59.400

Alix Ginsberg, APA: And they do feel that it's very important so it's just a matter of getting those offices to prioritize these issues among a lot of different meeting requests.

1179

03:00:00.450 --> 03:00:08.640

Karen Studwell- APA: yeah I would just add, and I think it was in the issue briefing they're basically merged together into three kinds of requests with subtleties.

1180

03:00:09.360 --> 03:00:14.550

Karen Studwell- APA: In them and, certainly if you feel like you're running out of time, it always makes a good reason to follow up.

1181

03:00:15.510 --> 03:00:19.320

Karen Studwell- APA: You know just say I don't think we talked enough about this issue, but here's some additional information.

1182

03:00:20.130 --> 03:00:24.210

Karen Studwell- APA: They might have questions about one of the issues that leads to a longer conversation.

1183

03:00:25.080 --> 03:00:37.650

Karen Studwell- APA: So I always there's always a bit of a organic conversation happening, I think megan mentioned that earlier today about just having these conversations, and so I would encourage you to when you start going through the talking points.

1184

03:00:38.580 --> 03:00:46.290

Karen Studwell- APA: Have that little bit of message discipline, but then, once you get into the meeting, sometimes it, you know they might ask questions on a whole different issue.

1185

03:00:46.500 --> 03:00:54.060

Karen Studwell- APA: That they want your advice on because you are such experts in mental health and so everyone is desperate for answers to our mental health crisis right now.

1186

03:00:54.900 --> 03:01:06.840

Karen Studwell- APA: So if there's you know given taken your meeting I think you'll find them pretty receptive and certainly the one to use you as a resource for the folks who have been been going up to the Hill and meeting this folks for number of years, but.

1187

03:01:08.160 --> 03:01:08.370

Karen Studwell- APA: Then.

1188

03:01:08.490 --> 03:01:13.740

Alix Ginsberg, APA: I want to follow up to the meeting is key to that's a really great opportunity that all of you are going to have.

1189

03:01:14.220 --> 03:01:22.260

Alix Ginsberg, APA: We know that you know you can feel a little bit nervous going into these meetings if just as it was demonstrated during the presentation just now are the demonstration.

1190

03:01:22.620 --> 03:01:28.890

Alix Ginsberg, APA: If you don't know, an answer to a question that's quite OK, they understand that they're speaking with constituents they're not speaking with lobbyists.

1191

03:01:29.160 --> 03:01:34.590

Alix Ginsberg, APA: If you don't have an answer to a question say i'm not sure about that, but i'll go ahead and connect with a PA and get back to you.

1192

03:01:34.860 --> 03:01:38.100

Alix Ginsberg, APA: And if there's a point that you forgot to make in your meeting you can still.

1193

03:01:38.460 --> 03:01:46.200

Alix Ginsberg, APA: Make it in your follow up to them, so not all is lost if you forget to say something or forget to make that really good point that you thought of tonight, or you know first thing tomorrow.

1194

03:01:46.440 --> 03:01:51.840

Alix Ginsberg, APA: So there's always there's always an opportunity to follow up even if you can't fit all of the talking points that you want it to fit into the meeting.

1195

03:01:53.010 --> 03:01:58.830

Karen Studwell- APA: Great well, thank you all i'm going to switch gears and as we explore.

1196

03:02:00.240 --> 03:02:13.110

Karen Studwell- APA: Additional strategies to help communicate effectively so i'm going to welcome Doris are fed clothed a piece director of grassroots engagement and she'll be joined by Christine delaney aka social media strategy manager.

1197

03:02:13.920 --> 03:02:24.840

Karen Studwell- APA: If you've not already taken a look at the talking points sheets doors is going to show you how you can use it to personalize your meetings and incorporate some of that local information and research, Christine is also to give going to give you.

1198

03:02:25.440 --> 03:02:33.090

Karen Studwell- APA: an overview of some best practices, how to use social media to engage with policymakers and support your advocacy so i'll turn it over to you, Doris.

1199

03:02:34.230 --> 03:02:34.560

Doris Parfaite-Claude, APA: Thank you.

1200

03:02:36.120 --> 03:02:41.040

Doris Parfaite-Claude, APA: So what is for the slides to load up and then we'll get started, thank you, Andrew.

1201

03:02:41.790 --> 03:02:48.150

Doris Parfaite-Claude, APA: So hello, everyone in this session we're going to go over the nuts and bolts of the meetings and Congressional offices, which will hopefully.

1202

03:02:48.600 --> 03:02:55.740

Doris Parfaite-Claude, APA: Give us some time to dive a little bit deeper into some of the questions that are coming up during the demonstration session Andrew next slide please.

1203

03:02:57.240 --> 03:03:03.690

Doris Parfaite-Claude, APA: we're going to start by talking about what you can expect during your meetings so box will dive more into the logistics during the next session.

1204

03:03:04.020 --> 03:03:13.410

Doris Parfaite-Claude, APA: But knowing what to expect will help you think about what you want to say and how you want to say it, and you made a good point about having to plan ahead so we're going to kind of talk you through how you can do that.

1205

03:03:14.610 --> 03:03:21.300

Doris Parfaite-Claude, APA: Next slide please, and thank you so during the sooner we have seen meetings with virtual staff shorting um.

1206

03:03:21.990 --> 03:03:29.370

Doris Parfaite-Claude, APA: So we your meetings or scheduled for 30 minutes but we've seen in practice it wouldn't be surprising for you to expect 20 minutes.

1207

03:03:30.150 --> 03:03:34.830

Doris Parfaite-Claude, APA: For your meeting time, so you have a pretty packed agenda you'll want to keep your messaging short.

1208

03:03:35.130 --> 03:03:43.230

Doris Parfaite-Claude, APA: Simple and concrete so Congressional staff dribble large portfolios on a wide range of issues, especially in house where there are fewer staff per office.

1209

03:03:43.680 --> 03:03:50.430

Doris Parfaite-Claude, APA: One single staffer might be jumping between healthcare environment and education topics they juggle a lot of competing demands as well.

1210

03:03:50.820 --> 03:04:00.360

Doris Parfaite-Claude, APA: So all of this is to say that you want to avoid a warming them with a lot of technical information on or if you're using jargon or going down long this fax you.

1211

03:04:00.930 --> 03:04:10.710

Doris Parfaite-Claude, APA: Alex had mentioned the importance of anecdotes that's really why it's because it's an easy way to die, to share information and it's an easy format for them to digest in a short time span.

1212

03:04:11.040 --> 03:04:17.490

Doris Parfaite-Claude, APA: And you'll have your state leaders with you, who can help you stay on track during your meetings we have 40 next slide please enter.

1213

03:04:19.560 --> 03:04:21.300

Doris Parfaite-Claude, APA: Your 40 State delegations.

1214

03:04:22.530 --> 03:04:26.490

Doris Parfaite-Claude, APA: With Chairman fec a federal advocacy coordinator and fec participating.

1215

03:04:26.880 --> 03:04:39.600

Doris Parfaite-Claude, APA: I sent some introductory emails to your groups between March 18 and 23rd committed to helping everyone get introduced and in those emails we flagged your faces and other key advocacy leaders, including your spt executive directors.

1216

03:04:40.140 --> 03:04:43.080

Doris Parfaite-Claude, APA: And also set up the emails that they pay consultants will be joining you.

1217

03:04:44.400 --> 03:04:53.670

Doris Parfaite-Claude, APA: Please take a few minutes is configure inbox will make you a little bit more comfortable with your group in states being joined by staff, we will stop by your practice session later this afternoon Andrew next slide please.

1218

03:04:55.440 --> 03:05:06.450

Doris Parfaite-Claude, APA: So we've gone through what you can expect in the meeting and a little bit hastily, we are now going to walk through examples, how to make your case will be keeping pressure off yourself to present all the information and the fact sheets next slide please.

1219

03:05:09.510 --> 03:05:15.630

Doris Parfaite-Claude, APA: let's touch base on the structure of the meeting your introduce yourselves then transition to what we call the pitch and that's those two middle.

1220

03:05:16.590 --> 03:05:27.000

Doris Parfaite-Claude, APA: But it's on this slide and then we'll wrap up the meeting so planning your pitch in advance, will help you save time, but so let's talk a little bit then about what a page is meant to accomplish next slide please enter.

1221

03:05:29.880 --> 03:05:38.070

Doris Parfaite-Claude, APA: A purchase just the beginning of a conversation, so you know you seen the longest talking points we have on the website it's easy to feel as if each of each whether you're having.

1222

03:05:38.460 --> 03:05:47.430

Doris Parfaite-Claude, APA: With officials is your only shot, but you don't have to throw everything you know add them in one go you'll be able to educate them over time Alex talked about the importance of follow up.

1223

03:05:47.820 --> 03:05:54.930

Doris Parfaite-Claude, APA: policy changes and lengthy process there's many chances where you can turn them away and later so when you go in with you.

1224

03:05:55.410 --> 03:06:03.030

Doris Parfaite-Claude, APA: know just basically an open mindset, where you can foster two way conversation policies will be more willing to policymakers will be more willing to meet with you again.

1225

03:06:03.660 --> 03:06:13.860

Doris Parfaite-Claude, APA: So really just go in there and considered to be the start, even if they were opposing beliefs, you can find common ground, by putting your humanity in the forefront tying back again to the importance of the anecdotes the reason we're.

1226

03:06:15.750 --> 03:06:25.440

Doris Parfaite-Claude, APA: So that's they switch a officers frame of mind from here to build an abstract policy to seeing how they can help their constituents in real life, so it really elevates an issue right now.

1227

03:06:25.740 --> 03:06:38.940

Doris Parfaite-Claude, APA: They get all this blur of statistics and legislative numbers and all that i'm every day from every other accuracy group to hear from so your story is really what's going to kind of give them a sense of urgency for their district next slide please and.

1228

03:06:41.190 --> 03:06:51.840

Doris Parfaite-Claude, APA: Feelings facts and action items are the touchstones of the pitch over the next few slides will be talking through the different ways, you can parent formation you don't about your Members of Congress with these pitches elements.

1229

03:06:53.040 --> 03:07:04.500

Doris Parfaite-Claude, APA: The more you show how you understand your Members when you show that you understand what your Members of Congress are coming from the easier it will be for them to trust over time, so you really again tying back to that earlier point you're building a relationship.

1230

03:07:05.850 --> 03:07:06.570

Doris Parfaite-Claude, APA: Please, the next slide.

1231

03:07:09.090 --> 03:07:21.060

Doris Parfaite-Claude, APA: So we previewed the talking point at the during the q&a this worksheet is available on our action Center and we really designed it to help you organize what you find about the issues and the members of Congress and easy.

1232

03:07:21.390 --> 03:07:28.650

Doris Parfaite-Claude, APA: jumping down format, in this first place is for you to drop down notes about what you've learned other elected officials and one good place to start is their website.

1233

03:07:29.100 --> 03:07:37.470

Doris Parfaite-Claude, APA: You can find out about their legislative priorities interesting facts about their lives, the committee assignments and their biographies so by referring to those interests and.

1234

03:07:37.980 --> 03:07:48.540

Doris Parfaite-Claude, APA: responsibilities at different points in the meeting you can make it easier for Congressional offices to understand why you're asking them to take action and how they can help let's unpack that a little bit more Andrew the next like.

1235

03:07:50.460 --> 03:07:54.930

Doris Parfaite-Claude, APA: The first item in the worksheet gives pointers on building rapport so with the.

1236

03:07:55.740 --> 03:08:02.010

Doris Parfaite-Claude, APA: fact that you're running on the website, you might find some fun factoid like maybe a family member is affected by the issue you're talking about.

1237

03:08:02.490 --> 03:08:12.240

Doris Parfaite-Claude, APA: Your end even if you're meeting with staff and not the officials it's worth getting taking a time or two just do some small chance we kind of saw corbin do that in the demonstration and his role as a clinician.

1238

03:08:13.410 --> 03:08:16.500

Doris Parfaite-Claude, APA: just asked me one easy way to do that is asking if they're from the State.

1239

03:08:17.610 --> 03:08:27.060

Doris Parfaite-Claude, APA: Even if they're not chances are they might have traveled there for work and been somewhere near you, you can also create a connection throughout the meeting we saw I saw her was a graduate student.

1240

03:08:27.480 --> 03:08:32.400

Doris Parfaite-Claude, APA: mentioning that she knows that the officials from Springfield she didn't explain to the minority fellowship program can help.

1241

03:08:33.300 --> 03:08:41.190

Doris Parfaite-Claude, APA: can help Springfield residents awesome the dry, the more you can connect your expertise to the district, the state of Oregon sure that you are a valuable resource on the ground.

1242

03:08:43.110 --> 03:08:44.040

Doris Parfaite-Claude, APA: Under the next slide.

1243

03:08:45.120 --> 03:08:50.670

Doris Parfaite-Claude, APA: So, laying the groundwork and personal terms is going to help your meeting be memorable it will also give them the staffers.

1244

03:08:50.970 --> 03:09:04.110

Doris Parfaite-Claude, APA: Examples they can feed back to their boss so earlier in the elements of the pitch we mentioned thinking about what emotions, you want to book in advance, when your stories are related the staffers are going to carry over the emotions that they experience when they were talking.

1245

03:09:05.160 --> 03:09:18.480

Doris Parfaite-Claude, APA: So corbin in his role as a clinician give a specific example, about how his practice was affected by like a parody he gave the Stephen opening to feel empathy by comparing his desire to help with his need to pay bills next slide please.

1246

03:09:21.870 --> 03:09:35.940

Doris Parfaite-Claude, APA: So I kind of want to tie back in again on how you don't have to throw in all the information that you learned um so box is going to share the one pagers in advance as Alex mentioned earlier, to give them time so really in this limited amount of time or something yourself as a resource.

1247

03:09:37.110 --> 03:09:41.040

Doris Parfaite-Claude, APA: You somebody who can explain what these kind of weird concepts of their learning about here.

1248

03:09:41.250 --> 03:09:48.120

Doris Parfaite-Claude, APA: something abstract like parody and looks like on the ground, so the more you can weave anecdotes and more data together rather than presenting them separately.

1249

03:09:48.450 --> 03:09:53.730

Doris Parfaite-Claude, APA: The better so, for example, during the demonstration Angela in her role was the program director.

1250

03:09:54.030 --> 03:10:04.620

Doris Parfaite-Claude, APA: explained how the GP program could help recruit more psychologists she painted a picture of the Community rich Ford and it's needs and then she tied it back by explaining how without funding she had she had to turn away.

1251

03:10:05.070 --> 03:10:13.920

Doris Parfaite-Claude, APA: Tell the candidates and how that affected the community at large, so it only needs to be one sentence that you even your story so, for example, statistically, we know that the more.

1252

03:10:14.640 --> 03:10:20.970

Doris Parfaite-Claude, APA: That you're getting services will increase outcomes by 40% what does that mean give a story or two about wanting to improve outcome looks like.

1253

03:10:23.460 --> 03:10:24.390

Doris Parfaite-Claude, APA: Next slide please enter.

1254

03:10:26.730 --> 03:10:28.830

Doris Parfaite-Claude, APA: Your priorities can meet them at any point in the meeting.

1255

03:10:31.380 --> 03:10:41.070

Doris Parfaite-Claude, APA: For example, at the beginning of the demonstration corbin, and this was condition think the Office for their work on medically underserved populations, he didn't previewed that you have the acid relate to that topic.

1256

03:10:41.880 --> 03:10:50.760

Doris Parfaite-Claude, APA: And we can also tie it in at any point on where you discuss how policies for expand access to mental health, so Alex going to make that point earlier about the huge bipartisan support that we have.

1257

03:10:51.120 --> 03:10:59.430

Doris Parfaite-Claude, APA: in Congress odds are you're going to find something on your Members of Congress is websites that kind of brought up key points on the importance of improving access to mental health.

1258

03:11:00.480 --> 03:11:07.380

Doris Parfaite-Claude, APA: summarize how those requests would help your state and use those very broad terms, because that'll kind of help tie it all together and finally.

1259

03:11:07.710 --> 03:11:10.740

Doris Parfaite-Claude, APA: wrap up your meeting with a thank you we'll talk more about phone what but.

1260

03:11:11.190 --> 03:11:15.180

Doris Parfaite-Claude, APA: But you want to wrap up your meeting on a positive note, and express appreciation, the staff.

1261

03:11:15.420 --> 03:11:22.800

Doris Parfaite-Claude, APA: Get all sorts of interesting interactions throughout the day they also can get some very nasty emails and phone calls and become their boss, or something that puts them in the spotlight.

1262

03:11:23.010 --> 03:11:27.600

Doris Parfaite-Claude, APA: So taking a moment to just say thank you really can help them feel more comfortable interesting have you.

1263

03:11:29.040 --> 03:11:29.940

Doris Parfaite-Claude, APA: Next likely central.

1264

03:11:32.010 --> 03:11:35.640

Doris Parfaite-Claude, APA: park investing all this time and effort during the meetings you'll want to keep that connection alive.

1265

03:11:36.240 --> 03:11:39.930

Doris Parfaite-Claude, APA: So you'll hear more about feedback forms which is to help APA style for the follow up.

1266

03:11:40.320 --> 03:11:47.730

Doris Parfaite-Claude, APA: But I also want to emphasize what you can do directly to the a thank you note it's an addict going to discuss what's a way to extend the conversation.

1267

03:11:48.600 --> 03:11:49.860

Doris Parfaite-Claude, APA: And it's also how you can.

1268

03:11:50.670 --> 03:11:59.970

Doris Parfaite-Claude, APA: Share more information, especially if you forgot anything you know I know it's going to be overwhelming when you're looking at everything we say so don't worry about having to like remember absolutely every talking point um.

1269

03:12:00.390 --> 03:12:04.980

Doris Parfaite-Claude, APA: that's what the fall Thank you note is for and it doesn't have to be just one note when you start an email conversation with them.

1270

03:12:05.340 --> 03:12:13.680

Doris Parfaite-Claude, APA: you'll be able to continue following up and we'll be sharing templates with you, after the sunlight on how you can do a thank you note that kind of ties, all of this together next slide please.

1271

03:12:15.300 --> 03:12:18.810

Doris Parfaite-Claude, APA: In addition, we're going to be reaching out to you when it strategic.

1272

03:12:19.320 --> 03:12:27.720

Doris Parfaite-Claude, APA: So that i've said earlier there's all these points in the policy process when you can follow up as an advocate will be telling you know, but those are i've got a few examples on the slide.

1273

03:12:28.080 --> 03:12:36.120

Doris Parfaite-Claude, APA: But you know what we're going to be a lot more specific stay tuned for more emails from us and we'll give you some more springboards for action next slide please.

1274

03:12:38.760 --> 03:12:49.680

Doris Parfaite-Claude, APA: So we focused a lot on preparation, content and follow up within the framework of a Congressional meeting but social media is an important for them to engage with these offices, including right after years of meetings.

1275

03:12:49.980 --> 03:13:07.170

Doris Parfaite-Claude, APA: And during the summit, so a lot of information, we went over in our talking points so she's going to be easily turn into social media posts so Christine I see that you're on now i'm going to hand over to her Christine is a PA resident social media experts have seen take it away.

1276

03:13:08.250 --> 03:13:11.520

Christine Delaney | APA: Great Thank you Doris and hi everybody happy to be here today.

1277

03:13:13.020 --> 03:13:23.760

Christine Delaney | APA: So today we'll get started with some general tips that adding social media to your advocacy toolkit and then get into some specific things you can do around this summit next slide please.

1278

03:13:25.860 --> 03:13:35.100

Christine Delaney | APA: The social media platforms can be powerful tools for building connections educating people about societal issues and advocating for change both globally and within your own community.

1279

03:13:35.610 --> 03:13:42.480

Christine Delaney | APA: But with more than half of the world's population actively using social media and dozens of platforms available to choose from.

1280

03:13:42.960 --> 03:13:46.950

Christine Delaney | APA: How can you break through the noise and make sure you reach the right audience to effect change.

1281

03:13:47.610 --> 03:13:52.740

Christine Delaney | APA: So today, like I said i'm going to briefly outline ways, you can incorporate social media into your advocacy work.

1282

03:13:53.070 --> 03:14:01.110

Christine Delaney | APA: And how you can build your network well positioning yourself as a thought leader, so you can break through the clutter and help your message reach the right people next slide please.

1283

03:14:04.350 --> 03:14:14.220

Christine Delaney | APA: The first step that will discuss is building your network anyone can post on social media, but until you've identified and build your network of followers you'll likely just be sending your words into a void.

1284

03:14:14.610 --> 03:14:21.840

Christine Delaney | APA: So first you want to choose what platform or platforms you'll be using primarily you don't need to be active everywhere to make a difference.

1285

03:14:22.320 --> 03:14:32.190

Christine Delaney | APA: Focusing on one or two platforms like Twitter or instagram or even tick tock will allow you to take a deeper dive into their features and better connect and build relationships with your audience.

1286

03:14:32.580 --> 03:14:40.920

Christine Delaney | APA: Another way to build your network is to join groups that align with your interests, so these may be on social media platforms, such as groups on Facebook or linkedin.

1287

03:14:41.460 --> 03:14:46.500

Christine Delaney | APA: or they can be outside of the social media sphere, such as lizards are other organizations within your community.

1288

03:14:47.070 --> 03:14:52.800

Christine Delaney | APA: Joining interest groups will help you connect and share information and resources with others who are advocating for the same causes.

1289

03:14:53.160 --> 03:14:58.170

Christine Delaney | APA: it's also a great way to find out about the scheduled gatherings protests or other events in your area.

1290

03:14:59.160 --> 03:15:07.770

Christine Delaney | APA: In addition to joining interest groups don't forget to follow policymakers community leaders colleagues organizations and other experts and influential individuals.

1291

03:15:08.070 --> 03:15:12.840

Christine Delaney | APA: social media is all about connection so be sure to follow accounts that relate to your areas of interest.

1292

03:15:13.560 --> 03:15:19.080

Christine Delaney | APA: Twitter provides a really easy way to follow them connect with public officials and other experts and decision makers.

1293

03:15:19.830 --> 03:15:32.070

Christine Delaney | APA: Using the Twitter explore tab you can find and follow topics that align with your efforts, and you can create Twitter lists organized and keep up with important accounts that are dedicated to the causes you care about next slide please.

1294

03:15:34.050 --> 03:15:42.600

Christine Delaney | APA: So as you're building your network it's important to also begin positioning yourself as a thought leader and showing how your area of expertise, can play a role in effecting positive change.

1295

03:15:43.080 --> 03:15:50.220

Christine Delaney | APA: The first step is to regularly be active on social media social media platforms as i'm sure you probably all have heard or no.

1296

03:15:50.790 --> 03:15:57.960

Christine Delaney | APA: Use algorithms to determine what appears in users feeds and how exactly the algorithms work remains a bit of a mystery.

1297

03:15:58.500 --> 03:16:02.700

Christine Delaney | APA: But they do reward engagement so it's important to remain active on your chosen platforms.

1298

03:16:03.120 --> 03:16:09.300

Christine Delaney | APA: scheduling as little as 15 minutes a day can help you get in the habit of checking in on trending topics that may be relevant to your work.

1299

03:16:09.660 --> 03:16:14.430

Christine Delaney | APA: catching up on what your favorite accounts are saying and composing your own messages to post.

1300

03:16:15.150 --> 03:16:20.790

Christine Delaney | APA: Free tools like Google alerts and pocket can help you find relevant articles to share with your audiences.

1301

03:16:21.180 --> 03:16:29.190

Christine Delaney | APA: and scheduling tools like buffer hootsuite and tweetdeck offer free ways to plan and write your social media posts in advance.

1302

03:16:30.120 --> 03:16:39.990

Christine Delaney | APA: keep in mind as you're writing for social media, to use your own voice inject your personality into your posts and use a conversational tone to make yourself approachable to other users.

1303

03:16:40.800 --> 03:16:47.550

Christine Delaney | APA: don't be afraid to show your enthusiasm and your passion or use humor or even emoji or two when it's appropriate.

1304

03:16:48.450 --> 03:16:58.290

Christine Delaney | APA: Finally, and positioning yourself as a thought leader, be sure to showcase your expertise in addition to sharing your thoughts on others work be sure to highlight your own accomplishments such as new research.

1305

03:16:58.680 --> 03:17:08.400

Christine Delaney | APA: invitation to speak at a conference and award that you won or a link to a recently published article letter to the editor or op ED that you may have written next slide please.

1306

03:17:11.010 --> 03:17:18.510

Christine Delaney | APA: Finally, and I would say, probably, most importantly, when you're using social media for advocacy or really any time don't forget to be social.

1307

03:17:19.050 --> 03:17:27.240

Christine Delaney | APA: Like any good conversation social media is a two way street show your appreciation and support for other's posts by liking retweeting or commenting.

1308

03:17:27.810 --> 03:17:39.330

Christine Delaney | APA: or reposting their content comment with your thoughts or to ask follow up questions and don't forget to reply to users who comment on your post or thank those who share your content from their accounts.

1309

03:17:39.840 --> 03:17:55.200

Christine Delaney | APA: and make sure you use hashtags to join conversations about the topics that are important to you when you're using hashtags in your posts or in your profile bio try to limit yourself to about one to three hashtags at a time and avoid using really general tags like hashtag psychology.

1310

03:17:56.220 --> 03:18:02.820

Christine Delaney | APA: Often the use volume on those general tags is so large that tweets just get lost very quickly in the flow of information.

1311

03:18:03.840 --> 03:18:09.930

Christine Delaney | APA: As I mentioned earlier, you can use social media to participate in organized events so, for example, find enjoying.

1312

03:18:10.260 --> 03:18:16.950

Christine Delaney | APA: scheduled Twitter chats hosted by organizations that align with your advocacy efforts were participate in tweet storms around an issue.

1313

03:18:17.550 --> 03:18:24.090

Christine Delaney | APA: This will not only allow you to share information and resources it's also a great way to connect with other users who share your passions.

1314

03:18:24.420 --> 03:18:31.770

Christine Delaney | APA: You can also share advocacy action alerts, like those from APA with your audience and participate in others that align with your interest in efforts.

1315

03:18:32.460 --> 03:18:42.450

Christine Delaney | APA: And finally, when you're sharing on information on social media and sure you're telling a story so as humans, we often respond to and remember emotions and personal experiences.

1316

03:18:42.840 --> 03:18:52.170

Christine Delaney | APA: And is Doris mentioned earlier on, can weave together data and anecdotes when presenting or issues to grab people's attention and elicit a response next slide please.

1317

03:18:54.870 --> 03:19:06.930

Christine Delaney | APA: So, now that we've explored why social media is an important tool to have in your advocacy tool kit and how to get started i'm going to share some Twitter specific tips for communicating with your elected officials during the summit and beyond.

1318

03:19:07.680 --> 03:19:15.900

Christine Delaney | APA: just wanted to note that this information is available in the Action Center with a little bit more detail and some sample tweets that you can use.

1319

03:19:17.220 --> 03:19:18.000

Christine Delaney | APA: Today and tomorrow.

1320

03:19:19.020 --> 03:19:25.980

Christine Delaney | APA: So before you start tweeting it's a good idea to take a quick look at your profile to make sure your information is complete and up to date.

1321

03:19:26.490 --> 03:19:36.870

Christine Delaney | APA: At the minimum you should have a profile photo a short bio and a location listed, including other information like professional credentials can also help boost your credibility.

1322

03:19:37.770 --> 03:19:43.140

Christine Delaney | APA: Next, as I mentioned earlier, make sure you're tagging your Member of Congress so they'll get a notification about your tweet.

1323

03:19:43.770 --> 03:19:47.520

Christine Delaney | APA: list of handles for Congress members is also available in the Action Center.

1324

03:19:48.480 --> 03:20:03.180

Christine Delaney | APA: Be sure to use any related or relevant hashtags when applicable and like I said a minute ago try to limit yourself to 123 tags, at a time, you can research hashtags using the Twitter search bar the Twitter explore tab or twitter's advanced search feature.

1325

03:20:04.680 --> 03:20:14.730

Christine Delaney | APA: don't forget when you're tweeting during summit to include hashtag APA advocacy in your tweets so everybody else can easily find engage on during today and tomorrow.

1326

03:20:15.960 --> 03:20:29.040

Christine Delaney | APA: Add images and videos to your tweets to help your message stand out in people's feeds websites like unflashy calm PICs ebay.com and pixels calm, which are all linked in the document in the Action Center.

1327

03:20:29.640 --> 03:20:34.170

Christine Delaney | APA: can provide free stock images and videos that you can use if you don't have your own related imagery.

1328

03:20:35.310 --> 03:20:46.110

Christine Delaney | APA: Another thing you can do is take advantage of Twitter threads to organize your thoughts provide more context and tell a compelling story this feature makes it easy to also provide updates later if needed.

1329

03:20:46.920 --> 03:20:53.100

Christine Delaney | APA: And last but definitely not least, be sure to tweet your things to your Member of Congress or staff members after your meetings.

1330

03:20:53.430 --> 03:21:03.810

Christine Delaney | APA: and include a photo or screenshot from your call make sure you ask for permission before you take the photo like you saw in the demonstration and tagged the meeting attendees as well next slide.

1331

03:21:08.160 --> 03:21:11.880

Christine Delaney | APA: So, thank you very much for your attention and we will open it up for some questions.

1332

03:21:17.220 --> 03:21:18.150

Thank you, Christine.

1333

03:21:21.150 --> 03:21:37.410

Karen Studwell- APA: I did post the hashtag a fee advocacy twitter's read that I found so we do have a lot of social media posters already so thank you guys for already being engaged in social media are there other questions for Doris or Christine.

1334

03:21:45.750 --> 03:21:46.740

Karen Studwell- APA: Going once.

1335

03:21:48.090 --> 03:21:48.870

Karen Studwell- APA: Sharon Mary.

1336

03:21:51.750 --> 03:21:52.470

Karen Studwell- APA: you're on mute.

1337

03:21:57.000 --> 03:22:04.920

Sharon Berry PhD ABPP: I cannot find in in the Action Center the Twitter handles for Congressman if it's separate from your Twitter document.

1338

03:22:06.060 --> 03:22:08.670

Sharon Berry PhD ABPP: If you guys could just post it in the chat that would be great.

1339

03:22:09.450 --> 03:22:13.830

Doris Parfaite-Claude, APA: So it's actually not on the action Center it'll be here soapbox when you don't get into shows you the.

1340

03:22:14.250 --> 03:22:16.170

Sharon Berry PhD ABPP: Perfect Thank you.

1341

03:22:16.470 --> 03:22:17.130

Doris Parfaite-Claude, APA: No problem.

1342

03:22:22.590 --> 03:22:22.920

Karen Studwell- APA: came up.

1343

03:22:24.540 --> 03:22:34.920

Thema Bryant: Yes, thank you so much at really appreciating the training this far i'm wondering, for those who may be in groups like us in California, when you have a larger group.

1344

03:22:36.360 --> 03:22:47.790

Thema Bryant: Do you recommend spreading out the requests like in the group that that the role modeling that we saw or to have kind of a primary speaker.

1345

03:22:50.820 --> 03:22:55.050

Doris Parfaite-Claude, APA: let's say but depends on how many people want to talk on the same issue.

1346

03:22:56.460 --> 03:23:10.110

Doris Parfaite-Claude, APA: So if you're able to talk across the issues would make sense to spread it out if you're really all just having an anecdote on one or two have one central speaker for the issues that aren't being covered and then surely anecdotes across the group Oh, where you have the most speakers.

1347

03:23:10.860 --> 03:23:12.180

Thema Bryant: Okay, thank you.

1348

03:23:12.780 --> 03:23:25.920

Karen Studwell- APA: yeah you may find in your state delegation that someone has a really compelling story, and so it could be that that person will be sharing the story and then maybe someone to other folks may share the policy asked recommendation.

1349

03:23:27.150 --> 03:23:34.200

Karen Studwell- APA: Or if someone's a leader and can get you know into the message discipline pretty easily.

1350

03:23:34.710 --> 03:23:42.090

Karen Studwell- APA: Some of you will have people who have been sponsored through the graduates a college education program you may have an MSP fellow.

1351

03:23:42.750 --> 03:23:53.700

Karen Studwell- APA: So you may have a grantee sometimes I let those people speak specifically about that and then other folks can cover the other issues, but sometimes it all it sometimes it depends on the Member.

1352

03:23:54.630 --> 03:23:58.560

Karen Studwell- APA: or each meeting so maybe good just take each meeting individually.

1353

03:23:59.010 --> 03:24:12.120

Karen Studwell- APA: and adjust, you will have in your senate meetings like your whole state delegation might be there and so you'll have a lot more people and then, sometimes in the afternoon, if you have a representative meeting there'll be fewer of you so you'll have to sort of.

1354

03:24:13.080 --> 03:24:24.330

Karen Studwell- APA: slice and dice who's doing which talking point for those different meetings so they might be different between your Senate and House meetings as well, so it's good to practice both of those in those practice sessions.

1355

03:24:25.020 --> 03:24:26.190

Thema Bryant: Great Thank you.

1356

03:24:31.080 --> 03:24:35.040

Karen Studwell- APA: My chat box close are there other questions in the chat or or comments.

1357

03:24:39.000 --> 03:24:47.700

Doris Parfaite-Claude, APA: will come on from Catherine know that I want to bring attention to is asking, as you go through your role group meetings, whether somebody has a personal tied to any of the offices.

1358

03:24:48.720 --> 03:24:51.180

Doris Parfaite-Claude, APA: That was worthwhile dropping in your introduction.

1359

03:24:56.850 --> 03:25:00.810

Karen Studwell- APA: And Christine I think Joanna just asked if we can get copies of the slides.

1360

03:25:02.310 --> 03:25:09.990

Karen Studwell- APA: So I think we're going to try to upload the slides to the to the action Center later this afternoon, like after the summit's over.

1361

03:25:11.550 --> 03:25:20.190

Karen Studwell- APA: i'm not going to say anyone's still editing a couple slides but maybe and we're also going to try to get the recording of the closed caption these uploaded as soon as we can.

1362

03:25:21.300 --> 03:25:27.060

Karen Studwell- APA: because someone requested having that as a possible resource, so we will try to get that Leslie you have your hand up.

1363

03:25:29.430 --> 03:25:36.840

Leslie Greenberg: yeah hi thanks for all of this, I can't believe i'm considered an old timer but as an older person.

1364

03:25:38.370 --> 03:25:43.920

Leslie Greenberg: um I just had a point of information question or a question to ask you guys that I don't know the answer to.

1365

03:25:44.790 --> 03:25:56.700

Leslie Greenberg: Like obviously i'm not you know, an eligible trainee but, honestly, the reason I was able to do my masters and PhD is back then they had federal loans.

1366

03:25:56.940 --> 03:26:09.330

Leslie Greenberg: That, as long as you were still in training, you didn't have to pay back with interest, so I was able to do you know internship fellowship and I always feared like oh my God, I hope I didn't read read the fine print wrong, you know but.

1367

03:26:09.660 --> 03:26:19.830

Leslie Greenberg: It was amazing and the day I graduated my dad paid it off, which was beautiful because I went to school for free do they have that now, or is that long that abolished.

1368

03:26:20.310 --> 03:26:29.640

Karen Studwell- APA: yeah so that was a challenge and Kenneth maybe it'll speak more specifically, but in the Budget Control act of 2011 they got rid of subsidized loans for.

1369

03:26:29.640 --> 03:26:34.890

Karen Studwell- APA: graduate students and it is compounded the student loan debt issues for our current.

1370

03:26:34.920 --> 03:26:44.880

Karen Studwell- APA: graduate students and many ACP so since 2012 I think that has been driving up part of our issues with student loan debts for psychology trainees to.

1371

03:26:45.300 --> 03:26:48.630

Leslie Greenberg: yeah so all the more important to fund correct people.

1372

03:26:49.200 --> 03:26:49.770

yeah okay.

1373

03:26:52.440 --> 03:26:52.890

Leslie Greenberg: Thanks.

1374

03:27:00.060 --> 03:27:00.960

Karen Studwell- APA: All right.

1375

03:27:01.980 --> 03:27:14.460

Karen Studwell- APA: So um Thank you Christine and Doris if there's no more questions we are at time for a break, I do encourage you to come back at 330 so you get a little longer break than we had planned so nice.

1376

03:27:14.940 --> 03:27:25.500

Karen Studwell- APA: We move the 15 minutes here so at 330 Christopher Kush it's really important when you pop back and he's going to go over your soapbox schedule, so you can identify all the different.

1377

03:27:26.550 --> 03:27:43.350

Karen Studwell- APA: pieces in there and and if you have any questions for them about scheduling he can answer them as well, and then we'll move from there into your practice sessions, so, if you would like to take another break, we will see you back here at 330 Thank you.

1378

03:27:48.270 --> 03:27:52.320

Karen Studwell- APA: I have too many things going on on my screen is Andrew is Andrew back.

1379

03:27:53.400 --> 03:27:57.270

Karen Studwell- APA: I just don't see the slides I see you I just don't see the slides yet, but.

1380

03:27:59.400 --> 03:27:59.700

Christopher Kush: it'll.

1381

03:27:59.940 --> 03:28:00.780

Andrew J. Ferreira - APA: Be awesome.

1382

03:28:01.320 --> 03:28:17.580

Karen Studwell- APA: Okay Okay, I was just getting ready to introduce Christopher just wanted to double check um well welcome back everyone so now we're going to talk about your soapbox schedule So hopefully everyone has found your email from Michael king and reviewed, some of your.

1383

03:28:18.630 --> 03:28:24.810

Karen Studwell- APA: meetings on the schedule for tomorrow and Christopher Kush the CEO of soapbox consulting is going to join us.

1384

03:28:25.290 --> 03:28:28.350

Karen Studwell- APA: So let me just briefly introduce Christopher for those who don't know him.

1385

03:28:28.710 --> 03:28:39.720

Karen Studwell- APA: He has helped design sophisticated key contact networks and lobby days and grassroots training programs for APA and many other national associations and he's written three books on grassroots organizing so.

1386

03:28:40.110 --> 03:28:45.000

Karen Studwell- APA: he's quite the expert and he and his soapbox team, including Kevin Schultz and Michael king.

1387

03:28:45.630 --> 03:28:58.290

Karen Studwell- APA: have been scheduling all of your visits that you're going to have tomorrow, and so, hopefully you've been in touch with with Michael so i'm going to turn it over to Christopher to walk you through some logistics about the schedules Christopher.

1388

03:28:58.590 --> 03:29:16.200

Christopher Kush: Right well, thank you, I appreciate it, and as I wait for the sides to come up you know, one of the things that happened during coven is that soapbox turned 25 years old and actually as I look at some of the folks on this meeting I realized.

1389

03:29:16.290 --> 03:29:18.330

Christopher Kush: that many of those 25.

1390

03:29:18.360 --> 03:29:19.650

Karen Studwell- APA: Years you rent a car.

1391

03:29:22.020 --> 03:29:27.810

Christopher Kush: Yes, so for many of the 25 years we've worked with APA on various projects so.

1392

03:29:28.830 --> 03:29:38.490

Christopher Kush: So you know at its core we try to bring in real people from across the country to be a relevant part of the legislative process so.

1393

03:29:39.210 --> 03:29:51.450

Christopher Kush: Thank you for working with us for so long and for helping you know other groups, by having us exist and helping other groups, bring professionals and bring the real stories and bring.

1394

03:29:51.900 --> 03:29:59.550

Christopher Kush: The impact on local people to the United States Congress, making everything better if not a little more inconvenience.

1395

03:30:00.120 --> 03:30:18.030

Christopher Kush: So let's talk about this upcoming event, so this is yes, this is going to be a virtual event, yes, we are all tired of zoom the reason why we do, it is because Congress has not stopped legislating and Congress has not stopped working on the budget for this year and next year.

1396

03:30:19.980 --> 03:30:33.540

Christopher Kush: And nobody's postpone the upcoming election day, so I say all of that, as a way to say, the fact that you have decided, while many groups have decided it's just one zoom call one zoom meeting too many.

1397

03:30:33.960 --> 03:30:41.700

Christopher Kush: you've decided to continue the conversation like you know legislation is still happening like you know.

1398

03:30:42.090 --> 03:30:49.920

Christopher Kush: Money is still being appropriated for the upcoming years and and finding a way to be present during this time.

1399

03:30:50.490 --> 03:31:04.500

Christopher Kush: is an argument in and of itself that you're saying the things we talked about need to be a priority and and the fact that you're here and other groups have faded makes it a compelling argument, so my Hats off to you next slide Andrew.

1400

03:31:06.480 --> 03:31:30.000

Christopher Kush: you'll see that I don't mean a couple of you you'll see that i'd be the nation of you, so we are going to be doing 259 legislative meetings for 256 participants, so you are blanketing the country, and you are meeting with over half of some of the most powerful people on the planet.

1401

03:31:31.500 --> 03:31:42.870

Christopher Kush: So it is, it is a statement in forest, as well as your individual participation, you see, on the map red dots and blue dots I bet you can guess with those signify.

1402

03:31:43.260 --> 03:31:52.920

Christopher Kush: So remember during these meetings, because you're talking about legislation, you cannot bring up candidates, you cannot talk about election day you cannot talk about.

1403

03:31:53.250 --> 03:32:03.540

Christopher Kush: If you've given are supported so in these meetings, because you're talking about legislation, you cannot bring up political parties and what will happen later in the year.

1404

03:32:04.080 --> 03:32:17.580

Christopher Kush: If you haven't done this before and you discover that you or your patients are represented by somebody who you did not and would not vote for we're going to ask you just not to bring it up does that sound fair.

1405

03:32:18.630 --> 03:32:24.810

Christopher Kush: So the people who represent you represent, you and, yes, an election is coming down the tracks we're not going to talk about it.

1406

03:32:25.200 --> 03:32:45.000

Christopher Kush: But they sure, would like to make you happy in some way if they can, and I think when you when you look at Capitol Hill if there's something they can do that's relevant and that will resonate for their constituents and taxpayers, it is something in the mental health bro okay next slide.

1407

03:32:46.860 --> 03:32:52.710

Christopher Kush: Karen mentioned that you should have by now received your mobile tool code, if you didn't.

1408

03:32:53.280 --> 03:33:03.690

Christopher Kush: i'm going to have you put your name in the chat when my comments are done and I will get you your code in the chat box so i'll find a quick way to get you your code.

1409

03:33:04.230 --> 03:33:12.390

Christopher Kush: It is an email that should have come from soapbox check your spam filter if you have a really good firewall or aggressive spam filter.

1410

03:33:13.740 --> 03:33:22.560

Christopher Kush: The mobile tool is not an APP you should not be downloading anything for the mobile tool, it is a website that's it it's just a website, but.

1411

03:33:23.670 --> 03:33:34.470

Christopher Kush: it's important that we use it, because the appointments can do change up till the day of the event, we have 260 of the meeting scheduled, there are always.

1412

03:33:35.130 --> 03:33:46.950

Christopher Kush: offices that schedule at the last minute it's just how they do things, so there are 17 tba is amongst our meetings, the mobile tool gives you the ability to see your schedule in real time.

1413

03:33:48.120 --> 03:33:55.080

Christopher Kush: There will be changes United States Congress is dealing with a bunch of extremely serious issues.

1414

03:33:55.740 --> 03:34:07.080

Christopher Kush: So changes can and do happen to the meetings not I hope there's no changes i'd like to let you know, there will be some changes as things come up and things will shift a little.

1415

03:34:07.680 --> 03:34:19.890

Christopher Kush: That is why you use the real time tool of the mobile tool it's just a website as box mobile COM, it will work on your phone but do yourself a favor.

1416

03:34:20.490 --> 03:34:24.450

Christopher Kush: use it on your desktop or laptop because it will give you links.

1417

03:34:24.870 --> 03:34:43.440

Christopher Kush: to your virtual meeting rooms and you want as much screen real estate as possible, so you're going to see examples of the mobile tool looking like it's on a cell phone but remember our recommendation is that you use it on the largest screen, you have available with a browser next slide.

1418

03:34:46.590 --> 03:34:54.960

Christopher Kush: You go to the website as xbox mobile COM you put in your code, you only have to do it once and then your browser will remember it.

1419

03:34:56.040 --> 03:35:07.050

Christopher Kush: The first time you put in that code, we are going to ask for your cell phone number you don't have to use it on a cell phone but will ask for the number that is because, on the day of event.

1420

03:35:07.710 --> 03:35:21.060

Christopher Kush: We will be sending you updates by push notification if something changes on that day, and we will be sending you reminders for every one of your meetings one hour before the meetings.

1421

03:35:21.870 --> 03:35:30.210

Christopher Kush: that's because, on the mobile tool all of the meetings are written in eastern time and you'll see a little et after each meeting time.

1422

03:35:30.630 --> 03:35:49.560

Christopher Kush: But we know everybody's in different time zones, so we know you might want to sneak in a meeting or get something done between your meetings, so we will be helping keep you on track, by using that cell phone number to send push notifications again just on the day of at that next slide.

1423

03:35:54.210 --> 03:36:02.910

Christopher Kush: When you log in you will typically go to this screen, first, the first time you log in will ask for that cell phone number there'll be a little tutorial.

1424

03:36:03.510 --> 03:36:09.930

Christopher Kush: But once you get through that once you'll see this screen there's a couple important things on this screen.

1425

03:36:10.560 --> 03:36:23.820

Christopher Kush: There is your schedule your schedule includes the easy one click links to your meeting rooms, there is also an icon along the top that says your team.

1426

03:36:24.360 --> 03:36:33.180

Christopher Kush: your team will tell you the names and the email addresses of the other folks who have the exact same schedule that you do.

1427

03:36:33.900 --> 03:36:45.120

Christopher Kush: So you will all share your schedule, it will be your representative and maybe a few additional representatives for other people on your team, and both senators.

1428

03:36:45.900 --> 03:36:54.540

Christopher Kush: Every Congressional office on your schedule is expecting you to be in attendance, so they are aware of these teams, they have approved.

1429

03:36:54.990 --> 03:37:11.370

Christopher Kush: Of these teams, so if it is not your representative, but the representative of somebody else on your team, please still plan on attending that meeting that way, nobody is alone, and you don't have to keep reinventing and recalibrating your meetings throughout the day.

1430

03:37:12.810 --> 03:37:24.840

Christopher Kush: final thing, there is an icon that says documents documents will have copies of your briefings so there's three briefing documents, one has to do.

1431

03:37:25.140 --> 03:37:35.010

Christopher Kush: With the mental health parity and addiction addiction equity act, one has to do with authorizations for psychology workforce development.

1432

03:37:35.490 --> 03:37:45.150

Christopher Kush: And another one has to do with reimbursing psychology interns and residents, so those fact sheets are available under documents.

1433

03:37:45.690 --> 03:38:00.540

Christopher Kush: We will send to Capitol Hill with your final confirmations copies of those issue briefs so the legislative offices will have seen these documents, if they got to it in their inbox.

1434

03:38:01.500 --> 03:38:11.520

Christopher Kush: Some will not have gotten to the documents in their inbox and they will say things like I don't think I got that I don't know if that was sent to me.

1435

03:38:12.090 --> 03:38:24.240

Christopher Kush: You know I haven't seen that it's okay there's a feedback form for every single meeting on the feedback form, you can always say, please resend the issue documents to this office.

1436

03:38:25.770 --> 03:38:34.080

Christopher Kush: This afternoon, and on the day of event, you will have live assistance through the soapbox help desk.

1437

03:38:34.620 --> 03:38:45.840

Christopher Kush: If you need assistance at any time, we are going to ask you to please, as the first thing you do please call the help desk we have living human beings waiting to help you.

1438

03:38:46.320 --> 03:39:01.200

Christopher Kush: On the day of the event, if you send a like an email maybe to Andrew and then he sends it to us, maybe we lose the opportunity of getting you, together with the legislative staff if somebody's having trouble, so please to keep things.

1439

03:39:02.700 --> 03:39:10.110

Christopher Kush: flowing in a timely way, please use that soapbox help desk phone number, if you need assistance okay next.

1440

03:39:11.460 --> 03:39:21.510

Christopher Kush: I bet you, I have some animations I knew it Andrew you can just press a couple forwards schedule your team documents and that soapbox help desk.

1441

03:39:22.020 --> 03:39:35.280

Christopher Kush: That number which, if you press that red button will reveal it is 202-362-5910 and we do have operators standing by for later this afternoon okay next slide.

1442

03:39:37.140 --> 03:39:53.400

Christopher Kush: This is what the your team page looks like so you'll see your name at the top of your team and the names of the other folks who are part of your team you all share the same schedule for the large states, I bet you know who you are.

1443

03:39:54.480 --> 03:39:57.090

Christopher Kush: California Texas.

1444

03:39:58.170 --> 03:40:08.550

Christopher Kush: Probably Florida probably New York, you will have larger senate meetings in that everybody will be able to see the Senate meetings.

1445

03:40:09.120 --> 03:40:17.010

Christopher Kush: But you will probably have to choose, maybe five people to actually speak in the Senate meetings, because these meetings are 15 to 20 minutes long.

1446

03:40:17.430 --> 03:40:29.070

Christopher Kush: So if you have a large group, please anticipate a large senate meeting and prepare to use your 15 or 20 minutes by deciding who's going to speak to each one of the issues.

1447

03:40:29.460 --> 03:40:36.090

Christopher Kush: you'll have a chance to do that work at the end of my comments and then, when you go to your House teams.

1448

03:40:36.630 --> 03:40:41.640

Christopher Kush: Whether you're in a large state or a small state, you will be in a smaller group.

1449

03:40:42.090 --> 03:40:57.840

Christopher Kush: Of usually three to five people and everybody will be able to speak during those meetings so decide what you each want to contribute and then you'll be able to take that, through your meetings that occur throughout the day next slide.

1450

03:41:01.410 --> 03:41:05.250

Christopher Kush: Your meetings are in time order when you press schedule.

1451

03:41:05.790 --> 03:41:14.280

Christopher Kush: This is the place where you will also find your practice room the practice room is what I keep talking about where you're going to meet your team.

1452

03:41:14.640 --> 03:41:22.800

Christopher Kush: talk to one another, get a chance to prepare your meetings will do that at the end of my comments, but where you find your practice room.

1453

03:41:23.250 --> 03:41:37.170

Christopher Kush: Is logging on to the mobile tool pressing schedule and looking for those giant orange box those giant orange box will take you to the room that everybody else from your state will share for your meeting preparation.

1454

03:41:38.730 --> 03:41:41.700

Christopher Kush: underneath that you'll see your meetings and time order.

1455

03:41:42.720 --> 03:41:53.430

Christopher Kush: You will see the meetings listed in eastern time if you are meeting with staff, it will say the staff name and staff title, please remember.

1456

03:41:54.150 --> 03:42:04.620

Christopher Kush: that the issues will not be resolved after your meeting it's a long and complicated process, we will be asking you to contact these offices again.

1457

03:42:05.280 --> 03:42:16.170

Christopher Kush: Throughout the year so you want to think of who picks up the phone in that office who answers your email and gives you some information from that office it's not the Senator.

1458

03:42:17.160 --> 03:42:37.140

Christopher Kush: staff are unimportant strategic opportunity for you to continue the dialogue through a long and complicated process, so please respect the staff that you meet with and see them as a vital link to our strategy, make sure you get their emails as well, so that you can stay in touch.

1459

03:42:39.120 --> 03:42:55.590

Christopher Kush: There will be a one touch meeting link it will probably be for most groups, the same exact meeting link as your practice room so we'll keep sending you to the same place so box will open all of these meeting rooms, so you just have to click on the link and you will be in.

1460

03:42:56.610 --> 03:43:05.850

Christopher Kush: there's a phone number and an ID underneath each link that's for emergency use only almost nobody here will ever have to use that information.

1461

03:43:06.240 --> 03:43:18.030

Christopher Kush: And of course we asked you to call the help desk if you're having any trouble, but in a pinch, if you are not getting audio you can call that phone number and punch in the code to listen to the meeting.

1462

03:43:19.470 --> 03:43:31.590

Christopher Kush: At the bottom of your meeting information, you will see if somebody is on one of our key committees, and you will also see if somebody has co sponsored the parody implementation assistance that.

1463

03:43:32.160 --> 03:43:44.670

Christopher Kush: So you will see HR 3753 that's a house bill number or as 1962 here at the bottom of your meeting information.

1464

03:43:45.090 --> 03:43:51.180

Christopher Kush: That means somebody has already co-sponsored just that one bill and those folks get a thank you.

1465

03:43:51.780 --> 03:43:56.190

Christopher Kush: And they get to know that when your National Association says, an issue is important.

1466

03:43:56.610 --> 03:44:11.220

Christopher Kush: They get to know that the people at home, who are serving their constituents see and appreciate when they take action on an APA request, so that, thank you, is an important part of our overall strategy.

1467

03:44:11.670 --> 03:44:19.200

Christopher Kush: Those folks are not folks we say we don't need to see them, we do need to see them because it completes the loop when we say thank you.

1468

03:44:20.940 --> 03:44:30.930

Christopher Kush: Every meeting has a feedback icon where you can give your team some information about each meeting i'm going to show you that in just a second, but before I get that far.

1469

03:44:31.920 --> 03:44:44.850

Christopher Kush: I want to let you know these meetings were all made for you in your name, so the offices have very specific rosters they're expecting to talk about very specific pieces of legislation.

1470

03:44:45.450 --> 03:44:53.760

Christopher Kush: That is he's our business meetings So these are not town hall meetings, these are not open office hours.

1471

03:44:54.510 --> 03:45:04.680

Christopher Kush: So please do not share these links with anybody they're not to invite neighbors who really love politics to ask a question about what's going on in Ukraine.

1472

03:45:05.070 --> 03:45:15.120

Christopher Kush: that's not part of the agenda for the business meeting but they're also not links for people who may be sympathetic to our issues are supportive of our issues.

1473

03:45:15.540 --> 03:45:25.050

Christopher Kush: If there's somebody who's so great, who has a story that you want to share and it came to mind during the briefing you want to let Andrew and Karen know.

1474

03:45:25.500 --> 03:45:34.440

Christopher Kush: So that we can officially give the office, the courtesy of amending our roster and making sure the people who show up are the people they expect.

1475

03:45:35.460 --> 03:45:36.930

Christopher Kush: Okay next slide.

1476

03:45:39.150 --> 03:45:45.060

Christopher Kush: Your meeting feedback for each meeting is simple and fast oh Andrew go back when you got it.

1477

03:45:46.680 --> 03:45:55.170

Christopher Kush: is simple, for each meeting will know who you are will know what meeting you're talking about, so we can fill all that in in the background, you just have to answer some questions.

1478

03:45:55.830 --> 03:46:06.300

Christopher Kush: Feedback is not just if somebody makes a commitment or somebody changes their mind feedback again a long and complicated process.

1479

03:46:06.720 --> 03:46:18.270

Christopher Kush: Feedback allows karen's team to continue the conversation where you left it rather than having to go back to the beginning with their next discussion with the office.

1480

03:46:18.900 --> 03:46:36.540

Christopher Kush: So for every meeting some details some things that you highlighted did they have any points of interest, do we have to resend the fact sheets so that again the conversation can keep moving forward down the road through this process.

1481

03:46:38.010 --> 03:46:44.910

Christopher Kush: there's a place with a little camera icon at the bottom, if you take a still photograph of your screen with permission.

1482

03:46:45.570 --> 03:46:59.010

Christopher Kush: You can attach a photo of you, it probably looks like the Brady bunch kind of thing attach a photo if the Member takes the meeting or you want to document, one of the meetings that your team does that will be great again with permission.

1483

03:46:59.760 --> 03:47:10.920

Christopher Kush: In no cases that is in zero cases did we ask for permission to either videotape any part of these meetings or audio tape any part of these meetings.

1484

03:47:11.550 --> 03:47:22.710

Christopher Kush: So that would be a serious violation of the ground rules that we have with these meetings, so please no live video no live audio should be recorded but.

1485

03:47:23.760 --> 03:47:31.110

Christopher Kush: A still photograph with permission is charming and helps us document what you were able to accomplish next slide.

1486

03:47:34.290 --> 03:47:44.130

Christopher Kush: zoom you've probably already is that before, and here we all are together on zoom, so this is good that's as the the.

1487

03:47:45.360 --> 03:47:54.930

Christopher Kush: The platform will be using for almost all of our meetings unless a specific legislative office wanted to use a different platform for some reason.

1488

03:47:55.740 --> 03:48:08.100

Christopher Kush: Next slide if you're here you've downloaded the zoom APP says zoom does take a nap you've already got it on your computer it's already up and running next slide.

1489

03:48:10.350 --> 03:48:12.300

Christopher Kush: In 30 seconds or less.

1490

03:48:13.530 --> 03:48:17.790

Christopher Kush: Remember that the bottom left hand of your screen, you can hit forward Andrew.

1491

03:48:18.720 --> 03:48:28.860

Christopher Kush: Has your controls for audio and video if you're not seeing video or hearing audio usually means you have another platform open most computers will only.

1492

03:48:29.280 --> 03:48:33.150

Christopher Kush: Allow the camera to be used with one piece of software, at a time.

1493

03:48:33.960 --> 03:48:50.610

Christopher Kush: You can chat with others by pressing the chat icon along the bottom, this is where i'm going to ask for just your name if you didn't get the mobile tool code at the end of my remarks, please be mindful that because you'll stay in the same room for much of the day.

1494

03:48:53.040 --> 03:49:02.790

Christopher Kush: staff or the next Member The next meeting, somebody may have come early to the meeting so keep your eyes open for staff and Members coming in going from the room.

1495

03:49:03.540 --> 03:49:18.390

Christopher Kush: chat should be neutral should probably try not to be funny during chat try not to be to do to assess especially negative what the next the last Office said in chat because somebody might see it.

1496

03:49:20.130 --> 03:49:32.760

Christopher Kush: You can control your video layout at the top right hand corner and then, of course, the list of everybody on the meeting and the chat function is that strip along the right hand side okay next slide.

1497

03:49:34.800 --> 03:49:35.880

Christopher Kush: Next slide.

1498

03:49:39.360 --> 03:49:45.300

Christopher Kush: Okay, so when we break from here, we are going to go into our state practice rooms, so this will be.

1499

03:49:45.900 --> 03:49:55.650

Christopher Kush: Our ability to get your computer setup by going to the room that you will likely be going to for your legislative meetings again when we break.

1500

03:49:56.370 --> 03:50:12.960

Christopher Kush: You will put your name in chat all only if you have not received or cannot find your soapbox mobile tour code everybody else will go to ask box mobile COM remember that's a website put in that mobile coupon code, if you haven't done so already.

1501

03:50:14.010 --> 03:50:24.780

Christopher Kush: get past the the tutorial if it's your first time and press schedule look for that giant orange box at the top of your schedule and press that link.

1502

03:50:25.950 --> 03:50:35.460

Christopher Kush: If you are all alone for a while it might mean that you're the only one from your state on the briefing, in which case you've done the work of setting up so you're good to go.

1503

03:50:35.970 --> 03:50:47.670

Christopher Kush: But if other folks from your state show up it's a good time for you to discuss the issues that had been briefed before and it's a chance for you to make sure you're ready for that first meeting.

1504

03:50:50.100 --> 03:51:00.870

Christopher Kush: This is also a good time for our larger states who might have to choose, some people to do the speaking in a larger senate meeting for you to get that organized as well.

1505

03:51:02.100 --> 03:51:15.480

Christopher Kush: If you have any trouble doing that getting to your practice room, we are going to ask you to call the soapbox helped us again, you can press that red icon.

1506

03:51:15.960 --> 03:51:29.910

Christopher Kush: that number is 202-362-5910 we do have live people here to help you today, we will have live people to help you tomorrow go ahead and give us a call.

1507

03:51:30.450 --> 03:51:38.160

Christopher Kush: If you need any assistance beyond me just giving you your mobile tool code before you go to your practice room.

1508

03:51:39.120 --> 03:51:46.230

Christopher Kush: Again, I thank you for for the years we've had working with you and.

1509

03:51:46.980 --> 03:52:03.360

Christopher Kush: We wanted to celebrate during coven but it's just another one of those things which you understand, perhaps better than most of the people who meet with Congress, so if we can be of help, please let us know and Karen i'm going to ask you if I got through everything before we.

1510

03:52:03.720 --> 03:52:05.220

Karen Studwell- APA: ask you to repeat the phone number again.

1511

03:52:05.430 --> 03:52:07.470

Christopher Kush: Can you repeat it so number number yes.

1512

03:52:07.530 --> 03:52:09.300

Karen Studwell- APA: Is there we go yep.

1513

03:52:09.390 --> 03:52:10.650

Christopher Kush: yo there have to everyone.

1514

03:52:10.710 --> 03:52:16.470

Christopher Kush: right there in the chat 202-362-5910.

1515

03:52:18.900 --> 03:52:33.930

Christopher Kush: Any thoughts about virtual background coordination with teams, so a zoom can have a jpg or PNG Karen Andrew have you thought about backgrounds if if people would like to show the same.

1516

03:52:34.140 --> 03:52:37.080

Karen Studwell- APA: day as a policy for having your actual background.

1517

03:52:38.100 --> 03:52:47.220

Karen Studwell- APA: i'm not saying everyone follows that policy, because this is not my actual background, but we do not specifically have an APA logo branded background for everyone to use.

1518

03:52:48.390 --> 03:52:54.090

Karen Studwell- APA: But if people want to coordinate their their welcome to in their in their State delegations to find them all.

1519

03:52:56.460 --> 03:53:07.260

Karen Studwell- APA: yeah The only other thing I mentioned in the chat for folks is that because you mentioned people going alone, we definitely tried to find anyone who was alone in partner than with one of the APA advocacy staff so.

1520

03:53:07.890 --> 03:53:12.210

Karen Studwell- APA: Some of us are going to multiple states, so if you get to your breakout rooms or your practice rooms.

1521

03:53:13.020 --> 03:53:27.180

Karen Studwell- APA: And one of the APA folks is supposed to be on your team, we might not be there immediately, but hopefully the next sometime in the next 40 minutes because we are coming back here at 440 to answer any of the questions that may come up during that that practice session.

1522

03:53:27.630 --> 03:53:27.930

Christopher Kush: yeah the.

1523

03:53:27.990 --> 03:53:36.000

Karen Studwell- APA: Other thing that's new IT folks participated, last year we were going to go to webinar links and this time we're going to another zoom link correct so.

1524

03:53:36.150 --> 03:53:36.780

Christopher Kush: Correct yeah.

1525

03:53:36.810 --> 03:53:42.420

Karen Studwell- APA: I don't know if that means something different, for if we all have to leave this zoom and just come back to it at 440 or.

1526

03:53:42.780 --> 03:53:43.920

Karen Studwell- APA: stay open, and let me.

1527

03:53:44.580 --> 03:53:45.060

well.

1528

03:53:46.110 --> 03:53:49.260

Christopher Kush: yeah I don't I don't know about that, but your.

1529

03:53:49.500 --> 03:53:53.430

Christopher Kush: camera and audio should be just in between the two.

1530

03:53:53.700 --> 03:53:55.410

Karen Studwell- APA: Okay, so we'll see how that goes.

1531

03:53:55.500 --> 03:54:07.020

Christopher Kush: Yes, tomorrow, things can happen, you are busy people doing important work, so if you cannot make a meeting we completely understand.

1532

03:54:07.530 --> 03:54:18.120

Christopher Kush: and on Capitol Hill, they will not be upset having the balance of their time returned, however, if they're expecting a constituent during an election year.

1533

03:54:18.690 --> 03:54:22.830

Christopher Kush: They may have said yes to you and no to another group from the district.

1534

03:54:23.520 --> 03:54:37.350

Christopher Kush: So if you cannot make a meeting it's Okay, but please let us know either today or if it comes up suddenly that's fine to let us know tomorrow, via the help desk and that way, we can make sure that the thing.

1535

03:54:38.220 --> 03:54:46.680

Christopher Kush: You know they remember about the meetings are the stories you tell them the legislation and not the fact that the constituent didn't show up or something of that nature.

1536

03:54:47.820 --> 03:54:54.270

Karen Studwell- APA: One other question Christopher was um so I know some folks are going to breeze together tomorrow morning can those practice rooms.

1537

03:54:54.330 --> 03:54:57.420

Karen Studwell- APA: Either stay open or like need to request it.

1538

03:54:57.600 --> 03:54:58.050

Christopher Kush: If it needs.

1539

03:54:58.230 --> 03:54:59.880

Karen Studwell- APA: To be open earlier just be open.

1540

03:55:00.600 --> 03:55:03.210

Christopher Kush: They will just be open, they will be for you.

1541

03:55:03.690 --> 03:55:07.410

Christopher Kush: Okay, so and Michael king is on here as well, so.

1542

03:55:07.830 --> 03:55:10.020

Karen Studwell- APA: I think Alan had asked that question about you know.

1543

03:55:10.110 --> 03:55:12.480

Karen Studwell- APA: They could coordinate the bit tomorrow morning before the meetings to.

1544

03:55:12.990 --> 03:55:14.160

Karen Studwell- APA: Correct okay.

1545

03:55:15.540 --> 03:55:15.870

Karen Studwell- APA: All right.

1546

03:55:16.260 --> 03:55:20.370

Christopher Kush: Great put your name in chat if you don't have that.

1547

03:55:21.960 --> 03:55:24.300

Christopher Kush: Oh look wait I virtual tips let's run through.

1548

03:55:26.940 --> 03:55:27.840

Christopher Kush: talked about that.

1549

03:55:29.670 --> 03:55:31.260

Christopher Kush: Time is limited talk about that.

1550

03:55:32.940 --> 03:55:45.000

Christopher Kush: manager noise and environment that's probably the number one thing so have all your little angels out of the room oh dress in business attire this is helpful, so you know a little.

1551

03:55:45.900 --> 03:55:54.600

Christopher Kush: You know jacket or tie something with button something just just i'd say business casual Karen Am I correct in making that request.

1552

03:55:55.500 --> 03:55:59.280

Karen Studwell- APA: Yes, they are, they are business meeting so, at least from the waist up.

1553

03:56:01.560 --> 03:56:06.870

Christopher Kush: There might be one or two meetings were staff choose to meet by phone because they don't use a background and.

1554

03:56:07.320 --> 03:56:19.740

Christopher Kush: they're not comfortable showing where they live, so please, it has no interest in it's no indication of how they feel about the legislation, so please be gracious about that talked about videotaping.

1555

03:56:22.650 --> 03:56:32.310

Christopher Kush: Following up is important, I think a lot of staff use follow up as a way to see if you really meant it so at the end of the day we will add.

1556

03:56:32.700 --> 03:56:50.130

Christopher Kush: an email for the person who handled the scheduling of each meeting might or might not be the person you met with so at close of business tomorrow, you will see the email of your have a contact in the Office, please say thank you follow up on these issues.

1557

03:56:51.210 --> 03:57:02.910

Christopher Kush: If you have a meeting that's half hour apart watch even closer for staff and Members coming in and out of the rooms, we did ask for an hour between each meeting in every single case.

1558

03:57:03.270 --> 03:57:09.120

Christopher Kush: So if there's a half hour meeting you're looking at a case where one of the offices was not available to do it that way.

1559

03:57:10.230 --> 03:57:19.770

Christopher Kush: But you want to make sure you stick to your 15 or 20 minutes, even if you're the person who says to the legislative officer staff, you know we're going to need to wrap up for the next meeting.

1560

03:57:21.210 --> 03:57:28.200

Christopher Kush: One thing that happens late during these zoom conference meetings to our webinar days.

1561

03:57:28.740 --> 03:57:36.780

Christopher Kush: Is that the later in the off in the later the afternoon, you get the more likely staff and Members are to be late to your meetings.

1562

03:57:37.380 --> 03:57:54.360

Christopher Kush: So if you're in a room and nobody's there, and you start to feel that feeling of like I don't know is is the Senator coming or does she have a different time on her schedule if somebody does not join the meeting in a timely fashion we're going to ask you to give it 10 minutes.

1563

03:57:55.410 --> 03:58:04.650

Christopher Kush: And then everybody stay in the room, except for one person who should call the soapbox help desk so we'll try to find the staff remember in the background.

1564

03:58:05.460 --> 03:58:10.590

Christopher Kush: Typically they're running late, and so, while you are together, while you're prepared to talk about these issues.

1565

03:58:11.430 --> 03:58:21.390

Christopher Kush: If we can find the staff, remember, we don't have to gather you up on another day on occasion, we have to gather you up on another day so that will happen, maybe for a meeting or two.

1566

03:58:22.380 --> 03:58:33.570

Christopher Kush: But we'll do that they're important issues we're going to try and minimize that though stay in the room, and let us see if we can get the right people together okay that's all I have to say thank you for that.

1567

03:58:34.500 --> 03:58:36.330

Christopher Kush: And we can do.

1568

03:58:36.810 --> 03:58:39.750

Karen Studwell- APA: Is you guys are going to stay here for some people with had issues, then we're going to go.

1569

03:58:39.750 --> 03:58:40.920

Karen Studwell- APA: Practice that.

1570

03:58:41.520 --> 03:58:57.330

Christopher Kush: Yes, if you did not get your mobile tool code, you can put your name in the chat and then stay, looking at the chat because I will fill in the chat with your mobile tool code everybody else should go to s box mobile.com now.

1571

03:58:57.870 --> 03:59:02.790

Christopher Kush: Putting your mobile tool code, make sure it's the mobile tool code, from this year.

1572

03:59:04.020 --> 03:59:08.310

Christopher Kush: Fine schedule and press the link in that giant.

1573

03:59:08.430 --> 03:59:08.970

um.

1574

03:59:10.560 --> 03:59:23.340

Alix Ginsberg, APA: Okay got it Hello everyone welcome back, so please let us know, this is an opportunity opportunity for you to ask me serena and I think Scott, will be back soon any questions that you have around the legislative requests.

1575

03:59:23.760 --> 03:59:29.340

Alix Ginsberg, APA: If you have, I would say, you know if you have questions around kind of logistics of the meetings to.

1576

03:59:29.760 --> 03:59:35.670

Alix Ginsberg, APA: That our operations team can help answer please put those questions in the chat and we can get those answers answered as well.

1577

03:59:36.210 --> 03:59:43.380

Alix Ginsberg, APA: But, primarily, this time in terms of discussion is going to be used for any clarification you need about any of the legislative requests.

1578

03:59:43.860 --> 03:59:54.180

Alix Ginsberg, APA: so happy to answer, both in terms of logistics and legislative legislative technicalities around these issues of course you don't need to be an expert, though, but we're here to provide whatever information that we can for you.

1579

03:59:54.450 --> 04:00:00.420

Alix Ginsberg, APA: To help you feel most comfortable in your meetings does anybody have any pressing questions that they'd like to kind of started off with.

1580

04:00:07.260 --> 04:00:09.420

Alix Ginsberg, APA: That must mean the information was 100% clear.

1581

04:00:11.070 --> 04:00:12.690

Karen Studwell: How many Grad students are supported by.

1582

04:00:12.690 --> 04:00:16.440

Karen Studwell: GP oh go into practice, like 100% I would say.

1583

04:00:17.310 --> 04:00:24.630

Alix Ginsberg, APA: yeah I would say 100% it's a it's a practice training it's a training program to support the practice pipeline.

1584

04:00:27.000 --> 04:00:29.370

Karen Studwell: And I think was about 250 a year, or is it.

1585

04:00:29.370 --> 04:00:32.580

Karen Studwell: 100 250 a year approximately get stipends.

1586

04:00:32.850 --> 04:00:38.400

Alix Ginsberg, APA: that's about that, I think, either 200 to 250 a year is about right in terms of students being supported.

1587

04:00:38.880 --> 04:00:43.470

Alix Ginsberg, APA: and get all that information in terms of kind of the summary about how many.

1588

04:00:43.860 --> 04:00:53.970

Alix Ginsberg, APA: students were served or I mean how many students were supported what percent of trainees from last year went into serving medically underserved populations summary of all that information is found on the on the fact sheet.

1589

04:00:59.550 --> 04:01:00.480

Alix Ginsberg, APA: Any other questions.

1590

04:01:11.400 --> 04:01:11.910

Serena Davila- APA: Oh, there we go.

1591

04:01:13.980 --> 04:01:15.300

Alix Ginsberg, APA: idea or dad is it.

1592

04:01:17.700 --> 04:01:18.390

Alix Ginsberg, APA: you're on mute.

1593

04:01:22.440 --> 04:01:30.330

Dea Silbertrust (she, her): Sorry, one of the things I looked up was about our state Pennsylvania hasn't had a GP.

1594

04:01:32.460 --> 04:01:38.580

Dea Silbertrust (she, her): programs since 2017 How was it decided which States get it and which don't.

1595

04:01:39.480 --> 04:01:47.760

Alix Ginsberg, APA: Great question so GP right now is it's a really competitive program because it's such a small program right, so there are only 49 GP.

1596

04:01:47.790 --> 04:01:51.240

Alix Ginsberg, APA: Grants or 50 GP GP grant so it's a very competitive Program.

1597

04:01:51.810 --> 04:01:59.700

Alix Ginsberg, APA: The way that it works is it's a three year grant program and it's psychology training programs that have to apply for the program and the program is very competitive.

1598

04:02:00.240 --> 04:02:08.520

Alix Ginsberg, APA: Based on how how you know what quality, the application is it could be that you don't receive a GP grant you know, in a consecutive year.

1599

04:02:08.730 --> 04:02:15.360

Alix Ginsberg, APA: It could also be that they didn't apply for GB funding, because they were able to secure funding through another source for their Program.

1600

04:02:15.660 --> 04:02:21.360

Alix Ginsberg, APA: So it's not necessarily that they that they applied again and didn't receive funding there's a lot of different factors that could go into it.

1601

04:02:21.720 --> 04:02:25.710

Alix Ginsberg, APA: But again, if your program if your state isn't currently receiving GP funding.

1602

04:02:26.670 --> 04:02:36.060

Alix Ginsberg, APA: The talking point would be if you've had GB funding in the past that this funding has come to the state in the past and increased funding for this program would allow our state to compete for this purpose, this funding again.

1603

04:02:39.000 --> 04:02:40.470

Dea Silbertrust (she, her): Alex there's a great shape kilda.

1604

04:02:40.620 --> 04:02:47.520

Karen Studwell: Sorry sorry there's a question in the chat has anyone in Congress expressed interest in providing medicare reimbursement for interns.

1605

04:02:48.360 --> 04:02:54.600

Alix Ginsberg, APA: So this is a relatively new issue in terms of one's that one's been on the APA radar for quite quite some time.

1606

04:02:55.440 --> 04:03:02.190

Alix Ginsberg, APA: But one in terms of US bringing into Congress it's kind of a newer issue, the positive thing is, is that Scott and I.

1607

04:03:02.580 --> 04:03:07.890

Alix Ginsberg, APA: And some other lobbies here we've already met with the Senate finance committee which has jurisdiction over this issue.

1608

04:03:08.160 --> 04:03:13.980

Alix Ginsberg, APA: And they have expressed interest in working on this issue, and this is, this has been for several months that they've expressed interest in this issue.

1609

04:03:14.250 --> 04:03:22.440

Alix Ginsberg, APA: So if you're in meetings, and you have a question about you know if the question is has legislation been introduced on on this training issue under medicare, the answer is no.

1610

04:03:22.650 --> 04:03:35.430

Alix Ginsberg, APA: But we're actively looking for members of Congress who are who would be interested in introducing this legislation, but in terms of answering the question about whether Congress has ever expressed interest the Senate Finance Committee has expressed interest in working on this issue.

1611

04:03:37.620 --> 04:03:41.130

Alix Ginsberg, APA: Which is, which was something very exciting to us we're very excited about it.

1612

04:03:41.730 --> 04:03:47.070

Alix Ginsberg, APA: Something that our chief science officer testified testified in Congress about when he was before.

1613

04:03:47.070 --> 04:03:54.750

Alix Ginsberg, APA: The health committee and other committee and, even though he was testifying before help and that's not technically, the committee that has jurisdiction over this issue.

1614

04:03:54.990 --> 04:04:07.920

Alix Ginsberg, APA: We were still able to pick up a lot of press on this issue and in roll call and politico so that was very That was really exciting so it's not just it's not just Congress expressing interest in this issue we've seen interest in it in in media as well.

1615

04:04:08.730 --> 04:04:18.390

Karen Studwell: I think it'd be a good thing to report back so we've had some interest so be good to find a champion really that issue, so if you do find that your.

1616

04:04:18.990 --> 04:04:26.370

Karen Studwell: Your pitch resonates with that office it put that in the feedback and that could be a good way for us to follow back up with them as the process moves forward.

1617

04:04:28.260 --> 04:04:29.340

Karen Studwell: Yes, as Mary said.

1618

04:04:30.240 --> 04:04:33.960

Karen Studwell: that's Our hope is that, then we could get it included in the mental health package.

1619

04:04:34.770 --> 04:04:41.400

Alix Ginsberg, APA: Correct I in terms of i'll just repeat the kind of framework for these meetings in terms of legislative vehicles.

1620

04:04:41.760 --> 04:04:52.350

Alix Ginsberg, APA: The appropriations request for GB and MSP that's the funding request with this specific dollar amount that has to move through the appropriate the annual appropriations bill that Congress puts together every year.

1621

04:04:53.040 --> 04:05:05.310

Alix Ginsberg, APA: we're working for words putting in our fyi 23 request, right now, but the rest of the requests could theoretically be incorporated into some kind of package some kind of mental health package that that Congress has expressed interest in working on.

1622

04:05:11.100 --> 04:05:14.490

Alix Ginsberg, APA: Any more questions put them in the chat or you can raise your hand.

1623

04:05:24.810 --> 04:05:26.040

Karen Studwell: I know there's some folks who are still.

1624

04:05:28.110 --> 04:05:29.340

Karen Studwell: meeting with their teams.

1625

04:05:42.120 --> 04:05:58.470

Karen Studwell: One question that came up in my smaller group was about for those folks who are used to going to in person meetings about the palm card So if you go to the action Center and actually just scroll down a little bit what i've done like for our summit last year is.

1626

04:05:59.640 --> 04:06:08.370

Karen Studwell: The Middle part that starts with the there's like a blue bar at the top that's like essentially like a palm card, and then I usually just scroll down like the sample talking points, and you can.

1627

04:06:08.880 --> 04:06:18.090

Karen Studwell: kind of find all the information there and almost like a chronological order so if you haven't gone through and printed out all the different fact sheets.

1628

04:06:18.750 --> 04:06:29.430

Karen Studwell: You can find them in that documents box on your soapbox so box schedule, but they're also on the advocacy action Center page, but I always like to just have that screen open.

1629

04:06:29.880 --> 04:06:43.470

Karen Studwell: During our meetings to see if i've forgotten anything, because often I start writing things and then by the time it's the meeting and like Oh, I wrote so many notes to myself, I can't interpret them, so I always find going back to their help sort of reset and refocus.

1630

04:06:44.490 --> 04:06:45.600

Karen Studwell: The talking points for me.

1631

04:06:49.860 --> 04:06:51.810

Frank C. Worrell: Well, I don't know I think it's important to make a note.

1632

04:06:52.980 --> 04:07:10.950

Frank C. Worrell: On that, in that list that the there's the authorized there's the appropriations for class and then the reauthorization request that both embedded in the request, one for the first for the GP and then the second for the nfp so to remember that they're both their arm.

1633

04:07:13.830 --> 04:07:16.950

Alix Ginsberg, APA: And their requests for the reauthorization for GP and MSP.

1634

04:07:17.340 --> 04:07:23.640

Alix Ginsberg, APA: Should you know if you've already if you're going through the meetings and the way that we've laid out and in terms of the speaking order that we've laid out.

1635

04:07:23.850 --> 04:07:33.960

Alix Ginsberg, APA: You shouldn't have to spend too much time talking about the reauthorization request for GB and MSP because you've already set all that information, most likely when you were making the funding request for GP and MSP.

1636

04:07:34.620 --> 04:07:39.780

Alix Ginsberg, APA: it's a very basic request and it's a related requests were asking for increased funding for both of these programs.

1637

04:07:40.440 --> 04:07:47.520

Alix Ginsberg, APA: But we need you know these programs are expiring, this year, so in order to keep getting funding for these programs, we also need them to be reauthorized.

1638

04:07:47.850 --> 04:07:56.580

Alix Ginsberg, APA: So the justification for the reauthorization and the appropriations it's exactly the same for GP and i'm FP really it's just about the importance of the programs gel.

1639

04:07:57.630 --> 04:08:00.210

Jo Linder-Crow, PhD CA Psych Assn: yeah I just We talked a little bit in our.

1640

04:08:00.510 --> 04:08:00.900

Group.

1641

04:08:02.130 --> 04:08:17.190

Jo Linder-Crow, PhD CA Psych Assn: One thing that just to keep in mind, I think, is that, even though we have a meeting scheduled for and half hour and they that those things can change and so just to be focused on being succinct as much as we can, because.

1642

04:08:18.210 --> 04:08:26.070

Jo Linder-Crow, PhD CA Psych Assn: they'll be surprised if a staffer comes in and says i'm so sorry i've got about 15 minutes or i've got 10 minutes and then i'm going to have to go.

1643

04:08:26.430 --> 04:08:31.890

Jo Linder-Crow, PhD CA Psych Assn: The virtual meetings they seem to be a little more relaxed, for some reason, and we have found at least.

1644

04:08:32.550 --> 04:08:45.690

Jo Linder-Crow, PhD CA Psych Assn: Here, but just don't be surprised, I mean happens all the time when we're in the capital, but literally that come in and say what do you have Bam Bam Bam and then they're gone so just you may have a well planned out.

1645

04:08:48.810 --> 04:08:51.090

Alix Ginsberg, APA: Or, I think you just went back on mute Joe.

1646

04:08:52.110 --> 04:08:53.910

Alix Ginsberg, APA: So we didn't hear the last part of your comment.

1647

04:08:54.060 --> 04:08:58.260

Jo Linder-Crow, PhD CA Psych Assn: It said the host muted me and I was just taking that as a sign.

1648

04:09:00.180 --> 04:09:00.870

Alix Ginsberg, APA: of it.

1649

04:09:03.810 --> 04:09:07.140

Jo Linder-Crow, PhD CA Psych Assn: I was thinking that as a lesson of exactly what i'm talking about.

1650

04:09:10.650 --> 04:09:13.920

Carolyn Stimel: A minute two minutes, and then we cut you a.

1651

04:09:14.910 --> 04:09:15.450

timer.

1652

04:09:17.610 --> 04:09:20.220

Alix Ginsberg, APA: And of course I think it was just an accident, but to joe's point.

1653

04:09:20.700 --> 04:09:23.010

Alix Ginsberg, APA: I didn't get a good lesson.

1654

04:09:23.040 --> 04:09:24.810

Karen Studwell: yeah and Oscars lesson.

1655

04:09:25.020 --> 04:09:27.180

Karen Studwell: But yeah like when the media is.

1656

04:09:27.180 --> 04:09:29.130

Jo Linder-Crow, PhD CA Psych Assn: kendra like when the music plays you know.

1657

04:09:30.000 --> 04:09:38.280

Karen Studwell: One thing I noticed in the previous meetings last year, sometimes the staff might be in the office and they'll have a mask on so you're talking about.

1658

04:09:38.880 --> 04:09:48.570

Karen Studwell: And so you'll you'll miss seeing their mouth or a lot of them might not turn on their camera so they're just on the phone and you guys can all see each other and there's just a phone number.

1659

04:09:49.470 --> 04:10:02.610

Karen Studwell: So it can be a little off putting but just adjust and pretend they're right there because they're paying attention, sometimes you might hear them typing things just pretend they're taking really good notes from everything you're saying.

1660

04:10:03.480 --> 04:10:18.210

Jo Linder-Crow, PhD CA Psych Assn: We had lobby, we had our lobby day here in California couple weeks ago, and there was literally a staffer and he was he was exactly that is not on camera and, finally, he said, I guess, I should tell you that i'm not on camera because i'm really sick and i'm lying in bed and.

1661

04:10:20.460 --> 04:10:25.440

Jo Linder-Crow, PhD CA Psych Assn: When they see me we're like Okay, thank you yeah probably right.

1662

04:10:28.800 --> 04:10:29.340

Bill Tanner: Oh.

1663

04:10:30.390 --> 04:10:34.800

Karen Studwell: And I do think we did this a lot last year, but the staff are still.

1664

04:10:36.030 --> 04:10:46.560

Karen Studwell: You know, under extra stress so just you know, asking how they're doing there some of them are starting to go back a little bit into their offices.

1665

04:10:47.790 --> 04:10:49.710

Karen Studwell: Not all the way, but um.

1666

04:10:50.910 --> 04:10:51.660

Karen Studwell: I think they're still.

1667

04:10:54.150 --> 04:10:55.440

Karen Studwell: Getting everything back together.

1668

04:10:57.390 --> 04:11:07.320

Alix Ginsberg, APA: encourage you in the meetings to that you know just because we, you have to you do have to be succinct with your talking points and it's best to practice those talking points in advance, just to make sure that you're not.

1669

04:11:07.680 --> 04:11:11.910

Alix Ginsberg, APA: rambling on about an issue when you just do have a short amount of time to just make your point.

1670

04:11:12.810 --> 04:11:21.150

Alix Ginsberg, APA: Again, keep in mind that, for the staffers that you're meeting with some could be fresh out of college some could be in their mid 20s come some could be more experienced.

1671

04:11:21.540 --> 04:11:29.160

Alix Ginsberg, APA: If you get the sense in your meeting where you're you know you just haven't heard from a staffer in a long time you're just getting kind of eyes that look a little bit glazed over.

1672

04:11:29.610 --> 04:11:37.560

Alix Ginsberg, APA: Just take a step that I know you have talking points to deliver but remember it's not a presentation, it is a discussion and check in with the staff, just to make sure that they're.

1673

04:11:38.070 --> 04:11:48.180

Alix Ginsberg, APA: That they're still with you, they may not be with you, in which case there's no point in moving on to your next request if the first one was kind of over their head ask if there any questions that they have.

1674

04:11:48.960 --> 04:11:56.070

Alix Ginsberg, APA: Just try to just try to get a sense of if there's any more information, like that that you can provide or if they're really kind of if the issue really resonated with them.

1675

04:11:56.880 --> 04:11:58.950

Alix Ginsberg, APA: they've again just to remind everyone.

1676

04:11:59.310 --> 04:12:07.380

Alix Ginsberg, APA: They have a very you know, in terms of the differences between psychologists and psychiatrists that can top that piece of information alone could be totally over their head, they may not know that information at all.

1677

04:12:07.650 --> 04:12:18.090

Alix Ginsberg, APA: So understand that you may have to start from a basic level of kind of building a foundation for knowledge or just kind of providing a little bit of basic education around some of these issues.

1678

04:12:19.110 --> 04:12:24.990

Alix Ginsberg, APA: You can also you know it's fair game in the meetings that in order to if they're you know if you've never met with the staffer before.

1679

04:12:25.920 --> 04:12:33.060

Alix Ginsberg, APA: You can ask them, particularly for GP and MSP Are you familiar with these programs at all, and you can give them a chance to say yes or no.

1680

04:12:33.600 --> 04:12:41.430

Alix Ginsberg, APA: If they say yes, then perhaps you don't actually have to spend so as much time on those issues if they are already aware of the program they're already aware of the importance of the program maybe.

1681

04:12:41.940 --> 04:12:48.060

Alix Ginsberg, APA: So it could actually asking these questions can be helpful in terms of time management for the meetings on the parody issue to are you.

1682

04:12:48.450 --> 04:12:59.070

Alix Ginsberg, APA: familiar with issues surrounding parody yes or no also can give you kind of good guidance around what what parts of the meeting spend the most time educating the staff and and and office on.

1683

04:13:04.020 --> 04:13:06.390

Kari Scovel: With the parody can you hear me yep.

1684

04:13:06.450 --> 04:13:23.610

Kari Scovel: Yes, um you know, one of the things that I wanted to ask the group of people is if they have really some really good you know any kind of good stories to share, about parody because I know in my own practice, and I have a pretty big practice I have on you know I don't know.

1685

04:13:25.260 --> 04:13:30.930

Kari Scovel: told the you know some part time here that's probably not big for some people, but anyway.

1686

04:13:31.740 --> 04:13:38.280

Kari Scovel: You know, sometimes they limit their sessions and that's not allowed, and sometimes they pre The pre authorization.

1687

04:13:38.670 --> 04:13:53.940

Kari Scovel: that's and that's not supposed to be allowed, but it still goes on, I mean, I would like to know from other people if they you know, do they have similar stories and then the I mean the issue like you know, been being bombarded with auditing.

1688

04:13:55.080 --> 04:14:01.410

Kari Scovel: in Melbourne versus medical, I would like to just chat about that a second with practitioners if they can chime in.

1689

04:14:03.840 --> 04:14:10.050

Alix Ginsberg, APA: Thank you for that does anybody have a really compelling narrative or story or anecdote that they plan on sharing I related to Barry Allen.

1690

04:14:11.820 --> 04:14:12.180

Alan Hack NY FAC: yeah.

1691

04:14:13.320 --> 04:14:15.450

Alan Hack NY FAC: Not my story, but it's someone I know.

1692

04:14:16.530 --> 04:14:23.130

Alan Hack NY FAC: has been constantly harassed by the insurance company they got him in this program called.

1693

04:14:24.270 --> 04:14:33.810

Alan Hack NY FAC: I forget the title I think its pH I and every month, they say we're not going to authorize this, you have to provide us with additional information.

1694

04:14:34.170 --> 04:14:40.830

Alan Hack NY FAC: It takes three months for them to approve it, but if he if you put in a claim then.

1695

04:14:41.340 --> 04:14:53.610

Alan Hack NY FAC: A second claim they can either deny or that one to make you do it again so they're constantly delaying payment for months, at a time, and once you're on one of these things they can do it forever there's no.

1696

04:14:54.060 --> 04:15:03.840

Alan Hack NY FAC: reason why they can't keep doing it like there's no accountability at all so it's a very it makes it very hard, even if they, in the end rule in your favor.

1697

04:15:04.530 --> 04:15:16.680

Alan Hack NY FAC: They it still takes months for the whole process, and you know you're still seeing the patient that you don't even know if you're going to be authorized to see you've already seen actually so they're after.

1698

04:15:17.250 --> 04:15:25.440

Alan Hack NY FAC: After you've already seen them they they do these reviews it's very compelling and several people that in New York.

1699

04:15:28.830 --> 04:15:38.400

Alix Ginsberg, APA: I wanted to answer one question in the chat by Barbara if our representative representative has supported HR 3753 should we talk about it, or just leave it to thank you.

1700

04:15:38.820 --> 04:15:47.010

Alix Ginsberg, APA: We want more feedback from the office, I would say that it's a big I would definitely say thank you and I would definitely knowledge if they have already supported.

1701

04:15:47.520 --> 04:15:58.410

Alix Ginsberg, APA: HR 753 if they have that's a really good indication that they're interested in and that they already have been supportive of expanding access or supporting access to mental and behavioral health services.

1702

04:15:58.620 --> 04:16:05.310

Alix Ginsberg, APA: So it's a good launching off comment actually you know, we know that you have been supportive that you've supported HR 3753.

1703

04:16:05.550 --> 04:16:14.820

Alix Ginsberg, APA: We really appreciate that support here are two other policy policy solutions that would help expand access to mental and behavioral health, we have an appropriations asked, we have the training issue.

1704

04:16:15.510 --> 04:16:22.080

Alix Ginsberg, APA: So I think it's a good launching off point for sure if you have a representative or Senator that is supported either pieces of this of this legislation.

1705

04:16:23.250 --> 04:16:27.930

Scott Barstow (he/him) - APA: You know, you can you can just say thank you and take us for an answer.

1706

04:16:34.740 --> 04:16:36.300

Alix Ginsberg, APA: Any other questions for us.

1707

04:16:39.240 --> 04:16:50.220

Alix Ginsberg, APA: I know we have pat de Leon on the on the call today and, as a former APA president and a long time chief of staff for Senator and away Pat, I wonder if you wanted to share your.

1708

04:16:50.670 --> 04:16:58.680

Alix Ginsberg, APA: Top your number one tip for our advocates as they approach the hell tomorrow, and these virtual meetings and making the most compelling point they can.

1709

04:17:00.210 --> 04:17:04.410

Pat: Thank you, I think, the key is just to enter personal, social relationship.

1710

04:17:05.220 --> 04:17:21.090

Pat: The content is not that important if they like you they'll be helpful that goes to the comment about thank them if they don't like you, you can argue all you want to yourself so just build that relationship and keep coming back I think it's an excellent what you're doing today, tomorrow.

1711

04:17:22.710 --> 04:17:30.840

Alix Ginsberg, APA: Thank you, fine I think that's a really great point one perhaps you know that can get lost because there was a lot of information presented today a lot of sample talking points but.

1712

04:17:31.500 --> 04:17:38.850

Alix Ginsberg, APA: kind of the part of the you know the the demonstration and then what we incorporated in terms of kind of the maybe the little bit of homework that you've done on your talking points.

1713

04:17:39.150 --> 04:17:45.600

Alix Ginsberg, APA: A lot of that has to do with building rapport with these offices and with these Members and with the staff that's going to set you up for.

1714

04:17:45.810 --> 04:17:50.970

Alix Ginsberg, APA: What advocacy is, which is it's not just a one touch and one time kind of communication and then that you know.

1715

04:17:51.180 --> 04:17:57.720

Alix Ginsberg, APA: The advocacy issues accomplish it happens over several different communication several different touches so building that relationship and building that rapport.

1716

04:17:57.960 --> 04:18:02.640

Alix Ginsberg, APA: is very important, with this with this staff and it's worth, even though there is it's just a small amount of time.

1717

04:18:02.910 --> 04:18:13.440

Alix Ginsberg, APA: It is worth investing some time just you know, having a little small talk with the staff are getting to know them or connecting with them on some kind of personal level, it makes them more likely to remember you and remember your requests.

1718

04:18:14.610 --> 04:18:16.260

Alix Ginsberg, APA: Leslie do you have a question.

1719

04:18:16.320 --> 04:18:21.720

Leslie Greenberg: Oh hi Catherine, yet I was just going to build on what Alan from New York said in terms of parody.

1720

04:18:22.500 --> 04:18:32.880

Leslie Greenberg: Here in Richmond most senior psychologist in private practice don't even accept insurance, because they can't be bothered with all the the paperwork burden.

1721

04:18:33.840 --> 04:18:41.940

Leslie Greenberg: So it means you know if you want like an experienced person in private practice you're gonna have to be able to Shell out like \$200 an hour.

1722

04:18:43.260 --> 04:18:46.260

Leslie Greenberg: Which is terrible, but what people have to do.

1723

04:18:47.640 --> 04:18:47.880

Paul Tonko: Hello.

1724

04:18:48.450 --> 04:18:48.930

system.

1725

04:18:50.040 --> 04:18:52.980

Paul Tonko: Oh, Catherine Hello frank it's Paul taco.

1726

04:18:53.790 --> 04:19:06.780

Karen Studwell: Thank you alright so Catherine you're still on mute but we'll have to move on to our congressional awards session so thanks for all the questions i'm going to turn it over to Catherine and Dr world.

1727

04:19:08.820 --> 04:19:11.010

Katherine McGuire — APA: First of all, i'd like to welcome.

1728

04:19:12.180 --> 04:19:14.070

Katherine McGuire — APA: Representative Paul tomko.

1729

04:19:15.840 --> 04:19:26.940

Katherine McGuire — APA: He actually is my family's my husband's side of the families their representative in upstate New York, so this is it's a big honor for me to have him here, and also to know.

1730

04:19:27.450 --> 04:19:34.440

Katherine McGuire — APA: That he's always on the side of mental health and on the side of psychologists and with that frank i'm going to turn it over to you.

1731

04:19:35.820 --> 04:19:40.680

Frank C. Worrell: Thank you, Catherine and welcome Congressman tonka, thank you for joining us this evening.

1732

04:19:41.940 --> 04:19:48.600

Frank C. Worrell: It is my pleasure to introduce the recipients of the American psychological association Congressional champion awards this evening.

1733

04:19:49.110 --> 04:20:00.270

Frank C. Worrell: These awards are given to us representatives or senators, who have prominently champion the discipline and professional psychology as well as advocated for the diverse populations that psychologist work with.

1734

04:20:00.960 --> 04:20:07.140

Frank C. Worrell: For those of you who don't know him Congressman tomko has represented the 20th district of New York since 2009.

1735

04:20:07.680 --> 04:20:16.260

Frank C. Worrell: And the longer his service, the more he accomplishes to make health care more accessible to all Americans, particularly those who need mental and behavioral health care.

1736

04:20:17.100 --> 04:20:24.240

Frank C. Worrell: Congressman tonka is a true leader among his congressional colleagues for addiction and mental health issues and they seek out his advice and support.

1737

04:20:24.900 --> 04:20:35.370

Frank C. Worrell: he's active in several Caucuses and task forces that have been very important for ap, including the bipartisan addiction and mental health Task Force and the Congressional mental health Caucus.

1738

04:20:35.910 --> 04:20:43.770

Frank C. Worrell: These groups are incubators for innovative ideas and bipartisan solutions, Mr Tom course also sponsored several bills APS endorsed.

1739

04:20:44.190 --> 04:20:49.710

Frank C. Worrell: The medicare bump Act, which would increase reimbursement for mental and behavioral health services via medicaid.

1740

04:20:50.220 --> 04:20:59.310

Frank C. Worrell: The medicaid re entry act that empower states to restore access to addiction treatment through medicaid incarcerated individuals up to 30 days before they release.

1741

04:20:59.760 --> 04:21:09.870

Frank C. Worrell: And the covert mental health research act which authorizes \$500 million over five years for additional NIH research on the impact of code 19 pandemic and mental health.

1742

04:21:10.470 --> 04:21:19.440

Frank C. Worrell: We especially appreciate the score for more mental health research as the youth mental health crisis documented by the surgeon General has grown bigger and even more complex.

1743

04:21:20.160 --> 04:21:25.320

Frank C. Worrell: Mr trump was a longstanding leader in support of mental health parity since his years in the New York state legislature.

1744

04:21:26.190 --> 04:21:32.730

Frank C. Worrell: As you know, one of the PS priorities as bringing psychological science forward to help mitigate and adapt to climate change.

1745

04:21:33.090 --> 04:21:41.280

Frank C. Worrell: With the tonka is also a champion for legislation related to climate change with us chairmanship of the House, energy and commerce Subcommittee on environment and climate change.

1746

04:21:41.580 --> 04:21:45.450

Frank C. Worrell: And membership on the science space and technology and natural resources committees.

1747

04:21:46.050 --> 04:21:52.050

Frank C. Worrell: We look forward to working with him on climate change legislation which we know is also a priority of the Biden administration.

1748

04:21:52.710 --> 04:21:59.580

Frank C. Worrell: So, for his leadership on climate change is compassionate attempts to make mental and behavioral health care accessible to all.

1749

04:22:00.060 --> 04:22:13.620

Frank C. Worrell: and his persistent and consistent leadership and mental health parity and mental health research is pleased to present the Congressional champion award to Congressman Paul tomko congratulations Congressman maybe you'd like to say a few words.

1750

04:22:13.800 --> 04:22:16.350

Paul Tonko: Thank you, yes, thank you so much, frank and thank you.

1751

04:22:17.610 --> 04:22:30.930

Paul Tonko: Both of you, Catherine for this wonderful award i'm holding it up, it was sent my way and it's great to join you virtually, but I am just flattered by the company in which you placed me.

1752

04:22:32.160 --> 04:22:41.100

Paul Tonko: I had worked with Patrick Kennedy on a number of mental health issues when he was serving in the House, and certainly the other folks who I.

1753

04:22:41.790 --> 04:22:52.110

Paul Tonko: recognized were achievers of this award in the past are a flattering bit of company, so thank you for that, and thank you for the association, certainly the.

1754

04:22:53.730 --> 04:23:12.990

Paul Tonko: The members of this US august body are tremendously helpful to us as an American psychological association and I see you as a major bit in the equation of success to bring hope to the doorsteps, of individuals and I have to acknowledging this, I have to.

1755

04:23:14.070 --> 04:23:24.930

Paul Tonko: embrace those who have surrounded me as Co workers who have given it their all to do a lot of the drafting of legislation, you know we bring the ideas forward and I.

1756

04:23:25.230 --> 04:23:30.420

Paul Tonko: tell you I never imagined that I would be involved in this area of policy development.

1757

04:23:30.930 --> 04:23:40.470

Paul Tonko: But it was the work in my days as a New York State Assembly Member on timothy's law, whichever Theo Claire, who was a young man that I knew through little league openers.

1758

04:23:41.100 --> 04:23:50.040

Paul Tonko: He and his family became great friends Little did I know that he was Tripoli diagnosed with mental illness and mental health disorders and when he was.

1759

04:23:50.610 --> 04:23:59.010

Paul Tonko: Under those caps of outpatient Inpatient services, he did well, but when he hit that ceiling his progress would roll backwards.

1760

04:23:59.610 --> 04:24:12.240

Paul Tonko: And unfortunately at a very young age, he completed as his family taught me to say suicide and I pledged to the family to do whatever I could to make certain that we could honor Timothy.

1761

04:24:12.870 --> 04:24:28.710

Paul Tonko: And the result was a seven to eight Year battle to get parity achieved in New York state, the first in the nation it preceded the federal effort and i'm so proud of that fact and that drew me in passionately to work further in this field.

1762

04:24:29.760 --> 04:24:31.290

Paul Tonko: The accomplishments that.

1763

04:24:32.610 --> 04:24:44.400

Paul Tonko: That we achieve with timothy's law was just the beginning, we had to make certainly are watchdogs, to guarantee that the implementation of the law was as legislative the legislative Lee intended.

1764

04:24:44.850 --> 04:24:57.150

Paul Tonko: And so now my stewardship over these funds in Washington is to make certain that every I is dotted every T is crossed, and the intent again is ground deep into legislative intent.

1765

04:24:57.630 --> 04:25:07.740

Paul Tonko: And it's brought me into all kinds of kinds of connections Patrick Kennedy when he heard my name recognized it with timothy's law said we need you on our mental health Caucus.

1766

04:25:08.160 --> 04:25:20.310

Paul Tonko: And i've been a proud member of that that body we've had great deliberation over how we can continue to address progressively the the path of services that we can provide and behavioral health.

1767

04:25:20.580 --> 04:25:30.540

Paul Tonko: and mental health, I thank you, as salad professionals consummate professionals, for being the agents that really bring the hope to the equation, to the families that are impacted.

1768

04:25:30.960 --> 04:25:37.560

Paul Tonko: And certainly our work, you know authoring bills, like the study and mental health impact of code 19.

1769

04:25:37.920 --> 04:25:48.480

Paul Tonko: And our work in offering the medicaid re entry act to me it's about making certain we reach every element of our population and our neighbors who are incarcerated.

1770

04:25:48.810 --> 04:25:54.750

Paul Tonko: Our loved ones who are so deeply affected by the pain and anguish of the illness of addiction.

1771

04:25:55.230 --> 04:26:05.490

Paul Tonko: require our assistance, I was startled when I saw the statistics that 120 times 129% was the factor of concern.

1772

04:26:06.000 --> 04:26:14.490

Paul Tonko: you're 129% more likely to suffer death after release within 15 days, because of your system being.

1773

04:26:15.390 --> 04:26:25.860

Paul Tonko: weaned from that addiction and so to save lives, we needed to do that dedicated reentry and i'm proud to say we fought hard to get it into the House version of build back better.

1774

04:26:26.280 --> 04:26:34.290

Paul Tonko: That still rest with the United States Senate, but i'm determined to make certain that, whatever the outcome of whether whatever components of build back better.

1775

04:26:34.590 --> 04:26:42.630

Paul Tonko: will indeed include the medicaid re entry act to have states move forward to provide the wraparound services to tether the people.

1776

04:26:42.870 --> 04:26:58.590

Paul Tonko: To a health care system, including mental health services that will enable them to be survivors and to again experience the element of hope we're also very proud of the work with the study, because I think we will achieve in that regard great elements of.

1777

04:26:59.610 --> 04:27:11.250

Paul Tonko: planning that will enable us to utilize the dollars that we put into mental health services to the Max to make certain with great efficacy we get things done so to your entire team.

1778

04:27:11.520 --> 04:27:12.390

Paul Tonko: to your leadership.

1779

04:27:12.780 --> 04:27:22.200

Paul Tonko: A humble, thank you, thank you for allowing me to join in this whole spirit of hope that really is an engaging feeling it's one that.

1780

04:27:22.770 --> 04:27:33.360

Paul Tonko: Really passionately draws you in and i'll forever be connected to this field of work i'm enjoying my role as vice, Chair of the addiction, treatment and recovery Caucus.

1781

04:27:33.990 --> 04:27:45.690

Paul Tonko: which, as you indicated, excuse me as bipartisan but there's much work to be done, but with sound determination and conviction and share.

1782

04:27:46.650 --> 04:27:57.540

Paul Tonko: passion we're going to get this done but thank you i'm flattered to be included in your wonderful hall of fame, if you will, and provided me.

1783

04:27:58.170 --> 04:28:13.530

Paul Tonko: With this award and all who have surrounded me in my walk to create a better outcome for our neighbors and friends who indeed need our services because they face mental health challenges each and every day and behavioral health challenges so God bless you all for your work.

1784

04:28:14.100 --> 04:28:15.810

Frank C. Worrell: Thank you again Congressman Sancho.

1785

04:28:16.050 --> 04:28:25.830

Frank C. Worrell: We are grateful for your commitment and concern for these issues and and your ongoing work, please feel free to reach out to us, it looks forward to working with you into the future.

1786

04:28:26.520 --> 04:28:30.390

Paul Tonko: Absolutely you're the agents of hope, so I will absolutely connect with you.

1787

04:28:33.000 --> 04:28:34.230

Paul Tonko: Thank you very much.

1788

04:28:35.940 --> 04:28:46.860

Frank C. Worrell: The next to Congressional campaigns award after two senators, who are currently leading bipartisan efforts in the Senate to address the nation's mental health and substance use disorder crisis.

1789

04:28:47.760 --> 04:28:58.620

Frank C. Worrell: As Chair and ranking member of the Senate Finance Committee Senator RON Wyden of Oregon and ranking Member Mike Cripps have called on the expertise of psychologists ap.

1790

04:28:58.890 --> 04:29:06.690

Frank C. Worrell: And the mental health community to help craft comprehensive legislation specifically aimed at meeting the nation's mental health needs.

1791

04:29:07.620 --> 04:29:14.190

Frank C. Worrell: API presents this award to Senator RON Wyden of Oregon for his work to expand the availability of mental health services.

1792

04:29:14.520 --> 04:29:24.600

Frank C. Worrell: As well as to enable providers to meet the needs of individuals in need of mental health treatment wherever they are in their communities and in whatever state of urgency, their symptoms may present.

1793

04:29:25.350 --> 04:29:30.990

Frank C. Worrell: If you're also on a senator Wyden phase legislation crisis assistance helping out on the streets at.

1794

04:29:31.500 --> 04:29:45.030

Frank C. Worrell: A critical piece of legislation that incentivizes Medicaid programs to cover Community based mobile crisis intervention services for individuals experiencing a mental health or substance use disorder crisis outside of a facility setting.

1795

04:29:45.840 --> 04:29:55.200

Frank C. Worrell: Senator Wyden is a long champion this bill which recognizes the need for a prompt Community based response to crises that may occur at any point throughout the day.

1796

04:29:55.860 --> 04:30:06.600

Frank C. Worrell: Senator Wyden is also recognize the importance of institutions such as schools in meeting the mental health needs of children and adolescents by championing bills, like the mental health services for students at.

1797

04:30:07.200 --> 04:30:13.440

Frank C. Worrell: which provides support for school based mental health services, including screening treatment and outreach programs.

1798

04:30:14.820 --> 04:30:22.800

Frank C. Worrell: As our youth continue to face an unprecedented mental health prices, amidst the COVID-19 pandemic support for these programs is needed now more than ever.

1799

04:30:23.520 --> 04:30:32.700

Frank C. Worrell: Senator Wyden continues to demonstrate his commitment to supporting innovative models of financing mental health treatment to individuals and rural and underserved areas.

1800

04:30:33.060 --> 04:30:37.620

Frank C. Worrell: And we appreciate his support of the excellent and mental health and addiction treatment act.

1801

04:30:38.100 --> 04:30:55.560

Frank C. Worrell: Which expands availability of certified Community behavioral health clinics CCP it sees a medicaid demonstration program that is proven to expand access to evidence based community mental health services in areas of Milan struggled to furnish them this deserves some Applause

1802

04:30:59.400 --> 04:31:13.080

Frank C. Worrell: Next, we also honor Senator Mike Cripps from the great state of Idaho for his tireless work on improving access to mental health and behavioral health care services in rural America, especially in tribal communities.

1803

04:31:13.770 --> 04:31:24.240

Frank C. Worrell: As a lifelong Idahoan and someone who understands the unique challenges facing rural and frontier communities to accessing evidence based mental and behavioral health services.

1804

04:31:24.840 --> 04:31:32.820

Frank C. Worrell: Thanks to his long tenure on the Senate Committee of Indian Affairs Center the community is well aware of both the heightened need for mental health services on tribal lands.

1805

04:31:33.120 --> 04:31:41.970

Frank C. Worrell: As well as the barriers that tribal communities continue to face in meeting that need with this award we also express appreciation for the critical support.

1806

04:31:42.150 --> 04:31:43.260

Paul Tonko: For the legislation.

1807

04:31:43.440 --> 04:31:45.840

Frank C. Worrell: The national suicide hotline designation act.

1808

04:31:46.290 --> 04:31:53.850

Frank C. Worrell: That created an easy to remember 9884 number for the national network of mental health crisis and Suicide Prevention services.

1809

04:31:54.330 --> 04:31:58.740

Frank C. Worrell: A landmark initiative that we are pleased to see will finally go live later this summer.

1810

04:31:59.490 --> 04:32:06.960

Frank C. Worrell: We are also appreciative of Santa Cruz Senator's persistent efforts to expand access to broadband connectivity in rural areas.

1811

04:32:07.290 --> 04:32:14.250

Frank C. Worrell: which many patients receiving mental health services via Tele health rely on to access audio visual Tele health services.

1812

04:32:14.940 --> 04:32:21.270

Frank C. Worrell: So there's a witness and critical one able to join us today but have sent along the following recorded videos for us.

1813

04:32:21.780 --> 04:32:29.670

Frank C. Worrell: Andrew, would you please play the recorded acceptance. Thank you, I am so honored that the American psychological association.

1814

04:32:30.120 --> 04:32:38.400

Frank C. Worrell: has presented me with the APA services Congressional champion award and the opportunity to say a few words.

1815

04:32:39.090 --> 04:32:51.990

Frank C. Worrell: The APA has played a critical role to illuminate the mental health crisis this country faces, and this has long been a deeply personal issue for me.

1816

04:32:52.470 --> 04:33:04.590

Frank C. Worrell: And for the widened family my brother Jeff my late brother Jeff was schizo Frank and for years and years, the widened family would go to bed at night.

1817

04:33:05.280 --> 04:33:27.930

Frank C. Worrell: worried that Jeff would hurt himself or someone else so as Chairman of the Senate Finance Committee I'm making this a crucial priority we've got to fix the long standing gaps in the country's behavioral health system, which has been further worsened by the COVID-19 pandemic last month.

1818

04:33:29.340 --> 04:33:36.360

I held to hearings on the youth mental health crisis and I plan to hold additional hearings on mental health this spring.

1819

04:33:37.020 --> 04:33:45.090

So I'm very pleased to see that the APA submitted a response to the committee's request for information on mental health issues.

1820

04:33:45.840 --> 04:33:52.950

input from stakeholders, like all of you is critical, as the committee develops comprehensive legislation.

1821

04:33:53.670 --> 04:34:05.880

To the issues we're examining are increasing the diversity of the behavioral health workforce and how Tele health can be expanded past the end of the public health emergency.

1822

04:34:06.390 --> 04:34:23.100

Again i'm very honored to receive this award and I so appreciate giving me the opportunity to say a few words, thank you for the extraordinarily important work you all, are doing to improve access to mental health and American.

1823

04:34:26.340 --> 04:34:32.010

Thank you to the American psychological association services and its membership for this honor.

1824

04:34:32.850 --> 04:34:52.530

psychologists play a pivotal role in ensuring access to high quality patient centered medical healthcare, although your work has always been essential the pandemics effect on mental and emotional well being of all Americans has truly underscored the value of the services you provide.

1825

04:34:53.580 --> 04:35:00.960

We must learn from our pandemic experience and seek ways to build a stronger mental health care system as a result.

1826

04:35:02.130 --> 04:35:21.630

To that end, Chairman widen and I have undertaken a comprehensive bipartisan process to expand access to mental health services by supporting our workforce, increasing the use of telehealth and integrating services your ideas and input will play a critical role in this process.

1827

04:35:23.010 --> 04:35:33.180

As we evaluate proposals, we will do so while honoring the Finance Committee strong tradition of bipartisan and fiscally responsible legislative solutions.

1828

04:35:33.900 --> 04:35:49.200

Your experiences will help guide these discussions to ensure Congressional ideas fulfill their intended purpose in practice, I look forward to working with you toward our shared goal of building a stronger, more accessible mental health system.

1829

04:35:53.220 --> 04:35:57.150

Frank C. Worrell: Thank you all congrats go again two sentences widen and cripple.

1830

04:35:58.050 --> 04:36:06.870

Frank C. Worrell: And finally, it is my honor to present the Congressional champion award to congresswoman moron lauren Underwood from Illinois 14th Congressional district.

1831

04:36:07.590 --> 04:36:13.050

Frank C. Worrell: APA recognizes congresswoman on the word for her tireless commitment to improving health equity.

1832

04:36:13.440 --> 04:36:21.030

Frank C. Worrell: Particularly for her efforts to improve black maternal mental health expanding access to mental and behavioral health care services for all Americans.

1833

04:36:21.420 --> 04:36:24.480

Frank C. Worrell: and her work to address our nation's gun violence epidemic.

1834

04:36:25.320 --> 04:36:36.990

Frank C. Worrell: congresswoman Underwood is arising Stein Congress respected by colleagues on both sides of the aisle as a leading voice and mental health issues with a passion for helping our society is most vulnerable populations.

1835

04:36:37.560 --> 04:36:44.760

Frank C. Worrell: She holds his distinction of being the first woman, the first person of color and the first millennial to represent a community in Congress.

1836

04:36:45.240 --> 04:36:49.200

Frank C. Worrell: She is also the youngest African American woman to serve in the US House of Representatives.

1837

04:36:50.040 --> 04:36:58.920

Frank C. Worrell: As a nurse and health care policy expert congresswoman Underwood brings to Congress and unparalleled needed insight into fixing our healthcare system.

1838

04:36:59.700 --> 04:37:08.520

Frank C. Worrell: API commands the congresswoman for her determined efforts to expand and diversify the perinatal workforce improve health outcomes for moms of color.

1839

04:37:08.910 --> 04:37:15.450

Frank C. Worrell: Support maternal mental health and moms with substance use this use and to improve care of incarcerated pregnant woman.

1840

04:37:16.260 --> 04:37:31.860

Frank C. Worrell: We also launched our advocacy to support the integration of primary and behavioral healthcare fight climate change and show access to care for veterans and provide evidence based lethal means safety training to reduce suicide, particularly in younger populations.

1841

04:37:33.270 --> 04:37:40.740

Frank C. Worrell: The congresswoman's office continues to partner with ap and important legislation, including the black maternal health mom the bus at.

1842

04:37:41.370 --> 04:37:53.910

Frank C. Worrell: The child Suicide Prevention and lethal means safety act as well as numerous built in the House veterans Affairs Committee, ladies and gentlemen, Congress women lauren's on the words video will be played now Andrew Thank you.

1843

04:37:55.170 --> 04:38:03.690

Good afternoon, my name is congresswoman lauren Underwood and I have the honor of representing Illinois 14 Congressional district.

1844

04:38:04.320 --> 04:38:11.520

I am delighted to join you for your advocacy summit on add dancing the health equity and access to psychological services.

1845

04:38:11.910 --> 04:38:20.430

And I would like to begin by extending my thanks to the American psychological Association for recognizing me with your Congressional champion award.

1846

04:38:20.790 --> 04:38:29.430

I am humbled to follow the tradition of dedicated mental and behavioral health champions in the House and Senate, who have received this award before me.

1847

04:38:29.910 --> 04:38:38.760

And it is especially meaningful for me to be recognized by the more than 130,000 members of your association who work so hard.

1848

04:38:39.060 --> 04:38:47.190

Every day, to provide high quality care to patients to conduct world class research and to educate the next generation of psychologists.

1849

04:38:47.850 --> 04:38:57.450

and engage in policy advocacy at the state federal level, I have been proud to work closely with the American psychological association on so many policy priorities.

1850

04:38:57.690 --> 04:39:04.980

From our shared commitment to improving maternal mental health care to the urgent cause of preventing suicide among our nation's veterans.

1851

04:39:05.400 --> 04:39:12.060

Since coming to Congress I brought my background as a registered nurse to these important issues, and I champion legislation.

1852

04:39:12.360 --> 04:39:18.990

That will invest an evidence based solutions to improve mental health care access outcomes and equity.

1853

04:39:19.440 --> 04:39:26.520

To improve access i've been focused on eliminating the out of pocket costs barriers that prevent too many people from getting the care they need.

1854

04:39:27.090 --> 04:39:34.710

My primary and behavioral health care access act but require plans to cover up to three primary care visits and.

1855

04:39:35.040 --> 04:39:41.070

Up to three metal or behavioral health care visits per year without any form of caution.

1856

04:39:41.460 --> 04:39:50.310

A proposal that was included in the strategy to address our national mental health crisis that President Biden unveiled as part of his State of the Union address earlier this month.

1857

04:39:50.940 --> 04:39:56.850

And my health care, affordability act which expands the tax credits that lower out of pocket premium costs.

1858

04:39:57.120 --> 04:40:11.220

was included in the American rescue plan that was signed into law last year and has already led to record levels of affordable care act enrollment and average savings of \$2,400 per year for families across the country.

1859

04:40:12.000 --> 04:40:17.520

i'd also work closely with the American psychological association unimportant legislation to prevent suicide.

1860

04:40:17.940 --> 04:40:24.660

including my lethal means safety training act that would expand the lethal means safety training requirement at the Department of veterans affairs.

1861

04:40:24.930 --> 04:40:31.950

To ensure that every va employee is prepared to have a conversation that can save the life of a veteran and crisis.

1862

04:40:32.520 --> 04:40:38.430

And i've introduced the child Suicide Prevention and lethal means safety Act, which would ensure our healthcare professionals.

1863

04:40:38.730 --> 04:40:48.600

Including psychologists have the training and resources they need to identify young people at risk for suicide and to take evidence based steps to save their lives.

1864

04:40:49.170 --> 04:40:55.140

I look forward to working with all of you to advance this legislation in Congress and build on the progress we've made.

1865

04:40:55.410 --> 04:41:08.070

On critical maternal mental health legislation as the co founder and co Chair of the black maternal health Caucus i've been working to comprehensively address the drivers of maternal mortality morbidity and disparities in the United States.

1866

04:41:08.520 --> 04:41:14.040

In my state of Illinois the leading cause of pregnancy related death is mental health conditions.

1867

04:41:14.430 --> 04:41:24.270

that's why my black maternal health mommy must act a suite of 12 bills to save moms lives and advanced equity includes the bipartisan moms matter act.

1868

04:41:24.690 --> 04:41:35.010

This bill would establish a maternal mental health equity grant program and what also make historic investments to grow and diversify the maternal mental and behavioral health workforce.

1869

04:41:39.300 --> 04:41:39.750

Frank C. Worrell: oops.

1870

04:41:43.350 --> 04:41:45.450

Frank C. Worrell: looks as if we lost the feed.

1871

04:41:47.550 --> 04:41:48.180

Frank C. Worrell: So.

1872

04:41:49.230 --> 04:42:02.580

Frank C. Worrell: Congratulations again to Congressman Underwood and to the other Congressional champions, and I will turn it back over to Catherine glass to present the state psychological associations advocacy awards Catherine.

1873

04:42:02.910 --> 04:42:11.460

Katherine McGuire — APA: Thank you so much, frank, I have a few more well deserved awards to announce right now, the first goes to a state association.

1874

04:42:13.140 --> 04:42:19.950

Katherine McGuire — APA: Please join me in congratulating the main psychological Association for this year's state federal advocacy award.

1875

04:42:21.210 --> 04:42:29.910

Katherine McGuire — APA: they're receiving this award for their leadership in advancing the professional psychology health equity and human rights to Federal and State advocacy.

1876

04:42:30.750 --> 04:42:42.330

Katherine McGuire — APA: I believe amy diane and Jamie are all here, so please join me now on screen to accept the award and I will provide some additional details right now about it.

1877

04:42:43.740 --> 04:42:53.040

Katherine McGuire — APA: So it's really like to start out by thinking what I call the dynamic duo, and that is the dynamic duo of amy safford who was means executive director.

1878

04:42:53.400 --> 04:43:07.650

Katherine McGuire — APA: And means federal advocacy coordinator Diana Prescott for leading main psychologist across so many policy issues that are critical to promote the profession of psychology and protect marginalized populations, including transgender children.

1879

04:43:08.310 --> 04:43:17.910

Katherine McGuire — APA: Members of the Association have really stepped up to the plate and knocked it out of the park this year to advance comprehensive advocacy issues at the federal and state level.

1880

04:43:18.660 --> 04:43:26.700

Katherine McGuire — APA: As we have seen many states have been able to partner with us on issues that impact the scope of practice and reimbursement for psychologists.

1881

04:43:27.030 --> 04:43:43.620

Katherine McGuire — APA: As well as critical human rights issues at the State level and have seamlessly connected those efforts to federal advocacy when we called on psychologists to respond to the cms proposed reduction in payment to psychologists last fall.

1882

04:43:45.060 --> 04:43:55.110

Katherine McGuire — APA: main increased its response rate by 40% and helped us reach the historically high response of nearly 11,000 comments from psychologist to cms.

1883

04:43:56.130 --> 04:43:56.760

Katherine McGuire — APA: Given.

1884

04:43:58.260 --> 04:44:09.720

Katherine McGuire — APA: Senator columns membership and leadership on the health education Labor and Pensions Committee, as well as representative shelley pedigrees leadership on the bike caramel Task Force on climate change.

1885

04:44:10.170 --> 04:44:16.560

Katherine McGuire — APA: Our main psychologists, have also been willing to represent APA at both federal and state level meetings.

1886

04:44:16.980 --> 04:44:24.540

Katherine McGuire — APA: Regarding funding for school mental health services maternal mental health, climate change and comprehensive mental health services for students.

1887

04:44:25.290 --> 04:44:40.290

Katherine McGuire — APA: mean has also participated in each of our three advocacy summits and 21 advocating on science funding issues investments in education and student mental health, health, equity and tele health and integrated care at the state level main was instrumental.

1888

04:44:41.490 --> 04:44:47.730

Katherine McGuire — APA: In the state's passage of legislation to join the psychology inter jurisdiction compact or site backed.

1889

04:44:48.450 --> 04:45:02.010

Katherine McGuire — APA: mean is now one of 28 participating States allowing licensed psychologist to provide services to patients in other compact States via Tele health or temporary practice for either remote or in person appointments.

1890

04:45:02.610 --> 04:45:12.240

Katherine McGuire — APA: To support that effort, the main psychological association use the API provided voter voice platform that we rolled out last year to advance that legislation.

1891

04:45:13.830 --> 04:45:21.750

Katherine McGuire — APA: They have also utilize voter voice to mobilize their association members to oppose harmful bills impacting the transgender community.

1892

04:45:22.080 --> 04:45:34.500

Katherine McGuire — APA: and support emergency funding to reduce waiting list for maine children to access mental health services and increase reimbursement rates so congratulations to me and with any of you like to say a few words.

1893

04:45:36.480 --> 04:45:40.710

Diana L Prescott, Ph.D.: Thank you, Catherine, I think, just speaking for the main psychological association.

1894

04:45:42.270 --> 04:45:56.070

Diana L Prescott, Ph.D.: That we are quiet bunch that there's some very reasonable and sensible thoughtful people, and I do believe that the relationship is everything and that's what's led to our what we've been able to do up here.

1895

04:45:56.580 --> 04:46:11.100

Diana L Prescott, Ph.D.: And I really credit amy stafford's are relatively new executive director and we've had some great leadership in our presidential series, so thank you so much i'm sure that everybody's can be so so excited to hear about this.

1896

04:46:11.190 --> 04:46:13.650

Frank C. Worrell: Congratulations, then on me and two main.

1897

04:46:14.910 --> 04:46:15.360

Katherine McGuire — APA: Thank you.

1898

04:46:16.680 --> 04:46:19.740

Katherine McGuire — APA: Okay, so we will move on to the next award.

1899

04:46:23.220 --> 04:46:24.120

Katherine McGuire — APA: let's see.

1900

04:46:25.140 --> 04:46:43.560

Katherine McGuire — APA: So i'm going to now turn to a new award that APS, is giving for the first time today, and it is my just absolute privilege to announce that this is going to become an annual recognition for exemplary advocacy in the States to advance psychology in the public interest.

1901

04:46:44.730 --> 04:46:47.790

Katherine McGuire — APA: And I do before I go ahead and announce the award.

1902

04:46:48.660 --> 04:47:00.060

Katherine McGuire — APA: awardees here, I do want to give a shout out to APA staff as well in the public interest Directorate, whom we work so closely with as we integrate and strengthen our state advocacy efforts.

1903

04:47:01.050 --> 04:47:13.620

Katherine McGuire — APA: So, today, the American psychological association services honors the diversity and cultural competence Committee and the social justice committee of the Florida psychological association.

1904

04:47:14.160 --> 04:47:20.850

Katherine McGuire — APA: For leadership and advancing the profession of psychology health equity and human rights through State advocacy.

1905

04:47:21.960 --> 04:47:28.470

Katherine McGuire — APA: So let's talk about the first or the first award goes to the diversity and cultural competence committee.

1906

04:47:29.160 --> 04:47:40.620

Katherine McGuire — APA: This committee promotes educational opportunities for Florida psychologists, with a focus on increasing awareness of the unique issues that affect the diverse populations that psychologists serve in Florida.

1907

04:47:41.160 --> 04:47:55.230

Katherine McGuire — APA: As well as provide ongoing opportunities to increase increase cultural competence in the practice of psychological science, including in clinical practice research consultation and education throughout the state of Florida.

1908

04:47:56.160 --> 04:48:03.300

Katherine McGuire — APA: The committee sets a tone for addressing bias stigma and discrimination proactively across fps activities.

1909

04:48:03.870 --> 04:48:18.540

Katherine McGuire — APA: Examples include minority stress and mental health inequities LGBT Q health and civil rights and creating safe spaces for open and honest dialogue about race, ethnicity and culture among FPA members and allies.

1910

04:48:20.250 --> 04:48:20.430

Katherine McGuire — APA: and

1911

04:48:21.630 --> 04:48:28.950

Katherine McGuire — APA: FPA issued a statement opposing institutional racism or response to police killings of unarmed black and Latin X men.

1912

04:48:29.580 --> 04:48:39.750

Katherine McGuire — APA: And i'm going to quote from the statement which reads, in part, the chronic and pervasive racial injustice experienced by non white Americans contributes to minority stress.

1913

04:48:40.170 --> 04:48:47.340

Katherine McGuire — APA: negatively impacting mental health we acknowledged the generational institutional trauma being experienced by racial minorities.

1914

04:48:47.640 --> 04:48:54.690

Katherine McGuire — APA: and seek to end its proliferation in the field of psychology for clients clinicians and communities of color.

1915

04:48:55.260 --> 04:49:04.680

Katherine McGuire — APA: We commit vigilance of micro aggressions prejudice and discrimination and we pledge to address injustices that we perform perpetuate or witness.

1916

04:49:05.280 --> 04:49:18.810

Katherine McGuire — APA: Dr Jennifer Evans and Dr Michelle for our co chairs of the Florida psychological associations, diversity and cultural competence committee are here to accept this first time award congratulations.

1917

04:49:19.320 --> 04:49:20.250

Congratulations.

1918

04:49:23.310 --> 04:49:24.780

Katherine McGuire — APA: Would you like to say a few words.

1919

04:49:25.140 --> 04:49:34.350

Jen Evans: Yes, okay great so we thank you all for this award we're excited and very honored and we were very surprised to learn this week that we were receiving it.

1920

04:49:35.370 --> 04:49:39.750

Jen Evans: To have our Florida psychological association diversity committee work recognized.

1921

04:49:40.770 --> 04:49:46.530

Jen Evans: is a big honor, as you can imagine, this work is much needed where we live and it's important is all.

1922

04:49:46.620 --> 04:49:57.270

Jen Evans: Its importance is often not recognized in our state of Florida, so it means an awful lot to have it recognized, particularly at a national level, we also want to say a special thank you to Gary how old.

1923

04:49:57.540 --> 04:50:12.180

Jen Evans: Who is kept the diversity committee going for many years and our state and christiane Blanco oil lad who helped to revitalize it and increase momentum several years ago and which has launched us into doing the current work that we have been doing.

1924

04:50:13.740 --> 04:50:14.550

Jen Evans: So thank you all.

1925

04:50:14.970 --> 04:50:16.650

Katherine McGuire — APA: Thank you, thank you very much.

1926

04:50:17.610 --> 04:50:18.750

Katherine McGuire — APA: And now, let me talk about the.

1927

04:50:18.750 --> 04:50:36.750

Katherine McGuire — APA: Second award in response to the uptick in anti LGBT bills being introduced in state legislators, the Council of Representatives updated the APA resolutions and opposing discriminatory laws policies and practices aimed at LG BT Q person in February 2020.

1928

04:50:38.010 --> 04:50:47.790

Katherine McGuire — APA: Dr Gary how who was just mentioned is co chair of Florida psycho association social justice committee so Gary please join me here on camera if you would please.

1929

04:50:49.110 --> 04:50:59.940

Katherine McGuire — APA: Currently, there are over 500 pieces of potentially lb GT Q related legislation is introduced or pending in in in.

1930

04:51:01.410 --> 04:51:12.180

Katherine McGuire — APA: 22 in legislative sessions, about one quarter of those bills are anti transgender including healthcare bands.

1931

04:51:12.720 --> 04:51:30.930

Katherine McGuire — APA: Stopping transgender kids from participating in sports fans and discriminatory education bills, the social justice committee is where psychologists are spearheading FDA activism working to educate members and elected officials about the harms of the adoption of bills like HP.

1932

04:51:32.250 --> 04:51:38.520

Katherine McGuire — APA: The parental rights and education bill, otherwise known in the media, as the don't say good bill.

1933

04:51:39.390 --> 04:51:48.300

Katherine McGuire — APA: following weeks of debate and demonstrations against that legislation floor of the Senate passed the bill, and nowadays with governor dissatisfied for signature.

1934

04:51:49.050 --> 04:51:54.690

Katherine McGuire — APA: Thanks in large part to the hard work of the diversity and cultural competence and social justice committees.

1935

04:51:55.050 --> 04:52:06.780

Katherine McGuire — APA: Before the psychological association stand in solidarity with the LGBT community, especially when efforts are being made to erase their voices and reverse the years of work to create equity and inclusion.

1936

04:52:07.740 --> 04:52:22.410

Katherine McGuire — APA: When you open the FDA website, you see a strong statement of FDA position on current state legislative issues many which would reverse decades of progress in equity inclusion and diversity in Florida politics and government.

1937

04:52:23.010 --> 04:52:32.730

Katherine McGuire — APA: In LGBT protections anti racism and reproductive health, health, so it is my honor to bestow this first ever.

1938

04:52:34.200 --> 04:52:37.680

Katherine McGuire — APA: award to the social justice justice committee.