

Resources for Parents and Child Care Providers on Early Childhood Development



Early Childhood Development

- [**Prenatal Brain Development:** Nurturing Babies Webcast](#)
- [**News You Can Use:** Early Experiences Build the Brain – Foundations of School Readiness](#)
- [**News You Can Use:** Approaches Toward Learning—Foundations of School Readiness Part 1 \(Infants and Toddlers; self-regulation\)](#)
- [**News You Can Use:** Approaches Toward Learning—Foundations of School Readiness Part 2 \(Infants and toddlers; attention, curiosity and information gathering\)](#)
- [**News You Can Use:** Approaches Toward Learning—Foundations of School Readiness Part 3 \(Infants and toddlers; memory, persistence, and problem solving\)](#)
- [**News You Can Use:** Foundations of School Readiness: Cognition and General Knowledge \(Infants and Toddlers; cognitive and general development\)](#)
- [**Resilience and Chronic Stress:** Harvard University Center for the Developing Child](#)
- [**“Serve and Return” Interaction Shapes Brain Circuitry:** Harvard University Center for the Developing Child](#)
- [**“Enhancing and Practicing Executive Function Skills with Children from Infancy to Adolescence:** Harvard University Center for the Developing Child](#)

Language and Literacy

- [**News You Can Use:** Foundations of School Readiness: Language and Literacy \(Infants and Toddlers; Receptive and Expressive Language\)](#)

Social & Emotional Development

- [**The Mind, the Brain and Relationships: Supporting Children’s Social-Emotional Development,** Dr. Dan Siegel, 2007 Birth To Three Institute: Opening Plenary](#)
- [**News You Can Use:** Foundations of School Readiness: Infants and Toddlers; Social Emotional Development](#)
- [**Children’s Emotional Development is Built Into the Architecture of their Brains:** Harvard University Center for the Developing Child](#)

Parent and Family Engagement

- [**Parent, Family and Community Engagement Resources**](#)

Physical Health and Development

- [**News You Can Use:** Foundations of School Readiness: Physical Development and Health \(Infants and Toddlers; healthy and safe habits, large and small muscle control\)](#)
- [**Let’s Move! Child Care!**](#)
- [**Improve Physical Activity:** Nemours Best Practices for Physical Activity Guide](#)

Healthy Spaces:

- [**News You Can Use:** Learning At Home and Homelike Environments](#)
- [**Improve Food Choices:** Nemours Best Practices for Healthy Eating Guide](#)

For additional resources, see: the U.S. Department of Health and Human Services, Administration for Children and Families, Head Start, [Early Childhood Learning & Knowledge Center \(ECLKC\)](#)